# 1. List of publications in Vancouver style yearwise (calendar year) (Period 2014 to 2019)

#### **Year: 2014**

- 1. Sood R, Sood A. Prevalence of myopia among the medical students in western India vis-à-vis the east Asian epidemic. IOSR Journal of Dental and Medical Sciences. 2014; 13(1): 65-7.
- 2. Sood RS, Sood A. Anaemia and Refractive Error Are Linked: a Pioneering Study. International Journal of Scientific Research. 2014; 3(1): 350-1.
- 3. Sood RS, Sood A. Prevalence of anaemia among the first year MBBS students. Indian Journal of Applied Research. 2014; 4(1): 421-2.
- 4. Jayakumar R, Anupama D, Shobha CN. Effect of variation in tempo and pitch of music on cardiovascular parameters. Biomedicine. 2014; 34(2): 225-30.
- 5. Jadhav A, Borade NG, Jadhav A, Pranita A. A Study of effect of aerobic strenuous exercise on oxidative stress in young healthy individuals by using serum malonyldialdehyde levels. Indian Journal of Public Health research and Development. 2014; 5(2): 13-17.
- 6. Karandikar MS, Prasad NB, Kumar A. Assessment of cardiopulmonary efficiency levels in a student population. International Journal of Scientific & Research Publications. 2014; 4(5):1-3.
- 7. Jadhav SS, Bansod NV, Diwanji SS. Study of auditory reaction time in premenstrual phase and postmenstrual phase. Journal of Medical Science & Clinical Research. 2014; 2(5): 968-72.
- 8. Jadhav SS, Bansod NV. Cognitive function and menstrual cycle. International Journal of Scientific Research. 2014; 3(6): 343 4.

#### **Year: 2015**

- 1. Sudipta S, Karandikar MS, Chaudhuri A. The potential role of short –term heart rate variability tests in identifying risk of hypertension in normotensive offspring of hypertensive parents. Saudi Journal of Sports Medicine. 2015; 15(1): 62-7.
- 2. Chaudhuri A, Borade NG. Study of autonomic nervous system activity in postmenopausal women. Saudi Journal of Sports Medicine. 2015; 15(1): 108.
- 3. Raghav RP Prasad NB Dholakia M. A study road traffic Accidents and road safety behavior in Pune: A mixed method approach. Indian Journal of Community & Family Medicine. 2015; 1(2): 75-79.

- 4. Bansode DG, Bhutkar MV, Jaltade VJ. Study of audio-visual reaction time and nerve conduction velocity in diabetes mellitus patients. National Journal of Basic Medical Science 2015; 5(2): 61-63.
- 5. Patil. PJ, Patil SP, Jaltade VJ, Gupta SS. Departmental equipment maintenance system in Government Medical college. IAIM 2015; 2(3): 79-89.
- 6. Khatri D, Borade NG. Association of Peripheral Neuropathy with Inflammatory Markers in Rheumatoid Arthritis Patients: An Electrophysiological Study. Paripex- Indian Journal Of Research.2015; 4(6): 4-6.
- 7. Prasad NB. Electrophysiological Assessment of Somatic Nerves of Upper Limbs in Diabetics: A motor Nerve Conduction Study. Journal of Medical Science and Clinical Research. 2015; 3(7): 6636-6640.
- 8. Hardikar AA, Karandikar MS. Multigenerational Undernutrition Increases Susceptibility to Obesity and Diabetes that Is Not Reversed after Dietary Recuperation. Cell Metabolism 22. 2015:1-8.
- 9. Sheetal S, Prasad NB, Bhandari N. An Occupational Contingency in Traffic Police Personnel and Factory Workers In and Around Pune City August 2015; 5(8): 266-272.
- 10. Methre ST, Borade NG. Perception of Educational Environment Among Undergraduate Medical Students. Journal of Medical Science And Clinical Research. 2015;3(8):6960–66.

#### **Year: 2016**

- 1. Birajdar G, Prasad NB, Purandare VR, Effect of smoking on Autonomic functions. IOSR Journal of Dental & Medical Sciences. Jan 2016; 15(1) 39-42.
- 2. Sood RS, Bendre MB, Sood A, Analysis and remedy of the item writing flaws rectified at prevalidation of multiple choice questions drafted for assessment of MBBS students. March2016; 5(2): 692-698.
- 3. Salvi S, Prasad NB, Bhandari N. Pulmonary function test in petrol pump workers and garage workers: A long drawn peril. International journal of health sciences & research. 2016; 4(2): 319-323.
- 4. Sood RS, Bendre MB, Sood A. Barriers to asking question by the first MBBS student during didactic lectures in physiology. Indian Journal of Basic and Applied Medical Research. 2016; 5(3): 841-6.
- 5. Chaudhari P, Jadhav A. Effect of weight reduction on peak expiratory flow rate in young obese individuals. IOSR journal of dental and medical sciences. 2016; 15(3): 1-5.
- 6. Methre ST, Karandikar MS. A study of pulmonary function of spray painters working in garage. IOSR Journal of Dental and Medical Sciences. March 2016; 15(3): 01-07.

- 7. Deepa HS, Sirdesai N. A comparative study of auditory & visual reaction time in table tennis players and age matched healthy controls. Indian Journal of Clinical Anatomy and Physiology, 2016; 3(4):408-411.
- 8. Khuje PD, Habit of proper and adequate food chewing, avoiding water during meals and drink water 1-2 hours after meals in patients of gastroesophageal reflux diseases. Paripex Indian Journal of Research May 2016;5(5):41-42.
- 9. Khuje PD, Honey in warm water: An ideal prescription for weight loss. International Journal of Scientific Research. June 2016; 5(6):484-86.
- 10. Khuje PD, Borade NG. Hand acupressure for symptomatic relief of chronic rhinitis. International Education Scientific Research Journal. July 2016; 2 (7):45-46.
- 11. Pande B, Tajne V. Comparision of Lung Functions among Males and Females with Sickle Cell Anaemia. International Journal of Contemporary Medical Research 2016; 3(8):2322-2324.
- 12. Sood RS, Khandalkar S, Sood A, Awareness, among primary health care physicians, of acute cyanide poisoning being a possible consequence of fire accidents. International Journal of Biomedical and Advance Research. 2016; 7(8): 376-8.
- 13. Methre ST, Methre TS, Borade NG. Educational environment in first year BDS and BPT students. International Journal of Contemporary Medical Research 2016; 3(11):3163-3166.

#### **Years: 2017**

- 1. Leo Rathonaraj AS, Irani A. Sharma SK, Borade NG, Sreeja MT. Forced expiratory volume in the first second (FEV1) in patients with chronic low back pain. Journal of Research in Medical and Dental Science. 2017; 5(1) 27-32.
- 2. Methre ST, Borade NG, Methre TS. Perception of stress in first-year MBBS, BDS, and BPTh students. Natl J Physiol Pharm Pharmacol 2017;7(2):203-208.
- 3. Khuje P, Sandip M Hulke. Neem (Azadirachta Indica),Reetha (Sapindus mukorossi),Shikakai (Acacia concinna),Hibiscus flower (Hibiscus sabdariffa) oil & Lemon: A natural antidandruff formula. International Journal of Advanced Scientific Research 2017;2(3):27-29.
- 4. Patil A, Handergulle S. Influence of menopause on cardiovascular responses to behavioral stressors: A comparative study. NJPPP 2017; 2(3): 27-29.
- 5. Khuje P, Hulke S M. Consumption of Yogurt, Aloe-vera pulp and Holy Basil leaves to reduce the recurrence of aphthous mouth ulcers in night shift workers. 2017; 3(4): 807-809.
- 6. Kothadia S, Prasad NB. Study of heart rate variability in subclinical hypothyroidism IOSR Journal of Dental & Medical Sciences. August 2017; 16(8) 1-4.

#### **Year: 2018**

- 1. Dattani MB, Methre ST, Methre TS. Waist circumference relates to blood pressure among adults. Indian Journal of Clinical Anatomy and Physiology, January-March, 2018;5(1);91-96.
- 2. Khuje P, Sandip M Hulke. Can Trained Wind Instrument Blowers Develop Higher inspiratory Spirometric Parameters Along with Expiratory Spirometric Parameters? International journal of Physiology Jan-March 2018; 6(1): 171-174
- 3. Hulke SM, Khuje P, Vaidya Yuqarti P. Change in Relationship between body Composition and Aerobic Power in Physical Education College's Students: A 12 Weeks Longitudinal Study. International journal of Physiology Jan-March 2018; 6(1): 166-178.
- 4. Borade NG, Hedge V. Heart rate variability in trained athletes and sedentary individuals A comparative study. Indian journal pf clinical Anatomy And physiology. 2018;5(2):237-240.
- 5. Prasad NB, Diwanji SA. Evaluation of Peripheral Nerves of Upper Limb and its Correlation with Blood Sugar Levels: A Electrophysiological Study in Type 2 Diabetics" Indian Journal Of Clinical Anatomy And Physiology (IJCAP) 2018;5(3):344-6
- 6. Prasad NB, Diwanji SA. Electrophysiological study of the palmar cutaneous nerves in diabetics. National journal of Physiology, Pharmacy & Pharmacology, 2018; 8(5): 694-698.
- 7. Pisharody IK, Prasad NB. BMI an early indicator of abnormal glucose and lipid profiles in young Indian adults. National journal of Physiology, Pharmacy & Pharmacology, 2018; 8(5): 690-693.
- 8. Salvi S, Joshi A. Platelet aggregability prehypertension and heart rate in male smokers: An unwelcome circumstance for prothrombotic activity. NJPPP 2018; 8(7): 1005-1009.
- 9. Salvi S, Prasad NB. Learning strategies in medical school: A holistic approach to Physiology. NJPPP 2018; 8(7): 1070-1073.
- 10. Patil A, Pande B, Borade NG. Learning to learn and teach: Student seminar as a teaching-learning method in undergraduate medical physiology through students' perspective. NJPPP 2018;8(9):1-6.

#### **Year: 2019**

- 1. Methre ST, Jayakumar R, Dattani MB, Borade NG, Methre TS. A cross-sectional study of anthropometric parameters in normotensive offsprings of hypertensive parents. Natl J Physiol Pharm Pharmacol 2019;9(2):160-164.
- 2. Jadhav S. Evaluation of visual reaction time during pre- and post- menstrual phase. National Journal of Physiology, Pharmacy and Pharmacology. 2019; 9(5): 398-400.

