## 1. Fellowship in Rheumatology



### 1. Information related to course

OPD- twice a week (Tuesday / Friday)
IPD Refrence – daily
Daily Ward / ICU rounds

- 1. Introduction to Musculoskeletal system and approach to musculoskeletal disease 4 weeks
- 2. Examination of joints and skeleton: 4 weeks
- 3. Basic investigations: biochemical, immunological and radiology: 3 weeks
- 4. Rheumatoid arthritis: 4 weeks
- 5. Spondyloarthritis: 3 weeks
- 6. Approach to connective tissue disease: 3 weeks
- 7. Systemic lupus erythematosus: 3 weeks
- 8. Other CTD: Ssc, PM/DM/Sjogrens/MCTD and overlap syndromes: 5 weeks
- 9. Vasculitis: 4 weeks
- 10. Rheumatology: Indian perspective: 4 weeks: 1 week each: Chikungunya related arthritis, viral and post viral arthritis, TB and Leprosy related arthropathy
- 11. Paediatric rheumatology: a brief overview: 2 weeks
- 12. Osteoarthritis, Crystal arthropathies, Osteoporosis: 2 weeks
- 13. Miscellaneous : Fibromyalgia, soft tissue rheumatism, Sarcoidosis, autoinflammatory syndromes : 2 weeks
- 14. Allied: skin, eye, gut and neurology in Rheumatic disease: 4 weeks
- 15. Therapeutics and recent advances including biologic therapy: 2 weeks

### 2. Duration- 1 Year

## **3. Training Facilities** – OPD, Intra-articular Injection

- i. Structure of the course:
  - Fellow will attend rheumatology OPD/Clinic services provided by Department of Medicine on 2 days a week: Mondays and Wednesdays.
  - Rounds in morning of admitted patients and liason with medicine residents.
  - Attend interdepartmental calls
  - Learn and perform basic procedures such as joint aspirations and injections

### Academics:

- Ø Case presentation : Once a week on Wednesday
- Ø Seminar on clinical aspects or management/ recent advances :  $1^{st}$  and  $3^{rd}$  Monday (30 mins)
- Ø Journal club: latest research/therapeutics: every  $2^{nd}$  and  $4^{th}$  Monday
- Ø Project: fellow will have to prepare a short project work which can be an observational or case control study/survey duly approved by IEC and College scientific committee and submit the report to the faculty
- Ø Present 1 paper / poster in a national conference (IRACON) or present 2 presentations at local/regional meetings of MRA.

# 4. Teaching Faculty Details

Dr. Girish Kakade (DNB Rheumatology)

Dr. Shweta Khopde (Fellowship Rheumatology)



- **5. Infrastructure Facilities** OPD, Ward
- **2. Fees :** 1,00,000/- (Rupees One lakh Only)