

❖ Extension & Outreach

- **World Diabetes Day Organized By Department Of Medicine.**

Department of Medicine , Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, organised a free health check-up and awareness lecture series on the occasion of World Diabetes Day on 14th November. Health checkup camp included tests such as blood sugar check, haemoglobin, BP, ECG, (diabetic neuropathy) leg vein checkup, and (diabetic retinopathy) eye checkup, along with guidance on physiotherapy, exercise and diet, diabetic foot care (diabetic foot) and donation of the pancreas. More than 400 patients participated in the seminar and health checkup camp.

Under the able guidance of Dr. P. D. Patil (Chancellor, Dr. D. Y. Patil University), and Dr. Yashraj Patil (Trustee and Treasurer) the inauguration of the program took place. Dr. Bhagyashree Patil ma'am (Pro-Chancellor), Dr. N. J. Pawar (Vice-Chancellor), Dr. Vrushali Patil (renowned Transplant Surgeon), Dr. Vatsala Swamy (Director, Education Department), Dr. A. L. Kakarani, Dr. Jitendra Bhavalkar (Dean), Dr. Sunil Rao (CEO, DPU Hospital), Dr. Shubhangi Kanitkar (Head, Medicine Department), and Dr. H. H. Chavan (Medical Superintendent) were present for the event. Moderated by Digambar Dhokle, the keynote speaker for the event was a well-known poet Shri. Anant Raut along with Dr. Vinayak Harale (Diabetes and Endocrinology Specialist) and renowned diabetes experts Dr. Anu Gaikwad and Dr. Vijayashree Gokhale.

“Diabetes Education For Patients ” was conducted in Medicine OPD of Dr .D.Y .Patil Medical College and Hospital on 15 th November 2022

The emphasis was on

- 1) Optimum control of Blood Sugar by Diet, Exercise and Medication
- 2) Regular check ups of Blood Sugar, HbA1c, Lipid Profile ,RFT
- 3) Regular visits to Ophthalmologist , Cardiologist ,Neurologist ,Nephrologist to detect Early Retinopathy ,nephropathy , Neuropathy and other complications
- 4) **A new treatment modality “ Pancreatic Transplant “ was Explained**
- 5) Dr. V.S.Gokhale , and Medicine Residents conducted this programme
- 6) Dr.VijayKumar ,Faculty Physiotherapy and Physiotherapy Students conducted Education programme on Individualised Exercise Training for Diabetic Patients



- **Health Check up camp for elderly was conducted by Department of Medicine**

The department of Medicine organized Health Check up camp for elderly by Dr. Shubhangi Kanitkar Professor and Head of Department and Dr. G. S. Shiddapur Professor and HOU organized the camp along with Dr. Nilesh Jagdale Asst Professor and residents from Department of Medicine. On 17th February 2023 in Medicine OPD.

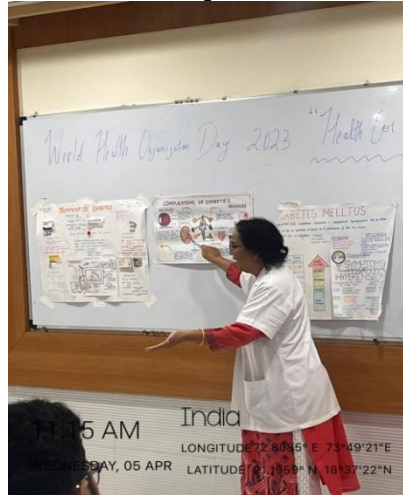
Health Check up camp for elderly was conducted by Department of Medicine at Dr. D. Y. Patil Medical College Hospital and Research Centre Pimpri Pune on the occasion of the birthday of our respected Chancellor, Dr. P. D. Patil Sir and Dr. Yashraj P. Patil and Dr. (Mrs.) Smita Jadhav Madam on Friday 17th February 2023 in Medicine OPD.

Health check up and following investigations were done free of cost Haemoglobin Blood sugar random and ECG 50 elderly citizens participated.



- **World health day observed by Department of Medicine on 05 April 2023.**

Dr. Pradnya Diggikar, Professor gave talk on Diagnosis Treatment and Diabetes Mellitus to patients and relatives of patients. Medicine students UG and PG also participated in diabetes awareness programme. Dr. S. A Kanitkar Professor and HOD was present over the function. Posters made by UG and PG students on diabetes awareness, prevention and treatment was displayed.



- **Talk on Isolated systolic hypertension on Docplexuson 17th May 2023**

Dr Shubhangi Kanitkar Professor and Head Department of Medicine delivered a talk on Docplexus Platform on the occasion of world hypertension day.

Topic was Isolated Systolic Hypertension in the Elderly.

