

SYLLABUS FOR CLINICAL PSYCHOLOGY POST MASTERS FELLOWSHIP
COURSE

SEMESTER I –

A) PSYCHOLOGY

1. Biology of Behavior
2. Sensory Process & Perception
3. Principles of Learning
4. Memory
5. Thinking & Language
6. Motivation
7. Emotion & Stress
8. Social Perceptions, Influences & Relationships
9. Attitudes
10. Development during Infancy & Childhood
11. Development during Adolescence, Adulthood and Old Age
12. Personality

B) PSYCHIATRY

1. Clinical examination of the psychiatric patient
2. Typical signs and symptoms of Psychiatric illness defined
3. Classification in Psychiatry

SEMESTER II -

A) PSYCHIATRY

1. Delirium, Dementia and Amnesic and other Cognitive disorders
2. Neuropsychiatry aspects of HIV and AIDS
3. Substance related disorders
4. Schizophrenia
5. Other psychotic disorders
6. Mood disorders
7. Anxiety disorders
8. Somatoform disorders
9. Neurasthenia and Chronic Fatigue syndrome

10. Factitious disorders
11. Dissociative disorders
12. Human Sexuality
13. Gender Identity disorders
14. Eating disorders
15. Normal Sleep and Sleep disorders
16. Impulse Control disorders not elsewhere classified
17. Adjustment disorders
18. Personality disorders
19. Psychological factors affecting Medical conditions
20. Alternative Medicine and Psychiatry
21. Relational problems
22. Problems related to Abuse or Neglect
23. Additional conditions that may be a focus of clinical attention
24. Psychiatric Emergencies

B) PSYCHOTHERAPY

I. The scopes types and general principles of psychotherapy

1. What is Psychotherapy?
2. Varieties of Psychotherapy
3. Significant variables that influence Psychotherapy
4. Basic ingredients of Psychotherapy
5. Supportive therapy
6. Re-educative therapy
7. Similarities and differences among the various therapies
8. Selection of best kind of psychotherapy

II. The Initial Interview

1. First contact with patient
2. Case history
3. Collecting data and making diagnosis
4. Evaluating the problem and prognosis
5. Practical arrangements
6. Essential consultations
7. Important “Don’ts”
8. Dealing with inadequate motivation
9. Establishing a working relationship
10. Selecting a therapeutic focus

III. The Middle Phase of Treatment

1. Identifying important Trends and Patterns
2. The use of Therapeutic Interviewing
3. Exploring Trends and Patterns
4. The uncovering of Unconscious Material
5. Inculcating Insight through interpretation
6. Handling of Resistance to Cure
7. Management of Untoward Attitudes in the Therapist
8. The “Working Through” process
9. Techniques in Behaviour Therapy
10. Techniques in Group Marital and Family Therapy
11. Homework Assignments

IV. The Terminal Phase of Treatment

1. Goals in Terminating treatment
2. Technical problems in Termination

V. Special aspects

1. Adjunctive aids in Psychotherapy
2. Short-term Psychotherapy
3. Handling emergencies in Psychotherapy
4. Stress and its Management
5. Psychotherapy in special conditions
6. Supervision of the Psychotherapeutic process
7. Psychotherapy during Childhood, Adolescence and Old Age
8. Failure in Psychotherapy
9. The Psychotherapist in Community Mental Health

C) PSYCHOLOGICAL TEST AND APPLICATION IN PSYCHIATRY