- 3. Pande B, Patil A. Gender differences in cardiovascular autonomic function status in normal healthy individuals: A cross-sectional study. NJPPP 2019; 9(7):1-5.
- 4. Karandikar M. M, Joshi A.R, Karandikar M. S. The haematological profile with fifty generations of undernutrition cannot be reversed with six generations of a recuperation diet in a wistar rat colony. MedPulse International Journal of Physiology. 2019; 11(2):21-24.
- 5. Karandikar M. M, Joshi A.R, Karandikar M. S. Partial restoration of the haematological profile in 4-week-old pups after six generations of improved nutrient supply. MedPulse International Journal of Physiology. 2019; 11(2):30-33.

# 2. Research and extension (From 1st January 2014 to till 2019) yearwise (calendar year)

#### (a) Research summary

#### **Year 2014**

Sr. No.	Name of the project and duration	Name of Teachers	Amount of seed money provided (INR in Lakhs)	Sanctioned Year
1	Yoga and pranayama: Immunological modulators in patients with Diabetes	Dr. Prashant Khuje (PI)	1,00,000/-	2014
	Mellitus and Hypertension (1 year)	Dr. M. S. Karandikar (Co –PI)		

#### **Year 2018**

Sr. No.	Name of the project and duration	Name of Teachers	Amount of seed money provided (INR in Lakhs)	Sanction ed Year
1.	Effect of Ayurvedic drugs on cardiovascular function in an	Dr. V. G.Jaltade (PI)	3,10,000/-	2018
	experimental model of	Dr. M.S. Karandikar		
	undernutrition	(Co –PI)		
	(1 year)			
2.	Comparative Analysis of	Dr. M. S. Karandikar	4,50,000/-	2018
	Secretomes organ culture of Human	(PI)		
	Placenta Amnion (2 years)			
3.	Effect of Ayurvedic drugs on	Dr. H. G. Deshpande	2,90,000/-	2018
	reproductive function in a	(PI)		
	multigenerationally undernourished			
	female wistar rat colony			
	(1 year)	Dr. M.S. Karandikar		
		(Co –PI)		

#### **Year 2019**

Sr.	Name of the project and	Name of Teachers	Amount of seed	Sanctioned
No.	duration		money provided	Year
			(INR in Lakhs)	
1.	Efficacy in treating iron	Dr. M. S. Karandikar	AUD 7,800	2019
	deficiency anemia of	Dr. A.A.Hardikar		
	pregnancy with	Dr. William Tarnow-		
	lactoferrin	Mordi		

#### (b) List of PhD Students

#### **Year 2016**

Sr. No.	Name of the faculty	Title of the Research Topic	Name of the Research Student	Date of enrolment of the Research Student
1.	Dr. M. S. Karandikar	Identification of micro RNA in foetal distress	Dr. P. D. Khuje	01/12/2016

#### **Year 2017**

Sr.	Name of the faculty	Title of the Research Topic	Name of the	Date of
No.			Research	enrolment of
			Student	the Research
				Student
1.	Dr. M. S. Karandikar	Assessment of cardiovascular	Dr. S. M. Gawali	08/12/2017
		risk in metabolic syndrome:		
		ECG derived index QT		
		dispersion, carotid intima		
		media thickness,		
		cardiometabolic parameters		
		and its correlation with insulin		
		resistance		

#### Year 2017 (PhD Awarded)

Sr. No.	Name of the faculty	Title of the Research Topic	Name of the Research Student	Date of enrolment of the Research Student
1.	Dr. N. G. Borade	Electrophysiological assessment of polyneuropathic involvement in rheumatoid arthritis :relationship among demographic ,clinical and	Dr. Deepali Khatri	2011 - 2017

		laboratory findings.		
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#### **Year 2019**

Sr.	Name of the faculty	Title of the Research Topic	Name of	Date of
No.			the	enrolment of
			Research	the Research
			Student	Student
1.	Dr. V. G. Jaltade	Assessment of cardiovascular	Dr. A. N.	24/07/2019
		autonomic function in	Patil	
		nondialysis nondiabetic chronic		
		kidney disease patients		

# (c) List of ICMR – STS Research projects sanctioned (From $1^{st}$ January 2014 to till 2019) yearwise (calendar year)

#### **Year 2014**

Sr. No.	Name of the Project	Investigator s	Name of the Guide	Year of Awa rd	Duratio n of the project	Fundin g Agency	Total amount of funds received
1	Coexistences of	Anurang	Dr. N.B.	2014	2	ICMR-	10,000/-
	obesity and anaemia in young adults.	Rathod	Prasad		months	STS	
2	Exposure to Air pollution and fuel vapours: A pulmonary function study.	Nikhil Bhandari	Dr. S. R. Salvi	2014	2 months	ICMR- STS	10,000/
3	To study pulmonary functions and lipid profile in smokers.	Ananya Garg	Dr. N.G.Borade	2014	2 months	ICMR- STS	10,000/

#### **Year 2015**

Sr.	Name of the Project	Investigator	Name of	Year	Duration	Funding	Total
No.		S	the	of	of the	Agency	amount
			Guide	Award	project		of funds
							received
1	Inter-relationship of	Miss. Meera	Dr. S.	2015	2 months	ICMR-	10,000/
	Body Mass Index	Dattani	T.			STS	
	(BMI), Waist-to –		Methre				
	hip Ratio (WHR) &						
	Body Fat Percentage						
	(BF %) with Blood						
	Pressure among first						
	year MBBS students						

#### **Year 2016**

Sr. No.	Name of the Project	Investigato rs	Name of the Guide	Year of Award	Duratio n of the project	Fundin g Agency	Total amount of funds received
1	Additional wakefulness: A study on self violation, chronic sleep restriction and its effect on medical students.	Mr. Manoj	Dr. N.B. Prasad	2016	2 months	ICMR- STS	10,000/
2	Impact of video games on physiological responses & well being in medical students.	Mr. Gitartha Goswami	Dr. S. R. Salvi	2016	2 months	ICMR- STS	10,000/-
3	Effect of laughter on pulmonary functions in elderly people.	Ms. Mahek Bariana	Dr. A. A. Jadhav	2016	2 months	ICMR- STS	10,000/

#### **Year 2017**

Sr. No.	Name of the Project	Investigator s	Name of the Guide	Year of Award	Duratio n of the project	Funding Agency	Total amount of funds received
1	Association of interarm blood pressure difference with family history of hypertension, anthropometric parameters & mean Arterial blood pressure in normotensive people.	Ms. Priyanka Sanjay Joshi	Dr. S. T. Methre	2017	2 months	ICMR- STS	10,000/

**Year 2018** 

Sr. No.	Name of the Project	Investigator s	Name of the Guide	Year of Award	Duratio n of the project	Funding Agency	Total amount of funds received
1	Eyeing computer vision syndrome: Awareness, Knowledge & its Impact on sleep quality among medical students.	MS. Bhavya	Dr. A. N. Patil	2018	2 months	ICMR- STS	10,000/
2	Association of age of menarche with BMI & waist –hip ratio in school going girls	Ms. Prerna Pandey	Dr. N. N. Sirdesai	2018	2 months	ICMR- STS	10,000/

## 3. PO and CO Analysis (UG as well as PG)

#### **Undergraduate (UG)**

CO and Mapping of CO with PO for the subject of Physiology

#### **Programme Outcomes UG**

No.	By the end of the programme, the Medical Graduate will:		
1	Be a Clinician, who understands and provides preventive, promotive, curative, palliative and holistic care with compassion		
2	Be a Leader and member of the health care team and system		
3	Be a Communicator with patients, families, colleagues and community		
4	Be a Lifelong learner committed to continuous improvement of skills and knowledge		
5	Be a Professional who is committed to excellence, is ethical, responsive and accountable to patients, community and the profession		

#### Format for Course Outcomes (Physiology) - UG

Class	Semester	Course	CO No	Statement (By the end of the course , the first MBBS student will be able to:-)
			PY.1	Describe structure & functions of normal & sick cell, cell death & repair
BS	Second	sy	PY.2	Explain concept of homeostasis & its maintenance. Describe normal function of organ systems.
First MBBS	<b>ઝ</b>	Physiology	PY.3	Explain pathophysiological basis of treatment of common disease conditions.
Fir	First	Ph	PY.4	Perform and describe various procedure of laboratory tests and interpret their results.
			PY.5	Describe the scheme of investigations required for diagnosis and management of common disease conditions.

#### Mapping of CO with PO for Physiology - UG

Class	Semester	Course Name	CO/PO	PO.1	PO.2	PO.3	PO.4	PO.5
				Clinicia n	Leader	Communicator	Lifelong learner	Professional
			PY.1	3	0	0	1	2
BS	puo	33	PY.2	3	1	1	3	2
First MBBS	First & Second	Physiology	PY.3	3	1	1	3	3
Firs	First	Phy	PY.4	3	2	2	3	3
			PY.5	3	2	2	3	3
			Average	3	1.2	1.2	2.6	2.6

<sup>3 =</sup> Strong mapping, 2= Moderate mapping, 1= Weak mapping, 0 = Not mapping

#### Postgraduate (PG)

#### CO and Mapping of CO with PO for MD Physiology

#### **Programme Outcomes MD (Physiology)**

No.	By the end of the programme, the Post Graduate will:				
1	Recognize the health needs of the community, and carry out professional obligations ethically and in keeping with the objectives of the National health policy. ( <b>Health Need Identifier &amp; Clinician</b> )				
2	Be mastered most of the competencies, pertaining to the speciality, that are required to be practiced at the secondary and the tertiary levels of the health care delivery system. (Subject Expertee & Leader)				
3	Be aware of the contemporary advance and developments in the discipline concerned. ( <b>Life Long Learner</b> )				
4	Have acquired a spirit of scientific inquiry and is oriented to the principles of research methodology and epidemiology. (Researcher & Professional)				
5	Have acquired the basic skills in teaching of the medical and paramedical professionals. ( <b>Teacher &amp; Communicator</b> )				

#### Course Outcomes MD (Physiology)

70	e.	CO No	Statement
Class	Course		By the end of the course, the post graduate student having qualified the MD (Physiology) examination should be able to:
		PY.1	Deal and understand all aspect of general and applied physiology and general principles of medical education.
		PY.2	Teach effectively the basic physiological mechanisms of human body with reference to their implications in the pathophysiology of diseases, their diagnosis, treatment and management.
ıate	logy	PY.3	Conduct clinical and experimental research and interpret relevant findings.
Post Graduate	MD Physiology	PY.4	Acquire skills in conducting collaborative research with allied sciences, clinical sciences and biomedical engineering.
Post (	MD P	PY.5	Acquire administrative skills to set up departmental laboratories and initiate purchase procedure.
		PY.6	Function as a member of a teaching, administrative or research team.
		PY.7	Carry out all human and animal experiments by computer assisted
			simulation models / facilities as permissible by Committee for the Purpose of Control and Supervision of Experiments on Animals (CPCSEA) guidelines.