Link for the talk

1. Docplexus link-Accessible to all:" <https://www.docplexus.com/open-webinar/5266c904-b438-47b7-aa0b-017b2b0352de/Isolated-Systolic-Hypertension-in-Elderly>
2. You tube linkYT : <https://www.youtube.com/watch?v=QrsCxDzmuyyc>

- **Health Check up camp for Elderly by Department of Medicine and Department of Geriatric Medicine.**

Health Check up camp for senior citizens was conducted by Department of Medicine and Department of Geriatric Medicine on occasion of birthday of Respected Bhagyashreetai Madam.

Dr. Shubhangi Kanitkar Professor and Head Department of Medicine and Dr. Anu Gaikwad Professor and Head Department of Geriatric Medicine, Dr Harish Chaudhary, Asso Prof and Dr Prasad Asst Professor conducted the camp along with residents from Department of Medicine.

Health Check up and following investigations - Hemoglobin, BSL, ECG were done free of cost. 40 senior citizens attended the camp.



- **Dr. Shubhangi Kanitkar, Professor & Head, Faculty at CME organized by GSI Pune at Astha which is a center for assisted living for the elderly.**



- **BMD Camp**

Department of General medicine conducted camp on BMD measurement on 04th December 2023 in General Medicine OPD No. 3 under Dr. Shubhangi Kanitkar, Prof & HOD, Dr. Sachin Shivnitwar, Associate Professor, Unit I.



- **Health Check up camp for senior citizens on 1st August 2023**

Health Check up camp for senior citizens was conducted by Department of Medicine and Department of Geriatric Medicine on occasion of birthday of Respected Bhagyashreetai Madam. Dr. Shubhangi Kanitkar Professor and Head Department of Medicine and Dr. Anu Gaikwad Professor and Head Department of Geriatric Medicine, Dr Harish Chaudhary, Asso Prof and Dr Prasad Asst Professor conducted the camp along with residents from Department of Medicine.

Health Check up and following investigations - Hemoglobin, BSL, ECG were done free of cost. 40 senior citizens attended the camp.



- **World Lupus Day -**

Department of general Medicine conducted world Lupus Day on 14.05.2024 in Medicine OPD No. 3 at 3.00 pm to 5.00 pm.

Systematic Lupus Erythematosus (SLE) patients and there relatives were given guidance about the diasese and its management by Dr.S.A Kanitkar Professor & HOD,General Medicine , Dr.Girish Kakade, MD Medicine, Consultant , Dr. Devyani Pol, Assistant Professor, Dermatology, Dr. Shweta Khopde, Assistant Professor, General Medicine conducted the proceedings.

Third Professional MBBS Part - II students also participated in the event.

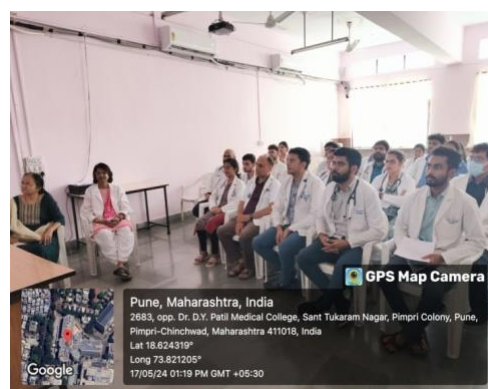
They had made flashcards giving information about SLE which they displayed to patients.



- **Observance Of World Hypertension Day 2024-**

On the occasion of world hypertension day 2024 Department of General Medicine conducted following activities-

1. A health checkup & health awareness camp was conducted for patients with hypertension in Medicine OPD on 17/05/2024 from 10.00am to 2.00pm. Dr. Harshad Patel Assistant professor communicated to the patients regarding importance of regular blood pressure check up. He also spoke about lifestyle modifications & other treatment modalities for hypertension.
2. Faculty and PG Residents attended the National Webinar on 17th May on World Hypertension Day 2024 with an aim to highlight the importance of monitoring blood pressure and bringing awareness among the people with high blood pressure.
3. Dr. Shubhangi Kanitkar Professor & Head, General Medicine & Dr.Madhulika Mahashabde Professor & HOU, General Medicine addressed PG Students about risk factors and complications of hypertension.



1. Dr. S. A. Kanitkar, Professor, Dept of General Medicine contributed two Chapters in the Textbook of Geriatric Medicine Principles & Practices of Geriatric Medicine 2015.
2. Dr. Vikram Vikhe, Professor & Head of the Department of General Medicine, was invited as a Chairperson/Judge for the **INVENTUM 2025** conference at the **Pravara National Level UG-PG Health Sciences Convention**. The event took place from **20th to 22nd March 2025** at **Pravara Institute of Medical Sciences, Loni, Ahilyanagar**.
3. API Meet Pune on 23rd Feb 8 cases was presented by the residents of General Medicine Department.