#### Mapping of CO with PO for MD Physiology

Class	Course Name	СО/РО	PO.1	PO.2	PO.3	PO.4	PO.5
			Health Need Identifier & Clinician	Subject Expertee & Leader	Life Long Learner	Researcher & Professional	Teacher & Communi cator
		PY.1	3	3	3	2	3
te	gy	PY.2	3	3	3	2	3
radua	ysiolog	PY.3	2	2	2	3	3
Post Graduate	MD Physiology	PY.4	3	2	3	3	3
P	N	PY.5	2	3	1	2	2
		PY.6	2	2	3	3	3
		PY.7	1	1	2	3	3
		Average	2.2	2.2	2.4	2.5	2.8

<sup>3 =</sup> Strong mapping, 2= Moderate mapping, 1= Weak mapping, 0 = Not mapping

# 4. Alumni Placement (Till date)

Sr.	Name of Student	Year of	Year of	Placement
No		Admission	passing	
1	Dr. Jyotsana Tirumalai	2011	2014	Transworld institute, Hadapsar, Pune
2	Dr. Sudipta Saha	2011	2014	Barahanagar State genrel hospital, North 24 pargana, West Bengal
3	Dr. Kiranmai V.	2011	2014	Kamineni Institute Of Medical Science Hyderabad
4	Dr. Soumy Sarkar	2012	2015	Burdwan Medical College Bardhaman.
5	Dr. Sibaprakash Mukherjee	2012	2015	Sanaka Medical college Durgapur, West Bardhaman, West Bengal
6	Dr. Gurunath Birajdar	2013	2016	B KL Walwalkar Ruler Medical college Chiplun. Maharashtra
7	Dr. Prajakta Chaudhari	2013	2016	Doing general practice
8	Dr. Sataree Kothadia	2014	2017	Dr. D.Y. Patil Dental college Pimpri Pune 18
9	Dr. Vedashree Hegde	2015	2018	Seeking for Job

# 5. Mentorship details (2018-19)

Sr. no.	Name of the faculty	Roll Nos.
		Of students
1	Dr. V. G. Jaltade	105 - 112
2	Dr. M. S. Karandikar	089 - 096
3	Dr. R. S. Sood	097 - 104
4	Dr. (Mrs.) N. Prasad	113 - 120
5	Dr. P. D. Khuje	121 - 128
6	Dr.(Mrs.) S. S. Jadhav	129 - 136
7	Dr. (Mrs.) S. T. Methre	137 - 144
8	Dr. S. R. Salvi	145 - 152
9	Dr. R. Jayakumar	153 - 160
10	Dr. A. N. Patil	161 - 168
11	Dr. N. N. Sirdesai	169 - 176
12	Dr. B. N. Pande	081 - 088

## 6. Wall magazine

Sr. No	History of Medicine
1	Hippocrates (460BC – 370BC)
2	William Harvey (1578 – 1657)
3	Claude Bernard (1813-1878)
4	Hermann Helmholtz (1821 – 1894)
5	Camillo Golgi (1843 – 1926)
6	Ivan Pavlov (1849 – 1936)
7	Santiago Ramón y Cajal (1852 – 1934)
8	Charles Sherrington (1857 -1952)
9	William Einthoven (1860 – 1927)
10	Ernest Henry Starling (1866 – 1927)
11	Karl Landsteiner (1868 – 1943)
12	Frederick Banting (1891 – 1941)
13	Ragnar Granit (1900 – 1991)
14	Francis Crick (1916 – 2004)
15	Arthur C. Guyton (1919 – 2003)
16	James Watson ( 1928 – 2009)
	Topics of Lateral Education
17	Soak Chia Seeds to supercharge you Metabolism, Burn fat and Fight
	Inflammation
18	80% of Heart Attacks could be avoided if Everyone Did These 5 Easy things
19	New study: The more you Hug your Kids, the More Their Brains develop
20	Boost Your Coffee with Vitamins and Antioxidants
21	Top 9 Health Benefits of Eating Watermelon
22	How only 15 Minutes of walking can change everything
23	What is the Right Position to sleep for each of these health Problem?

24	Mama Was Right! Study Shows Students Learn Better When They Take
	Handwritten Notes
25	12 Signs of Heightened Emotional Intelligence You Can Easily Recognize
26	Your neck could tell you if you are at risk of diabetes
27	NIR light may identify breast cancer patients who will benefit most from
	chemotherapy
28	Diabetes skin patch could abolish finger prick tests
29	Unlocking cancer's secrets using the 'Social Networks' of cells
30	Where did the deadly Nipah come from-and what other outbreaks should we expect?
31	New nuclear medicine method shows promise for better detection of neuroendocrine tumors
32	Antioxidant reduce risk of a second heart attack
33	Cheese, Full- fat milk extremely good for the heart
34	James Allison, Tasuku Honjo win Nobel medicine Prize for cancer tumor
35	Stress literally shrinks your brain! Here's what you can do
36	11 ays Dehydration could be Making you fat and sick

# 7. Teaching programme (Actual teaching programme should be reflected and not methods)

Under Graduate Teaching Programme

- Orientation and counseling of students
- ❖ Small group teaching methods such as interactive tutorial sessions, computer aided teaching are used to ensure a better understanding of the students and to give personal attention to the students.
- Problem-based learning through clinical cases.
- **\*** Extra classes are held for slow learners.
- ❖ Ward visits for better understanding of clinical correlations
- Flip Teaching
- ❖ MOOC (Massive open online courses- SWAYAM) was launched on 26/07/2017 with the e-content of platforms 'Critical thinking' and 'Bridging the dementia divide'
- ❖ Yoga training sessions are conducted on every 2<sup>nd</sup> & 4<sup>th</sup> Saturday of a month under the guidance of yoga experts from Shriyog Institute of Iyengar Yoga Pune to promote physical & mental well being of students.
- ❖ Guest Lectures: Every year guest lectures are conducted by eminent speakers on yoga, fitness & health management.

#### Lecture

#### General Physiology

Sr. No.	Topics	Name of the teacher
1	Introduction	Dr. N. G. Borade
2	Cell & cell organelles	Dr. N. G. Borade
	organization of cell	
3	Homeostasis	Dr. M. S. Karandikar
4	Transport across the cell membrane -I	Dr. V. G. Jaltade
5	Transport across the cell membrane -II	Dr. V. G. Jaltade
6	Resting membrane potential	Dr. V. G. Jaltade
7	Action potential – I	Dr. Neelam Prasad
8	Action potential - II	Dr. Neelam Prasad

#### Blood

Sr. No.	Topics	Name of the teacher
1	Composition & functions of blood	Dr. N. G. Borade
2	RBC – I	Dr. S. S. Jadhav
3	RBC – II	Dr. S. S. Jadhav
4	WBC	Dr. P. D. Khuje
5	Blood group – I	Dr. S. T. Methre
6	Blood group – II	Dr. S. T. Methre
7	Haemostasis – I	Dr. S. R. Salvi
8	Haemostasis –II	Dr. S. R. Salvi
9	Immunity – I	Dr. R. S. Sood
10	Immunity – II	Dr. R. S. Sood
11	Reticuloendothelial system	Dr. P. D. Khuje

#### Nerve Muscle Physiology

Sr. No.	Topics	Name of the
		teacher
1	Classification of muscle & structure of skeletal muscle	Dr. M. S. Karandikar
2	Neuromuscular junction & EMG	Dr. A. N. Patil
3	Properties of skeletal muscle	Dr. P. D. Khuje
4	Molecular basis of muscle contraction - I	Dr. Neelam Prasad
5	Molecular basis of muscle contraction – II	Dr. Neelam Prasad

## Cardiovascular System

Sr. No.	Topics	Name of the teacher
1	Introduction to Cardiovascular system	Dr. S. R. Salvi
2	Origin & spread of cardiac impulse	Dr. V. G. Jaltade
3	Heart rate – I (Innervation of heart)	Dr. S. S. Jadhav
4	Heart rate – II	Dr. S. S. Jadhav
5	ECG	Dr. N. G. Borade
6	Cardiac cycle - I	Dr. V. G. Jaltade
7	Cardiac cycle - II	Dr. V. G. Jaltade
8	Physiology of blood vessels	Dr. Ramya J.
9	Haemodynamics - I	Dr. S. S. Jadhav
10	Haemodynamics - II	Dr. S. S. Jadhav
11	Blood Pressure - I	Dr. S. R. Salvi
12	Blood Pressure - II	Dr. S. R. Salvi
13	Cardiac output - I	Dr. P. D. Khuje
14	Cardiac output - II	Dr. P. D. Khuje
15	Coronary circulation	Dr. S. T. Methre
16	Tissue fluid formation - I	Dr. R. S. Sood
17	Tissue fluid formation - II	Dr. R. S. Sood
18	Circulatory shock	Dr. S. T. Methre
19	Pulmonary circulation	Dr. M. S. Karandikar

## Respiratory System

Sr. No.	Topics	Name of the teacher
1	Introduction to respiratory system	Dr. S. T. Methre
2	Mechanics of respiration I	Dr. S. R. Salvi
3	Diffusion of gases	Dr. N. N. Sirdesai
4	Mechanics of respiration II	Dr. S. R. Salvi
5	Transport of O <sub>2</sub>	Dr. S. S. Jadhav
6	Transport of CO <sub>2</sub>	Dr. V. G. Jaltade
7	Neural regulation of respiration	Dr. A. N. Patil
8	Chemical regulation of respiration	Dr. M. S. Karandikar
9	Hypoxia, Periodic breathing, Cyanosis & Dyspnoea	Dr. R. S. Sood
10	Acclimatization to high altitude	Dr. S. T. Methre
11	Cardio respiratory changes during exercise	Dr. R. S. Sood

#### Excretory System

Sr. No.	Topics	Name of the teacher
1	Structure & Functions of kidney	Dr. M. S. Karandikar
2	Renal circulation	Dr. Neelam Prasad
3	Urine formation I	Dr. Neelam Prasad
4	Urine formation - II	Dr. Neelam Prasad
5	Urine formation - III	Dr. P. D. Khuje
6	Urine formation - IV	Dr. V. G. Jaltade
7	Concentration & dilution of urine - I	Dr. M. S. Karandikar
8	Concentration & dilution of urine - II	Dr. M. S. Karandikar
9	Micturition reflex & its disorders	Dr. R. S. Sood
10	Regulation of blood volume	Dr. S. S. Jadhav

#### Endocrinology

Sr. No.	Topics	Name of the teacher
1	Introduction to endocrinology & Mechanisms of	Dr. Neelam Prasad
	hormone action	
2	Anterior Pituitary gland – I (functional anatomy,	Dr. S. T. Methre
	Hypothalamic control of anterior pituitary)	
3	Anterior Pituitary gland – II (Growth hormone)	Dr. S. R. Salvi
4	Posterior Pituitary gland	Dr. B. N. Pande
5	Disorders of pituitary gland	Dr. N. N. Sirdesai
6	Thyroid gland - I	Dr. M. S. Karandikar
7	Thyroid gland - II	Dr. M. S. Karandikar
8	Thyroid gland - III (Disorders)	Dr. P. D. Khuje
9	Adrenal cortex – I (Glucocorticoid)	Dr. V. G. Jaltade
10	Adrenal cortex – II	Dr. V. G. Jaltade
11	Adrenal cortex – III (Disorders)	Dr. S. T. Methre
12	Calcium Homeostasis	Dr. S. S. Jadhav
13	Endocrine pancreas – I	Dr. R. S. Sood
14	Endocrine pancreas – II	Dr. R. S. Sood

#### **Gastrointestinal System**

Sr. No.	Topics	Name of the teacher
1	Introduction to gastrointestinal system (Including	Dr. S. T. Methre
	splanchnic circulation)	
2	Salivary secretion	Dr. B. N. Pande
3	Mastication & Deglutition	Dr. Ramya J.
4	Gastric juice secretion - I	Dr. Neelam Prasad
5	Gastric juice secretion - II	Dr. Neelam Prasad
6	Gastric emptying	Dr. Ramya J.
7	Liver, Bile & Gall bladder	Dr. R. S. Sood
8	Exocrine pancreas	Dr. V. G. Jaltade
9	Intestinal secretion	Dr. R. S. Sood
10	Movements of intestine	Dr. Ramya J.
11	GIT hormones	Dr. N. N. Sirdesai

#### <u>Nutrition</u>

Sr. No.	Topics	Name of the teacher
1	Nutrition - I	Dr. B. N. Pande
2	Nutrition - II	Dr. B. N. Pande

Central Nervous System

Sr. No.	Topics	Name of the teacher
1	Introduction to Nervous System (CNS)	Dr. S. S. Jadhav
2	Physiology of nerve	Dr. P. D. Khuje
3	Cerebral Circulation	Dr. S. T. Methre
4	Synapse- I	Dr. M. S. Karandikar
5	Synapse- II	Dr. M. Karandikar
6	Sensory Receptor- I	Dr. S. S. Jadhav
7	Sensory Receptor- II	Dr. S. S. Jadhav
8	Organization of spinal cord	Dr. A. N. Patil
9	Reflex action – I	Dr. Neelam Prasad
10	Reflex action – II	Dr. Neelam Prasad
11	Ascending tracts	Dr. V. G. Jaltade
12	Pain - I	Dr. S. R. Salvi
13	Pain - II	Dr. S. R. Salvi
14	Thalamus	Dr. P. D. Khuje
15	Cerebral cortex - I	Dr. R. S. Sood
16	Cerebral cortex - II	Dr. R. S. Sood
17	Pyramidal tract (Descending tract - I)	Dr. M. S. Karandikar
18	Extra pyramidal tracts (Descending tract - II)	Dr. P. D. Khuje
19	Basal ganglia – I	Dr. S. R. Salvi
20	Basal ganglia – II	Dr. S. R. Salvi
21	Cerebellum – I	Dr. S. T. Methre
22	Cerebellum – II	Dr. S. T. Methre
23	Muscle Tone – I	Dr. V. G. Jaltade
24	Muscle Tone – II	Dr. V. G. Jaltade

25	Posture - I	Dr. V. G. Jaltade
26	Posture - II	Dr. V. G. Jaltade
27	Vestibular apparatus - I	Dr. M. S. Karandikar
28	Vestibular apparatus - II	Dr. M. S. Karandikar
29	Reticular formation & ARAS	Dr. S. S. Jadhav
30	EEG	Dr. S. R. Salvi
31	Sleep & wakefulness	Dr. S. S. Jadhav
32	Prefrontal lobe & speech	Dr. M. S. Karandikar
33	Hypothalamus - I	Dr. P. D. Khuje
34	Hypothalamus - II	Dr. P. D. Khuje
35	Limbic system	Dr. Neelam Prasad
36	Regulation of body Temperature	Dr. S. T. Methre
37	Lesions of Spinal Cord	Dr. R. S. Sood
38	Learning & memory – I	Dr. S. S. Jadhav
39	Learning & memory – II	Dr. S. S. Jadhav
40	CSF & Blood Brain Barrier	Dr. S. T. Methre
41	ANS - I	Dr. P. D. Khuje
42	ANS - II	Dr. P. D. Khuje

#### Special Senses

Sr. No.	Topics	Name of the teacher
1	Introduction to eye & optics (Eye - I)	Dr. N. N. Sirdesai
2	Errors of refraction (Eye - II)	Dr. A. N. Patil
3	Photochemistry of vision (Eye - III)	Dr. B. N. Pande
4	Accommodation & visual reflexes (Eye - IV)	Dr. R. S. Sood
5	Neurophysiology of Vision I (Eye V)	Dr. S. T. Methre
6	Neurophysiology of Vision II (Eye - VI)	Dr. S. T. Methre
7	Ear - I	Dr. S. R. Salvi
8	Ear - II	Dr. Neelam Prasad
9	Ear - III	Dr. Neelam Prasad

#### Reproductive System

Sr. No.	Topics	Name of the teacher
1	Introduction to Reproductive system, Sex	Dr. A. N. Patil
	determination & differentiation	
2	Physiology of puberty (male & female)	Dr. A. N. Patil
3	Male reproductive system - I	Dr. Ramya J.
4	Female sex hormones	Dr. B. N. Pande
5	Male reproductive system - II	Dr. Ramya J.
6	Menstrual cycle	Dr. S. R. Salvi
7	Physiology of pregnancy – I	Dr. N. N. Sirdesai
8	Physiology of pregnancy - II	Dr. N. N. Sirdesai
9	Physiology of Lactation	Dr. M. S. Karandikar

#### Aviation and space physiology

Sr. No.	Topics	Name of the teacher
1	Aviation and space physiology - I	Dr. P. D. Khuje
2	Aviation and space physiology - II	Dr. P. D. Khuje

#### **Bioethics**

Sr. No.	Topics	Name of the teacher
1	Indian ethos & tradition	Dr. R. S. Sood
2	Ethics- Role of Family and society in Bioethics	Dr. Neelam Prasad

#### Sports Physiology

Sr. No.	Topics	Name of the teacher
1	Sports Physiology I	Guest speaker
2	Sports Physiology II	Guest speaker

#### Yoga & Pranayam

Sr. No.	Topics	Name of the teacher
1	Yoga & Pranayam- I	Guest speaker
2	Yoga & Pranayam- II	Guest speaker

#### Small Group Teachings

Sr. No.	Topics	Name of the teacher
1	Regulation of respiration	All Teachers
2	Blood Pressure	All Teachers
3	Mechanics of respiration	All Teachers
4	Menstrual cycle	All Teachers
5	Physiology of pregnancy	All Teachers
6	Optic tract & effect of lesion at various level/	All Teachers
	Mechanism of hearing	
7	Cerebellum	All Teachers

#### Flip Teachings

Sr. No.	Topics	Name of the teacher
1	Thyroid hormone synthesis & regulation	All Teachers
2	Gastric secretion	All Teachers

## <u>Practicals</u>

Sr. No.	Haematology Practical
1	Orientation to labs
2	Study of microscope
3	Collection of Blood
4	Estimation of haemoglobin
5	WBC Count
6	RBC Count
7	Blood group
8	Peripheral Blood Smear
9	Bleeding time & clotting time
10	Differential Leucocyte Count (DLC)
11	Test on Haematology practicals

Sr. No.	Clinical Practical
1	Introduction to clinical examination
2	Clinical examination of Arterial Pulse
3	Determination of Jugular Venous Pressure
4	Clinical examination of Cardiovascular system
5	Determination of arterial Blood pressure
6	Clinical examination of Respiratory system
7	Artificial Respiration
8	Clinical examination of alimentary system & abdomen
9	Clinical examination of sensory system
10	Clinical examination of motor system – I
11	Clinical examination of motor system – II
12	Higher function
13	Clinical examination of eye
14	Acuity of Vision
15	Visual reflexes
16	Clinical examination of III,IV, VI cranial nerves
17	Clinical examination of other cranial nerves
18	Tests for hearing & deafness
19	Test on clinical examination of CVS & RS
20	Test on clinical examination of alimentary system & abdomen &
	Sensory system
21	Test on clinical examination of motor system – I & II
22	Journal completion & certification