4. TB sensitization workshop was organized on Date 12/03/2025 at Lecture Hall 1 at Dr D Y Patil Medical college Hospital and Research centre on occasion of World TB day. Dr Kishor Khillare, Professor, Dept of Medicine has conducted sensitization workshop on Topic 'TB today: Innovations and insights in National Tuberculosis Elimination Programme (NTEP)'



5. Dr Manasi Harale was invited to speak on the topic of आरोग्यम् धन संपदा in Madhushree Vyakhyanmala. Madhushree Vyakhyanmala is a lecture series conducted each year from 15years on topics of general importance for public. The lecture was appreciated by all and also was published in Marathi newspapers.
6. Dr Manasi Harale participated in scientific program on GUT HEALTH AND DIABETES. It was a 2 video module program with MCQ test . She completed this program successfully in May 2025.



1. Dr. Manasi Harale was invited as a speaker to a programme on Newer Insulins at Hotel Pride Shivajinagar on 15th February 2025.

Agenda

Time	Session	Speakers
8:30 - 9:30 PM	Welcome Address	Moderator - Dr. Aniket Joshi
9:30 - 9:45 PM	Existing insulin	Dr. Abhay Mane
9:45 - 9:55 PM	Basal insulin evolution - Time to upgrade	Dr. Manisha Deshmukh
9:55 - 10:05 PM	Basal insulin evolution Innovate... don't improvise	Dr. Lakshmi Kant Kulkarni
10:05 - 10:15 PM	Downing the hat of a clinician- initiating insulin	Dr. Sunil Mandhokar
10:15 - 10:30 PM	Advancing diabetes care with Degludec in advanced diabetes cases	
9:30 - 10:00 PM	Unmet Needs	Moderator - Dr. Jitendra Agrawal
9:30 - 9:45 PM	OD basal insulins - The best is not enough	Dr. Manasi Harale
9:45 - 10:00 PM	The journey to transform begins	Dr. Rajat Doshi
10:00 - 10:15 PM	Digital solutions	Moderator - Dr. Shrawan Kamble
10:15 - 10:30 PM	Technoeconomics and diabetes	Dr. Vichar Nigam
10:30 - 10:45 PM	Well begun is only half done	Dr. Abhay Mali
10:45 - 10:55 PM	Dose Check shaping the tomorrow	Dr. Swapnil Pagar
10:55 - 11:00 PM	Quiz	Organizers
10:55 - 11:00 PM	Vote of Thanks	Organizers



2. Dr. Manasi Harale was invited as a panelist at Incretin Queens program of Obesity on the occasion of Women's Day. Conducted on 1st March 2025 at Hotel Pride, Pune.

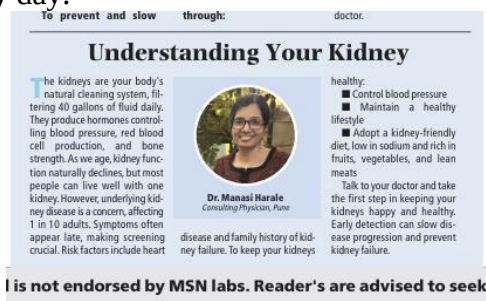
Incretin Queens		
AGENDA	TIME	FACILITATOR
Introduction & Setting the context	08:30 PM - 08:45 PM	Dr. Manasi Harale
Session 1: Moderator - Dr. Manasi Harale	08:45 PM - 09:00 PM	Dr. Manasi Harale
The need for personalized medicine	09:00 PM - 09:15 PM	Dr. Manasi Harale
Exploring the implications of GLP-1 agonists in clinical applications	09:15 PM - 09:30 PM	Dr. Manasi Harale
Shaping the GLP-1 agonist in patients with type 2 diabetes with and without comorbidities	09:30 PM - 09:45 PM	Dr. Manasi Harale
Session 2: Moderator - Dr. Manasi Harale	09:45 PM - 10:00 PM	Dr. Manasi Harale
Cancer based discussion on role of GLP-1 agonists in addressing CDM	10:00 PM - 10:15 PM	Dr. Manasi Harale
Session 3: Moderator - Dr. Manasi Harale	10:15 PM - 10:30 PM	Dr. Manasi Harale
Optimizing outcomes with Semaglutide in Diabetes (Study Session D42)	10:30 PM - 10:45 PM	Dr. Manasi Harale
Expert Panel Discussion	10:45 PM - 11:00 PM	Dr. Manasi Harale
Session 4: Moderator - Dr. Manasi Harale	11:00 PM - 11:15 PM	Dr. Manasi Harale
Expert Panel Discussion	11:15 PM - 11:30 PM	Dr. Manasi Harale
Summary & Closing remarks	11:30 PM - 11:45 PM	Dr. Manasi Harale



3. Dr. Manasi Harale was invited as Chairperson to chair insulin workshop at International Diabetes Summit conducted on 7,8,9 March 2025 at J W Marriott, Pune
4. Dr. Manasi Harale's article was featured in Indian Express Newspaper on 8th March 2025 on occasion of Women's Day.