## Lecture Demonstration (LDs)

Sr. No.	LDs on haematology
1	Erythropoiesis
2	ESR & PCV
3	Anaemia & Blood Indices
4	Blood Transfusion
5	Platelet
	Animal experiment demonstration by using simulation
6	Study of Instruments, NM preparation, SMC, SD Curve
7	Effect of Temperature on SMC, Velocity of nerve impulse, effect of various
	strength of stimuli on skeletal muscle
8	Genesis of tetanus
9	Effect of load & fatigue
10	Cardiac graph: Normal cardiogram, Effect of temperature, Stannius ligature, All or
	none law, Beneficial effect
11	Cardiac muscle: Long refractory period, Extra systole & compensatory pause,
	Incomplete tetanus, Two successive stimuli
12	Cardiac muscle: Nervous regulation of frogs heart, Vagal escape & Effect of drugs
	– Adrenaline, Acetylcholine Nicotine
	Human demonstration
13	E. C. G.
13 14	E. C. G. Spirometry
14	Spirometry
14 15	Spirometry Cardiopulmonary efficiency test
14 15 16	Spirometry Cardiopulmonary efficiency test Stethography
14 15 16 17	Spirometry Cardiopulmonary efficiency test Stethography Ergography
14 15 16 17 18	Spirometry Cardiopulmonary efficiency test Stethography Ergography Perimetry
14 15 16 17 18 19	Spirometry Cardiopulmonary efficiency test Stethography Ergography Perimetry Study of Body temperature in Man
14 15 16 17 18 19 20	Spirometry Cardiopulmonary efficiency test Stethography Ergography Perimetry Study of Body temperature in Man Colour vision
14 15 16 17 18 19 20 21	Spirometry Cardiopulmonary efficiency test Stethography Ergography Perimetry Study of Body temperature in Man Colour vision Organization of CNS Clinical examination of Taste & smell Pregnancy Test & Family Planning
14 15 16 17 18 19 20 21 22	Spirometry Cardiopulmonary efficiency test Stethography Ergography Perimetry Study of Body temperature in Man Colour vision Organization of CNS Clinical examination of Taste & smell Pregnancy Test & Family Planning
14 15 16 17 18 19 20 21 22 23	Spirometry Cardiopulmonary efficiency test Stethography Ergography Perimetry Study of Body temperature in Man Colour vision Organization of CNS Clinical examination of Taste & smell
14 15 16 17 18 19 20 21 22 23 24	Spirometry Cardiopulmonary efficiency test Stethography Ergography Perimetry Study of Body temperature in Man Colour vision Organization of CNS Clinical examination of Taste & smell Pregnancy Test & Family Planning Revision of cardiac muscle graphs
14 15 16 17 18 19 20 21 22 23 24 25	Spirometry Cardiopulmonary efficiency test Stethography Ergography Perimetry Study of Body temperature in Man Colour vision Organization of CNS Clinical examination of Taste & smell Pregnancy Test & Family Planning Revision: Skeletal muscle graphs Revision: Skeletal muscle graphs
14 15 16 17 18 19 20 21 22 23 24 25 26	Spirometry Cardiopulmonary efficiency test Stethography Ergography Perimetry Study of Body temperature in Man Colour vision Organization of CNS Clinical examination of Taste & smell Pregnancy Test & Family Planning Revision of cardiac muscle graphs Revision: Skeletal muscle graphs Revision: Perimetry, colour vision & endocrine graphs
14 15 16 17 18 19 20 21 22 23 24 25 26 27	Spirometry Cardiopulmonary efficiency test Stethography Ergography Perimetry Study of Body temperature in Man Colour vision Organization of CNS Clinical examination of Taste & smell Pregnancy Test & Family Planning Revision of cardiac muscle graphs Revision: Skeletal muscle graphs Revision: Perimetry, colour vision & endocrine graphs Revision of theory & calculation based graphs

#### <u>Tutorials</u>

Sr. No.	Tutorials
1	Transport across cell membrane
2	Immunity
3	Molecular Basis of Muscle contraction
4	Origin & spread of cardiac impulse
5	WBC
6	GFR
7	Anterior Pituitary Gland
8	Counter current mechanism
9	Thyroid
10	Movements of small & large intestine
11	Adrenal cortex
12	Synapse
13	Ascending tracts
14	Muscle tone
15	Hypothalamus
16	Prefrontal & limbic lobe

## 8. **Integrated Teaching**

Sr. No.	Topic	Name of the faculty
1	Liver & Extrahepatic biliary apparatus	Dr. A. A. Jadhav
2	Physiology of Salivary Secretion	Dr. Neelam Prasad
3	Functions of cell, Cell organelles, Transport of Macromolecules	Dr. Seema T. Methre
4	Muscle: Molecular basis of muscle contraction	Dr. Ramya Jayakumar
5	Muscle: Action potential	Dr. Ashwini N. Patil

## 9. Dissertations

Sr. No	Name of PG Student	Year of Admissio n	Year of passing	Dissertation Topic	Name of the PG Guide
1	Dr. Jyotsna Tirumalai	2011	2014	Study of the normative changes in auditory brainstem response in infants.	Dr. N. G. Borade
2	Dr. Sudipta Saha	2011	2014	A study of autonomic functions in normotensive offspring with a genetic predisposition to essential hypertension.	Dr. M. S. Karandikar
3	Dr. Kiranmai V.	2011	2014	A study of tactile sensation and memory in blind and sighted individuals.	Dr. N. G. Borade
4	Dr. S. Sarkar	2012	2015	A study of the effect of nutritional status on heart rate variabilities and skeletal muscle endurence in young adults.	Dr. N. G. Borade
5	Dr. S. Mukherjee	2012	2015	Effect of music on exercise induced sympathetic dominance, assessed by autonomic function tests.	Dr. A. A. Jadhav
6	Dr. Prajakta Chaudhari	2013	2016	Effect of obesity reduction on pulmonary function tests	Dr. A. A. Jadhav
7	Dr. Gurunath Birajdar	2013	2016	Effect of smoking on autonomic functions and pulmonary function tests.	Dr. V. R. Purandare
8	Dr. Sataree Kothadia	2014	2017	A study of Heart Rate Variability & Inflammatory markers in Subclinical Hypothyroidism.	Dr. Neelam Prasad
9	Dr. Vedashree Hegde	2015	2018	A comparative study of cardiac autonomic functions in practioners of yoga, trained athletes and individuals of sedentary lifestyle.	Dr. N. G. Borade

# 10. Achievements/Awards of Faculty, UG Student, PG student yearwise (calendar year) from 1st January 2014 to 2019 till date

Sr.	Name	Designation	Details of achievements
No.			
		•	Year 2014
1	Dr. (Mrs.) N. G.	Prof. & HOD	Mahatma Gandhi Gold Medal Award by Global
	Borade		Economics Progress & Research Association
			GEPRA (New Delhi) on 2nd Oct. 2014.
		•	Year 2016
1	Dr. Gurunath	PG resident	Best Paper Award (2 <sup>nd</sup> Prize) in
	Birajdar		42 <sup>nd</sup> Annual Conference, The Research Society
			Of B. J. Govt. Medical College and Sassoon
			General Hospitals, Pune. 24 <sup>th</sup> Feb to 26 <sup>th</sup> Feb
			2016
			Year 2017
1	Dr. R. S. Sood	Professor	Special appreciation award for the poster
			presented in MULTICON 2017
			Year 2018
1	Dr. R. S. Sood	Professor	Certificate of appreciation for poster presented in
			MULTICON 2018. 8 <sup>th</sup> & 9 <sup>th</sup> Dec 2018
			Year 2019
1	Dr. R. S. Sood	Professor	Best poster award for paper presented in 45 <sup>th</sup>
			Annual conference of research society of BJ
			Medical College & Sassoon General Hospitals.
			Pune. 20 <sup>th</sup> , 21 <sup>st</sup> & 22 <sup>nd</sup> Feb. 2019.
2	Dr. R. S. Sood	Professor	Best poster (outside Institute) award for paper
			presented in 45 <sup>th</sup> Annual conference of research
			society of BJ Medical College & Sassoon General
			Hospitals. Pune. 20 <sup>th</sup> , 21 <sup>st</sup> & 22 <sup>nd</sup> Feb. 2019.

# 11.Conferences/CME/Workshop organized by department <u>year wise</u> (calendar year) from $1^{st}$ 2014 to 2019 till date (With 2/3 photographs of each event)

Guest lectures organized by the department

Sr. No.	Title	Date	Guest Speaker	No. of Delegates Attended			
	Year 2014						
1	"Dont be a gama in the land of lama" an high altitude lesson from Ladakh".	28/11/2014	Dr.(col) Anuj chawla Professor & Head , Physiology Armed Force Medical College, Pune	I/II MBBS students			





	Year 2016						
1	FITNESS	20/04/2016	Dr. Ali Irani	I/II MBBS			
			President of Indian Association	students			
			physiotherapists,				
			Principal of Nmims University				
			Head of the department of				
			physiotherapy, Sports Medicine &				
Ī			Rehabilitation Center, Dr. Balabhai				
			Nanavati Hospital, Mumbai				

2	Yoga and Wellness	21/06/2016	Mrs.Vidya Badade Yoga teacher	I/II MBBS students			
	Year 2017						
1	Yoga & Pranayam	12/06/2017	Mr. Satish Argade	I/II MBBS			
			Yoga teacher	students			





Fitness Medicine, An approach to exercise prescription & Pranayam

15/06/2017

Dr. (Mrs.) Leena Phadke Associate professor Physiology Kashibai Nawale, Medical College, Pune I/II MBBS students



# Fitness Medicine, An approach to exercise prescription & Pranayam (2017)

Dr. (Mrs.) Leena Phadke, Associate professor Physiology Kashibai Nawale, Medical College, Pune.

3	Stress Management	16/06/2017	Prajapita Brahma Kumari	I/II MBBS
			Ishwariya Vishwa Vidyalaya	
			Yoga teacher	
		Yea	r 2018	
1	Exercise Physiology- The	19/03/2018	Dr. Vaishnavi Chiddarwar	I/II MBBS
	stepping stone to		Physiotherapist, D. Y. Patil	students
	understanding body's		University School of	
	frenzy		Physiotherapy, Nerul.	
	-	DPU		





	Year 2019						
1	Health Management	15/05/2019	Dr. Himanshu Vaze	I/II MBBS			
			Diploma in Sports Medicine,	students			
			(Germany) consultant in joint care,				
			Ergonomics & Comprehensive				
			Health management. Pune				





# 12. Conferences/CME/Workshop attended by faculty and students year wise (calendar year) from $1^{\rm st}$ 2014 to 2019 till date

Sr. No	Name of the Participant	Designation	Name of the CME/ Conference / Workshop	Date & Venue/Place	Role(Delegat e/ Resource person/ Chairperson/ Panelist)
			Year 2014		
1	Dr. (Mrs.) S. S. Jadhav	Asso. Professor	Basic Course Workshop in Medical Education Technology MET	Department of Medical Educational, Padm. Dr. D. Y. Patil Medical College, Pimpri, Pune 27 <sup>th</sup> Jan. 2014 to 29 <sup>th</sup> Jan 2014	Presented PPT on Actions of Extraocular muscles
2	Dr. (Mrs.) N. G. Borade Dr. M. S.	Professor & HOD	'National <b>Conference</b> including Workshop (ENTER – 2014)	D.Y.Patil University, Kolhapur 31 Jan.2014 to 01 Feb.	Delegate
	Karandikar	Professor	Electrophysiology & Neurology Trends in	2014	
	Dr. V. G. Jaltade	Professor	Electrodiagnosis & Research'		
3	Dr. R. S. Sood	Professor	XI RESCON. Annual Research Society Conference – 2014	Bharati Vidyapeeth University Medical College, Pune. 21 Feb. 2014 to 22 Feb. 2014	Delegate
4	Dr. V.G.Jaltade	Professor	CME on 'Clinical	BJ Medical College &	Delegate
	Dr. A. A. Jadhav	Professor	Trial Design & Data	Sassoon General Hospitals. 5 March 2014	
	Dr. Neelam P.	Professor	Analysis'		
	Dr. R. S. Sood	Professor			
	Dr. S. S. Jadhav	Asso.Professor			
	Dr. S. T. Methre	Asso.Professor			
	Dr. Sheetal Salvi	Asso.Professor			
	Dr. A. N. Diddee	Demon.			
5	Dr. R. S. Sood	Professor	XL Annual Research Society Conference, BJ Medical College & Sassoon General Hospitals	BJ Medical College & Sassoon General Hospitals 6 Mar. 2014 to 7 Mar. 2014	Presented paper
6	Dr.(Mrs.)N. G. Borade	Professor & HOD	XL Annual Research Society Conference,	BJ Medical College & Sassoon General	Presented paper
	Dr. Kiranmai V.	PG Student	BJ Medical College & Sassoon General Hospitals	Hospitals 6 Mar. 2014 To 7 Mar. 2014	

7	Dr. (Mrs.) N. G. Borade Dr. V. G. Jaltade Dr. M. S. Karandikar Dr. A. A. Jadhav Dr. R. S. Sood Dr. P. D. Khuje Dr Neelam P. Dr. S. S. Jadhav Dr. S. T. Methre Dr. Sheetal Salvi Dr. A. N. Diddee	Professor & HOD Professor Professor Professor Professor Professor Professor Professor Asso. Professor Asso. Professor Demonstrator	XL Annual Research Society Conference BJ Medical College & Sassoon General Hospitals	BJ Medical College & Sassoon General Hospitals. 6 Mar. 2014 to 7 Mar. 2014	Delegate
8	Dr. P. D. Khuje	Professor	CME on 'DTP on RNTCP 2014'	IMA-GFATM- RNTCP-PPM-RCC Project at Niramaya Hospital, Chinchwad, Pune 19 22 June 2014	Delegate
9	Dr. Neelam Prasad Dr. S. S. Jadhav	Professor Asso. Professor	Seminar on " Emotional Well Being"	Complaints committee, Dr.D.Y.Patil Medical College,Pimpri, Pune 18 Sept.2014	Delegate
	Dr. S. T. Methre Dr. Sheetal Salvi	Asso. Professor Asso. Professor			
10	Dr. Sheetal Salvi Dr. Ramya Jayakumar	Asso. Professor  Assit.  Professor	Basic Course Workshop in Medical Education Technology MET	Dr. D. Y. Patil Medical College, Pimpri, Pune. 16 <sup>th</sup> Oct to 18 <sup>th</sup> Oct 2014	Delegate
11	Dr. Neelam Bala Prasad	Professor	20 Dec. 2014 to 21 Dec. 2014 3 <sup>rd</sup> International	Department of Physiology, Smt. N.H.L. Municipal	Delegate
	Dr. Sheetal Salvi	Asso. Professor	Conference On Basic And Applied Physiology	Medical College, Ahemdabad. 20 Dec. 2014 to 21 Dec. 2014	
			Year 2015		
1	Dr. S. S. Jadhav	Asso. Professor	International Convention on	MGM Medical College & Hospital,	Delegate & Poster
	Dr. S. T. Methre	Asso. Professor	challenges in medical education	Aurangabad 9 Jan 2015 to 11 Jan 2015	presented

2	Dr. (Mrs.) N.G. Borade Dr. A. A. Jadhav Dr. V. G. Jaltade Dr. S. S. Jadhav Dr. A. N. Diddee	Professor & HOD Professor Professor Asso. Professor Demonstrator	41 <sup>st</sup> Annual Conference of Research Society of B.J. Medical College & Sassoon General Hospital, Pune.	BJ Medical College & Sassoon General Hospitals.  12 <sup>th</sup> & 13 <sup>th</sup> February 2015	Delegate
3	Dr. V. G. Jaltade	Professor	Annual medical conference Asclepiad 2015	Shri Bhausaheb Hire Govt. Medical College, Dhule 2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> March 2015	Delegate
4	Dr. R. S. Sood	Professor	Workshop on Public Health Preparedness, Response and Medical Management	Dr. D. Y. Patil Vidyapeeth, Pimpri Pune 18. 24 <sup>th</sup> & 25 <sup>th</sup> April 2015	Delegate
5	Dr. R. S. Sood	Professor	CME on Diagnosis and Management of Common Diseases and their Challenges	Asian Society of Continuing Medical Education May 2015	Delegate
6	Dr. R. S. Sood	Professor	CME on Psychiatric Neuroscience	Dr. D. Y. Patil Vidyapeeth, Pimpri	Delegate
	Dr. P. D. Khuje	Professor	- Treatoselence	Pune 18.	
	Dr. S. S. Jadhav	Asso. Professor		10 <sup>th</sup> & 11 <sup>th</sup> June 2015	
	Dr. Ashwini Patil	Assit. Professor			
	Dr. A. N. Diddee	Demonstrator			
	Dr. Prajakta C.	PG. Student			
	Dr. Sataree K.	PG. Student			
7	Dr. Ramya Jayakumar	Assit. Professor	Preventive Gynaec Oncology Conference	Deenanath Mangeshkar Hospital & Research Centre,Pune 13 <sup>th</sup> & 14 th June 2015	Delegate
8	Dr. Sriniwas Dhangar	Demonstrator	CME on Research Methodology	Dr. D. Y. Patil Medical College, Pimpri, Pune 5 July 2015	Delegate
9	Dr. R. S. Sood	Professor	Basic Course Workshop in Medical Education Technology MET	Dr. D. Y. Patil Medical College, Pimpri, Pune 28 <sup>th</sup> to 30 <sup>th</sup> July 2015	Delegate

10	Dr. V. G. Jaltade	Professor	3T Bioethics Training	DPU Unit of UNESCO	Delegate
	Dr. M. S.	Professor	Programme	Chair in Bioethics	C
	Karandikar		Workshop, for	(HAIFA)	
	Dr. R. S. Sood	Professor	Medical Teachers.	3 <sup>rd</sup> to 6 <sup>th</sup> August 2015	
			Unesco chair		
11	Dr. P. D. Khuje	Professor	bioethics (HAIFA)  Quality management	Dr. D. Y. Patil Dental	Delegate
11	Di. i . D. Khaje	Tiolessor	system as per ISO	College Pimpri Pune	Delegate
			9001 - 2008	7 <sup>th</sup> & 8 <sup>th</sup> August 2015	
12	Dr. S. S. Jadhav	Asso. Professor	MediACE 2015	Smt. Kashibai Navale	Delegate
				Medical College &	
				General Hospital 21 <sup>st</sup> &22 <sup>nd</sup> August	
				2015	
13	Dr. R. S. Sood	Professor	DPU Respiratory	Dr. D. Y. Patil Medical	Delegate
	Dr. P. D. Khuje	Professor	Update 2015	College, Pimpri, Pune	
	Dr. Sriniwas	Demonstrator		30 <sup>th</sup> August 2015	
	Dhangar	D 6	0 . 5.1		5.1
14	Dr. R. S. Sood	Professor	Course in Diabetes Mellitus (TOFID)	Diabetes India at Pune 30 <sup>th</sup> Aug 2015	Delegate
15	Dr. Nivedita	Assit.	IDCON 2015	Indian Medical	Delegate
	Sirdesai	Professor		Association Pimpri	C
				Chinchwad Bhosari	
				Branch 10 <sup>th</sup> -11 <sup>th</sup> Oct 2015	
16	Dr. (Mrs.) N.G.	Professor &	Menopause Uttarayan	Dr. D. Y. Patil College	Speaker
	Borade	HOD	In Women's Life at	of Physiotherapy	Бреакег
			Dr. D. Y. Patil	20 <sup>th</sup> Oct 2015	
			College of		
17	Dr. A. A.	Professor	Physiotherapy 4 <sup>th</sup> Annual Research	Mimer Medical	D.I.
1 /	Jadhav	Troicssor	Society Conference	College, Talegaon	Delegate
	Dr. Gurunath	PG. Student	Mimer Medical	Dabhade	
	Birajdar		College, Talegaon	23 <sup>rd</sup> & 24 <sup>th</sup> November	
	Dr. P.Chaudhari	PG. Student	Dabhade	2015	
18	Dr. R.S. Sood	Professor	APPICON 2015, the	AIIMS Jodhpur	Delegate
			61st Annual	26 Nov 2015 to 28 Nov 2015	
			Conference of Association of	2013	
			Physiologists &		
			Pharmacologists of		
			India at AIIMS		
			Jodhpur		
19	Dr. R.S. Sood	Professor	IMA GPCON 2015	IMA Pune & IMA	Delegate
				CGP, Pune Sub faculty 12 <sup>th</sup> & 13 <sup>th</sup> Dec 2015	
				12 & 13 Dec 2013	
20	Dr. M. S.	Professor	XXVIIth Annual	University Collages of	Delegate
	Karandikar		Conference of the	Science and	-

			Physiological Society of India at University Collages of Science and Technology University of Calcutta.  Year 2016	Technology University of Calcutta. 18 <sup>th</sup> to 20 <sup>th</sup> Dec 2015	
1	Dr. R. S. Sood	Professor	CME on Haematology	IMA, Pune 21st Feb 2016	Delegate
2	Dr. (Mrs.) N.G. Borade	Professor & HOD Professor	42nd Annual Conference of Research Society BJ	BJ Medical College & Sassoon General Hospitals	Delegate
	Dr. A. A. Jadhav Dr. Neelam Prasad	Professor	Govt. Medical College, & Sassoon General Hospital,	24 <sup>th</sup> to 26 <sup>th</sup> Feb. 2016	Paper presented
	Dr. RS Sood Dr. PD Khuje Dr. S. S. Jadhav	Professor Professor Asso. Professor	Pune		
	Dr. Seema Methre Dr. Sheetal Salvi Dr. Ashwini Patil Dr. Bageshree Pande Dr. Gurunath B. Dr. Chaudhari P	Asso. Professor Asso. Professor Assit. Professor Assit. Professor Professor PG. Student PG. Student			
3	Dr. M. S. Karandikar	Professor	19 <sup>th</sup> Annual MRC – Sneha International <b>Workshop</b> on Developmental Origins of Health and Disease	Center for cellular and Molecular Biology (CCMB), Hyderabad. 26 <sup>th</sup> to 28 <sup>th</sup> Feb. 2016	Delegate
4	Dr. A. A. Jadhav	Professor	CME on PCPNDT / MTP / family planning Scientific Program	IMA Pimpri & Medical Dept. Pimpri Chinchwad Municipal Corporation 6 <sup>th</sup> March, 2016	Delegate
5	Dr. R. S. Sood	Professor	International workshop on application of flow cytometry for health care professionals	Dr. D. Y. Patil Vidyapeeth, Pune. 11 <sup>th</sup> March 2016	Delegate
6	Dr. R. S. Sood Dr. S. S. Jadhav Dr. S. T. Methre Dr. Sheetal Salvi Dr. Ashwini Patil	Professor Asso. Professor Asso. Professor Asso. Professor Assit. Professor	CME on Epilepsy update 2016	Dr. D. Y. Patil Medical College, Pimpri Pune 18. 12 <sup>th</sup> March, 2016	Delegate