- Dr. Manasi Harale's article featured in Indian express newspaper (17th March) on the occasion of World Kidney day.



- Student Scientific Society, AFMC & API- AFMC present Sickle cell disease quiz on occasion of World Sickle Cell Awareness Day on 19 June 2025 “Transforming Care and Strengthening communities” for PG residents from all over India. Dr. Dhairya Sanghani, JR-II & Dr. Ahaana Chakraborty, JR-II won Third Prize in this quiz from Department General Medicine under the guidance of Dr. Vikram Vikhe, professor & HOD & Dr. J.S. Dhadwad, Professor & HOU.
- Diabetes and Obesity metamorphosis conference was held on 27th to 29th June, 2025 at Hyatt Pune by Noble Hospital. Dr. Manasi Harale, Professor, General Medicine was invited as a panelist (faculty) for a session on Management of Diabetes in ICU. She was also invited to chair a session on Metabolic Meals.



- Dr Manasi Harale participated in Obesity Diabetes Entrepreneurship Program which took place in TOTALL institute, Indore on 21st and 22nd June 2025. She received a certificate for attending the program



9. Dr. Vikram Vikhe, Professor & HOD, General Medicine Participated as Panelist in CME/workshop in “Autoimmune Disease Diagnosis: Navigating the Future” under the Aegis of CAHO Diagnostic Division on 04/07/2025.
10. Dr. Vikram Vikhe, Professor & HOD, participated as Faculty in the “1st west zone & 1st Maharashtra State Adolescent Health Academy Conference held on 5th & 6th July 2025.
11. Dr. Pradnya Diggikar, Professor & HOU, General Medicine Participated as Moderator in CME/workshop in “Autoimmune Disease Diagnosis: Navigating the Future” under the Aegis of CAHO Diagnostic Division on 04/07/2025.
12. Department of General Medicine & Physiology conducted Clinico- Physiological Seminar. On **08th August 2025 @ 02.00pm to 03.00pm on Liver & its applied aspects in Department of Physiology.**
The following Medicine Resident participated in the Seminar –
 1. Dr. Uttara Shankar : Viral Hepatitis
 2. Dr. Janani R. : Complications of chronic liver disease
13. Dr Manasi Harale was a part of 5 virtual meetings in the month of July 2025.
 1. Invited as a panelist in the meeting of Vildagliptin on 17 th July.
 2. Invited as a speaker in a 2 speaker meeting on Gliclazide. She spoke on the topic -"Sulfonyl urea - The long standing OADs in the management of type 2 Diabetes"on 20th July.
 3. Invited as a speaker on the topic-" Loratidine in the management of Allergic Rhinitis" on 25th July.
 4. Invited as a speaker on the topic-" Role of Metoprolol in Heart Failure" on 29th July.
 5. Invited as a speaker for Topic-" Holistic care in Cardio-Renal- Metabolic care in Type2 Diabetes Mellitus- Empagliflozin " on 30 th July.
14. Dr Shubhangi Kanitkar, Professor and Dr Kishor Khillare Department of Medicine Dr. D. Y. Patil Medical College Hospital and research centre participated in a programme for Senior Citizen’s Health on 10th August 2025 11.00 am at Ovalnest Society Warge, Pune. Dr Kanitkar Shubhangi was invited to give a talk on the topic-Old age and related care to be taken by elders. Dr. Anjali Deshpande, Dementia Consultant and founder of assisted senior living center Madhurbhav, spoke on care to be given for patients with dementia. Dr. Kishor Khillare conducted the programme.
15. Dr Manasi Harale's article ' The Evolving Clinician' was published in magazine of IMA PCB(Indian Medical Association - Pimpri Chinchwad branch). She has described Neuroplasticity and Mindset concepts in easy to understand way. The article was published in the August issue.

16. Dr Manasi Harale and Dr Kishor Khillare attended a conference arranged by IMA PCB (Indian Medical Association Pimpri Chinchwad branch) on Neuroscience simplified as Delegates. The one day conference was conducted at Auto Cluster Chinchwad on 17 th August 2025.
17. Dr Manasi Harale was invited as a panelist in Round Table Discussion on the use of SGLT2 Inhibitors. It was a virtual meeting conducted on 4 th August at 7.30 pm.
18. Dr Manasi Harale was invited as a speaker for public awareness session on Dengue awareness and prevention by Tata Motors. The session was on Facebook Live conducted on 22 nd August 2025 at 12 noon.

<https://www.facebook.com/manasi.kadam.58/videos/1125339776150178/?id&rdv=2840225412761564>