7	Dr. R. S. Sood	Professor	CME on womens health	IMA, Pune 13 <sup>th</sup> March, 2016	Delegate
8	Dr. Neelam P.	Professor	3T plus & Bioethics training programme workshop for Medical teachers	Dr. D. Y. Patil Vidyapeeth, Pune. 4 <sup>th</sup> to 6 <sup>th</sup> April 2016	Delegate
9	Dr. R. S. Sood	Professor	2 <sup>nd</sup> <b>Mini-symposium</b> on Cell Biology	National Centre for Cell Science, Pune 11 <sup>th</sup> May 2016	Delegate
10	Dr. Nivedita Sirdesai	Assit. Professor	Basic workshop in Health Sciences Education Technology	D. Y. Patil Dental School, Lohegaon, Pune 10 <sup>th</sup> August 2016 to 12 <sup>th</sup> Aug 2016	Delegate
11	Dr. R. S. Sood	Professor	Basic course on statistical packages for health research	Medical education Technology unit, Dr. D. Y. Patil Medical College,Pimpri Pune 24 <sup>th</sup> to 25 <sup>th</sup> Aug. 2016	Delegate
12	Dr. Seema Methre	Asso. Professor	16 <sup>th</sup> National <b>Seminar</b>	Jawaharlal Nehru	Poster
	Dr. Bageshree Pande	Assit. Professor	on Non Invasive Diagnostic Procedures in Cardiovascular Physiology-Recent Advances	Medical College, Belagavi 27 <sup>th</sup> Aug. 2016	presented
13	Dr. R. S. Sood	Professor	Pre conference workshop: Writing a research paper for publication in a pubmed indexed journal ASSOPICON- 2016	Dept. of Physiology BLDE university's Shri B. M. Patil Medical College, Hospital & Research Centre, Vijayapur, Karnataka. 14 Sept. 2016	Delegate
14	Dr. P. D. Khuje	Professor	1 <sup>st</sup> National Teachers' Congress	MAEER's MIT Group of Institutions, Pune 23 <sup>rd</sup> to 25th Sept. 2016	Delegate
15	Dr. R. S. Sood	Professor	IMA CGP Maharashtra State Annual <b>Conference</b> 2016	Dr. Nitu Mandke IMA House, Pune 16 <sup>th</sup> Oct. 2016	Delegate
16	Dr. R. S. Sood	Professor	62 <sup>nd</sup> Annual Conference of Physiologists and Pharmacologists of India. APPICON 2016	All India Institute of Medical Sciences, Patna, Bihar. 22 Oct. 2016 to 24 Oct. 2016	Oral paper Poster presentation

17	Dr. P. D. Khuje	Professor	CME on "PCPNDT Act Implementation"	Yashwantrao Chavan Memorial Hospital, Pimpri 23rd October 2016	
18	Dr. R. S. Sood	Professor	XXVIIIth Annual conference of the physiological Society of India. Midnapore, West Bengal, India.	Midnapore college (Autonomous) Midnapore, West Bengal, India. 18 Nov 2016 to 20 Nov 2016	Paper presented
19	Dr. S. T. Methre	Asso. Professor	CME on People's	Department of	Delegate
	Dr. Ashwini Patil	Assit. Professor	health & quality of life	community Medicine Dr. D. Y. Patil Medical College, Pimpri Pune 18 <sup>th</sup> to 22 <sup>nd</sup> Nov 2016	
20	Dr. R. S. Sood	Professor	Pre conference workshop –Advances in Cardiology and Combating Medicolegal Terror	MULTICON 2016 IMA, Pune 27 <sup>th</sup> Nov 2016	Delegate
21	Dr. Neelam Bala Prasad	Professor	5 <sup>th</sup> Annual research society conference,	Maeer's Mimer medical college,	Poster presented
	Dr. Sataree Kothadia	PG. Student	Maeer's Mimer medical college, Talega on Dabhade	Talegaon Dabhade 1 Dec 2016 to 2 Dec 2016	
22	Dr. R. S. Sood	Professor	MULTICON 2016	IMA Pune at Annabhau Sathe Sabhagruh, Pune, 3 Dec 2016 to 4 Dec 2016	Poster presented
			<b>Year 2017</b>		
1	Dr. R. S. Sood	Professor	International Symposium on Integrating yoga and medicine: Developing evidence based guidelines	Deenanath Mangeshkar Hospital & Research Center, Pune 15 <sup>th</sup> January 2017	Delegate
2	Dr. R. S. Sood	Professor	Thyroid disorders	IMA, Pune	Delegate
	Dr. N. N. Sirdesai	Assit.Professor	CME-1	21st January 2017	
3	Dr. R. S. Sood	Professor	Thyroid disorders	IMA, Pune	Delegate
	Dr. N. N. Sirdesai	Assit.Professor	CME-2	28 <sup>th</sup> January 2017	
4	Dr. R. S. Sood	Professor	Thyroid disorders	IMA, Pune	Delegate

	Dr. N.N.Sirdesai	Assit.Professor	CME-3	4 <sup>th</sup> Feb2017	
5	Dr. M. S. Karandikar	Professor	2 <sup>nd</sup> David Barker Memorial	Bharati Vidyapeeth University Medical	Delegate
	Dr. R. S. Sood Professor Symposium  Departmental origins	Symposium  Departmental origins	College, Pune 18 <sup>th</sup> February 2017		
	Dr. V. G. Jaltade	Professor	of health and disease	10 10014419 2017	
	Dr. P. D. Khuje	Professor			
6	Dr. N. G. Borade	Prof. & HOD	43rd Annual	B. J. Government	Delegate
	Dr. M. S. Karandikar	Professor	Conference of The	Medical College &	
	Dr. V. G. Jaltade	Professor	Research Society of B. J. Government	Sassoon General Hospital, Pune	
	Dr. P. D. Khuje	Professor	Medical College &	21 Feb 17 to 23 Feb 17	
	Dr. S. S. Jadhav	Asso. Professor	Sassoon General		
	Dr. S. T. Methre Dr. Ramya	Asso .Professor Assit.	Hospital, Pune		
	Jayakumar	Professor			
	Dr. B. N. Pande	Assit.			
		Professor			
7	Dr. R. S. Sood	Professor	B. J. Government	21 Feb 17 to 23 Feb 17	Delegate &
	Dr. A. N. Patil	Assit.	Medical College & Sassoon General		Paper
		Professor	Hospital, Pune		presented
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8	Dr. Nivedita Sirdesai	Assit.Professor	CME on Laboratory Medicine in Clinical	IMA Pune	Delegate
			Practice-2	25 <sup>th</sup> March 2017	
9	Dr. Neelam Prasad	Professor	Midterm national	Geriatric Society of India, Pune Chapter at	Delegate
	Dr. Sheetal Salvi	Asso. Professor	conference of GSI, Pune chapter on	Dr. D. Y. Patil Medical	
			Current & Future Challenges of Healthy	College, Hospital & Research	
			Aging	Centre,Pimpri Pune	
				15 April 17 to 16 April 17	
10	Dr. Nivedita	Assit.	Certificate course in	Public Health	D 1
10	Sirdesai	Professor	Evidence Based	foundation of India,	Delegate
			Diabetes Management	New Delhi and Dr.	
				Mohan's Diabetes Education Academy,	
				Chennai	
				01 May2017 to 30	
				April 2018	
11	Dr. Ramya	Assit.Professor	Basic course on	Dept. of Community	Delegate
	Jayakumar		statistical packages	medicine & MET unit	

	Dr. Ashwini Patil	Assit.Professor	for health research	Dr. D. Y. Patil Medical College, Hospital & Research Centre 4 <sup>th</sup> to 5 <sup>th</sup> May 2017	
12	Dr.Seema Methre	Asso. Professor	Confluence 2017,Seth GS Medical College &KEM Hospital	Seth GS Medical College & KEM Hospital Mumbai 28 July 2017	Delegate
13	Dr. V. G. Jaltade	Professor	RESPIRARE 2017 All India Medical Students Conference	B. J. Government Medical College & Sassoon General Hospital, Pune 3 Aug to 5 Aug 2017	Delegate
14	Dr.N.G.Borade Dr.V.Hegade	Professor& HOD PG Student	Mediac 2017, Smt.Kashibai Navale Med.Coll.&Gen.Hosp	Smt.Kashibai Navale Med.Coll.&Gen.Hosp 10-12 Aug. 2017	Delegate
15	Dr. R. S. Sood	Professor	CME on Pediatric Dermatology, Fluid Therapy & Vector Borne Disease	Indian Medical Association, Pune 27 Aug. 2017	Delegate
16	Dr. R. S.Sood	Professor	ATPCON2017, Natio nal conference on Physiology of Ageing	SVS Medical College, Yenugonda, Mahabubn agar, Telangana, 30 Aug. 2017	Delegate
17	Dr. R. S. Sood	Professor	Workshop on "Field & Laboratory techniques for exercise and sports Physiology"	APPICON 2017 JIPMER, Puducherry 10 Oct. 2017	Delegate
18	Dr. R. S. Sood	Professor	Workshop on "Transcranial Magnetic Stimulation : A noninvasive technique For neural repair & plasticity	APPICON 2017 JIPMER, Puducherry 10 Oct. 2017	Delegate
19	Dr. R.S.Sood	Professor	CME on clinical & Research Opportunities for young budding Physiologists	JIPMER, Pondicherry 11 <sup>th</sup> Oct. 2017	Delegate

20	Dr.R.S.Sood Dr.Seema Methre	Professor Asso. Professor Assit.	63 <sup>rd</sup> Annual Conference of Association of	Jawaharlal Institute of Postgraduate Medical Education & research,	Delegate Paper presented
	Dr.Ramya Jayakumar	Professor	Physiologist & Pharmaco logist of India Appicon 2017	Puducherry 12 to 14 Oct. 2017	
21	Dr. Seema Methre	Asso. Professor	CME on Intravenous	Aditya Birla Memorial	Delegate
	Dr. Nivedita Sirdesai	Assit.Professor	fluids and electrolytes	Hospital Pune & Indian Society of Anaesthesiologists 12 <sup>th</sup> Nov 2017	
22	Dr. R. S. Sood	Professor	Workshop I:	IMA Pune	Delegate
			Haematology Workshop II: Demistify AUB /DUB	26 <sup>th</sup> Nov. 2017	
23	Dr. R. S. Sood	Professor	MULTICON 2017	IMA Pune	Delegate
				02 <sup>nd</sup> Dec. 2017 to 03 <sup>rd</sup> Dec. 2017	Paper presented
24	Dr. Sheetal Salvi	Asso. Professor	CME Miscellany 2017	IMA Pune & Dr. D. Y. Patil Medical College, Hospital & Research Centre, Pimpri Pune- 3 <sup>rd</sup> Dec 2017	Delegate
			Year 2018	<u> </u>	
1	Dr. Seema Methre	Asso. Professor	CME Aditya Birla Annual Cardiology Simmit 2018	Aditya Birla Memorial Hospital, Pune 21st Jan.2018	Delegate
2	Dr. R. S. Sood	Professor	CME on Skin Allergy and Anaphylaxis	IMA Pune 02 Feb 2018	Delegate
3	Dr. R. S. Sood	Professor	78 <sup>th</sup> National course on Educational Science for teachers of Health Professionals	Jawaharlal Institue of Postgraduate Medical Education and Research Puducherry 19 Feb to 24 Feb 2018	Delegate
4	Dr. (Mrs.) N.G. Borade Dr. V. G. Jaltade Dr.P. D. Khuje Dr.Sugata Jadhav Dr.Sheetal Salvi	Professor & HOD Professor Professor Asso. Professor Asso. Professor	44 <sup>th</sup> Annual research society <b>conference</b> organized by Department of radio diagnosis. B.J. Medical College & Sassoon General Hospital, Pune.	Research Society of B J Govt. Medical College & Sassoon General Hospitals, Pune. 21st to 23rd Feb 2018	Delegate & Paper presented

5	Dr. R.S. Sood	Professor	National <b>conference</b> on "Role of yoga in stress management"	Dr. D. Y. Patil Medical college, Kolhapur 22 <sup>nd</sup> & 23 <sup>rd</sup> March 2018	Delegate/ oral paper presentation
6	Dr. Nivedita Sirdesai	Assit. Professor	Introduction to and internal auditing as per ISO 19011-2011for quality management system (QMS)	VP productivity & quality services 25 <sup>th</sup> April 2018	Delegate
7	Dr. R. S. Sood	Professor	Live course on Advanced Teaching Skills	Harvard Medical School, Boston, Massachusetts, USA. 08 June 2018 to 09 Jun 2018	Delegate
8	Dr. Ashwini Namdeorao Patil	Assit. Professor	CME on Good clinical practice current regulatory and ethical requirements for conducting clinical trials/research ic India including Schedule	India Institute of medical sciences(AIIMS), Jodhpur 4th &5th Aug.2018	Delegate
9	Dr. R. S. Sood	Professor	CME: Multiple Myeloma	IMA, Pune 2 <sup>nd</sup> Sept.	Delegate
10	Dr. R. S. Sood	Professor	CME: Obstetrics and Gynecology Pot pourri	IMA, Pune 30 <sup>th</sup> Sept. 18	Delegate
11	Dr. R. S. Sood	Professor	International education training 'Physiology Education Workshop 2018' organized by ICMR &	International Union of Physiological Sciences (IUPS), at AIIMS Jodhpur 03 <sup>rd</sup> Nov 2018 to 05 <sup>th</sup> Nov 2018	Delegate
12	Dr. R. S. Sood	Professor	Physiology and Pharmacological perspective on integrated approach to lifestyle disorders and webinar session on Newer teaching strategies & research studies	Departments of Physiology & Pharmacology, Melaka Manipal Medical College and Kasturba Medical College- Manipal, Manipal Academy of Higher Education, Karnataka 27 <sup>th</sup> Nov2018	Delegate
13	Dr. R. S. Sood Dr.(Mrs.)R Jayakumar	Professor Assit. Professor	Workshop on "EEG and ERP-recording and analysis	Departments of Physiology &	Delegate

	Dr. A.N Patil	Assit. Professor		Pharmacology, Melaka Manipal Medical College and Kasturba Medical College- Manipal, Manipal 28 Nov 2018	
14	Dr. RS Sood, Dr. S. S. Jadhav Dr. S.T. Methre Dr. R Jayakumar, Dr. AN Patil	Asso. Professor Asso. Professor Assit. Professor Assit. Professor	'64 <sup>th</sup> Annual National <b>Conference</b> of Association of Physiologists & Pharmacologists of India' (APPICON 2018),	Departments of Physiology & Pharmacology, Melaka Manipal Medical College and Kasturba Medical College- Manipal, Manipal Academy of Higher Education, Karnataka 29 Nov 2018 to 01 Dec 2018	
15	Dr. R. S. Sood Dr.Nivedita Sirdesai Dr. Subi Raju	Assit. Professor Demonstrator	Workshop I: Diabetic Foot workshop II: CKD in primary care	MULTICON 2018 IMA, Pune 2 Dec 2018	Delegate
16	Dr. Ashwini Namdeorao Patil	Assit. Professor	Workshop on "Techniques in Physiology Sciences"	India Institute of medical sciences(AIIMS), Jodhpur 5 <sup>th</sup> -7 <sup>th</sup> Dec 2018	Delegate
17	Dr. R. S. Sood	Professor	CME on Multispecialty	Indian Medical Association Pune 08 Dec 2018 to 9 Dec 2018	Delegate
18	Dr. Sheetal Salvi	Asso.Professor	CME Pediatric Superspeciality	D.Y.Patil Medical College 9 <sup>th</sup> Dec 2018	Delegate
19	Dr. P. D. Khuje	Professor	Annual conference of respiratory, critical care & sleep medicine	Dept. of Rspiratory Medicine, Dr. D. Y. Patil Medical College, Hospital & Research Centre 22 <sup>nd</sup> -23 <sup>rd</sup> Dec 2018	Delegate
			Year 2019		
1	Dr. R.S. Sood	Professor	Laboratory Diagnosis and Management of Mycobacterial Diseases	Indian Medical Association, Pune 13 Jan 2019	Delegate
2	Dr. R.S. Sood	Professor	Skill development	University centre for	Delegate

	Dr. A.N. Patil	Assit. Professor	workshop on theory and practice of problem based learning	professional educational faculty development ,Dr. D.Y. Patil Vidyapeeth, Pune 25 Jan 2019 - 26 Jan 2019	
3	Dr. V. G. Jaltade  Dr. R. S. Sood  Dr.Sugata Jadhav  Dr.Sheetal Salvi  Dr.Bageshree Pande	Professor& HOD Professor Asso. Professor Assit. Professor	45 <sup>th</sup> Annual research society <b>conference</b> of the Research Society of B J Govt. Medical College & Sassoon General Hospitals, Pune.	Department of radio diagnosis. B.J. Medical College & Sassoon General Hospital, Pune. 20 <sup>th</sup> to 22 <sup>nd</sup> February2019'	Delegate
4	Dr. R. S. Sood	Professor	National <b>Symposium</b> in Modern Biology & Biotechnology 2019 (RAMBB 2019)	Dr. D. Y. Patil Biotechnology and Bioinformatics Institute, Dr. D. Y. Patil Vidyapeeth, Pune. 12 <sup>th</sup> March 2019 to 16 March 2019	Delegate Paper presented
5	Dr. V.G.Jaltade Dr.M. S. Karandikar Dr. Neelam Prasad Dr.Nivedita Sirdesai	Professor Professor Professor Assit. Professor	Workshop on Curriculum Implementation Support Program	University centre for professional educational faculty development ,Dr. D.Y. Patil Vidyapeeth, Pune 22 April to 24 April 2019	Delegate
6	Dr. R.S. Sood	Professor	Workshop on Stress Management & Office Etiquettes	University centre for professional educational faculty development ,Dr. D.Y. Patil Vidyapeeth, Pune 27 April 2019	Delegate
7	Dr.Nivedita Sirdesai	Assit. Professor	Workshop on Basic life support & Advanced cardiac life support	Symbiosis Institute of Health Sciences Dr. D. Y. Patil Medical college, Hospital & Research Center, Pune 7 <sup>th</sup> May to 9 <sup>th</sup> May 2019	Delegate
8	Dr. R.S. Sood	Professor	National Conference and Hands on Workshop on Non-	Association of Physiologists & Pharmacologists of	Delegate

			Invasive Assessment of Neural & Vascular Functions in Diabetes	India, Nashik Chapter, in association with MVPS Dr. Vasantrao Pawar Medical College, Hospital & Research Centre, Nashik 16th May 2019	
9	Dr. R. S. Sood	Professor	National Conference and Hands on Workshop on Non- Invasive Assessment of Neural & Vascular Functions in Diabetes	Association of Physiologists & Pharmacologists of India, Nashik Chapter, in association with MVPS Dr. Vasantrao Pawar Medical College, Hospital & Research Centre, Nashik 17 <sup>th</sup> May 2019	Delegate & Paper presented
10	Dr. A. N.Patil	Assit. Professor	All India woman doctors conference - National Evecon - 2019 And Wimals	IMA national woman doctors wing & IMA Goa state woman doctors wing 22 <sup>nd</sup> & 23 <sup>rd</sup> June 2019	Delegate
11	Dr. A. N.Patil Dr. B. N. Pande	Assit. Professor Assit. Professor	Digital blended learning in medical physiology	All India institute of Medical sciences, Nagpur 29 <sup>th</sup> June 2019	Delegate

#### 13. Best Practices

- ❖ MOOC (Massive open online courses- SWAYAM) was launched on 26/07/2017 with the econtent of platforms 'Critical thinking' and 'Bridging the dementia divide'
- ❖ Yoga training sessions are conducted under the guidance of yoga experts from Shriyog Institute of Iyengar Yoga Pune to promote physical & mental well being of students.







❖ Guest Lectures: Every year guest lectures are conducted by eminent speakers on yoga, fitness & health management.

#### **Sest publication: 01**

Multigenerational undernutrition increases susceptibility to obesity and diabetes that is not reversed after dietary recuperation <u>Journal:</u> Cell metabolism (Impact Factor: 20.565) Vol. 22, Dr. M. S. Karandikar

#### **Set presentation: 01**

One of our PG student Dr. Gurunath Birajdar has received best paper award at 42<sup>nd</sup> Annual Conference, the research society of B. J. Govt. Medical College and Sassoon General Hospital, Pune on 24<sup>th</sup> Feb to 26<sup>th</sup> Feb 2016 (Title: Effect of smoking on pulmonary function tests)

#### **Sest Funded Research Project (by University of Sydney Australia)**

Efficacy in treating iron deficiency anemia of pregnancy with lactoferrin. (Principle Investigator – Dr. M. S. Karandikar)

#### **\*** Best workshop attended by faculty

Live course titled "Advanced Teaching Skill" Harvard Medical School. Boston attended by Dr. R. S. Sood in 8<sup>th</sup> & 9<sup>th</sup> June 2018.