

A SELDOM PRESENTATION OF A COMPLEX PERIANAL FISTULA

UNIT-6 DEPARTMENT OF GENERAL SURGERY Dr D. Y. PATIL MEDICAL COLLEGE AND HOSPITAL

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INTRODUCTION

- Complex Fistula in Ano represents those fistulae with aberrant anatomy or distant presentation.
- Characteristics of a complex fistula includes:
 - High Fistula
 - Multiple external openings with predisposing factors such as Crohn's disease and Radiotherapy.
 - In such cases it is important to know the anatomy of the various peri rectal spaces.
- We hereby presentation a rare case of a complex fistula in Ano managed innovatively.

CASE REPORT

- ✤Pain in lower Abdomen 1 Week
- Fever with chills 1 Month,
- Loose stool 1 Month
- Purulent discharge from perianal region -7 Years
- Known Diabetic not on medication.

GENERAL EXAMINATION

Patient is conscious, oriented, and febrile.

*** VITALS**

- BP: 100/80 mmHg
- Pulse: 110/ min
- RR: 20/ min
- Temperature: <u>Febrile</u> (100.5-degree Fahrenheit)

SYSTEMIC EXAMINATION

• <u>PER-ABDOMEN</u>:

- Soft
- Tenderness and guarding were present in the hypogastrium, right, and left iliac fossa.
- No palpable lump or organomegaly.
- Bowel sounds present in all quadrants.

• **PER RECTAL EXAMINATION:**

- External fistulous opening 6 o'clock.
- Anal sphincter tone raised.
- Active purulent discharge is present from the external opening.
- No internal opening was found.
- Other systemic examination was within normal limits.

ROUTINE INVESTIGATIONS

Hemoglobin-10g/dl
Total leucocyte count- 15,300/ul
Platelet-3,14,000 /ul
HbA1c- 10 mmol/L
Blood glucose level-250 mg/dl

INVESTIGATIONS

CECT (ABDOMEN AND PELVIS)

- Ill-defined collection noted along the anterior-medial border of the left psoas muscle 19 x 2.4x 5.9 cm
- Loss of fat planes
- Suggestive of left psoas abscess
- Multiple thick-walled collections In the pelvic cavity with the presence of multiple air foci within
- Approx. 10x2.5x5.9 cm
- Anterior to the bladder and posterior to the rectus abdominis muscle <u>– Continuous with peri-anal</u> <u>collection.</u>



Coronal view showing the extent of the collection. 8





Axial section of abscess with extra-peritoneal extension Collection present anterior to urinary bladder in continuity with the collection seen posterior to the presacral region

MRI FINDINGS

*A linear tract - 7cm length, 4 mm width

External opening at 6'oclock

It traverses in the intersphincteric plane and pierces the internal sphincter at the level of Levator ani, with internal opening at 5 o clock.

✤No collection in the intersphincteric plane.

Superiorly it extends above the Levator ani.

*****Forms a collection 15x10x30mm

MRI FISTULOGRAM

PREVESICAL
 COLLECTION



RETROPERITONEAL COLLECTION WITH MULTIPLE AIR FOCI.

> EXTERNAL OPENING OF THE FISTULA



ULTRASOUND- GUIDED PIGTAIL CATHETERISATION

*70-80 cc of pus was aspirated from the prevesical (space of Retzieus).

The pigtail catheter was repositioned in the left iliopsoas space.

Around 120 cc pus was drained.

Pus Culture and sensitivity suggested: Klebsiella pneumoniae.



PIGTAIL CATHETER PLACED IN THE SPACE TO RETZIEUS. CBNAAT: negative

Patient underwent colonoscopy: scope was passed up to splenic flexure, mucosa appeared normal.

Multiple biopsies were taken which was suggestive of chronic inflammation.

SURGERY PERFORMED





POST OPERATIVE CARE

High antibiotic cover (Tigecycline) according to culture and sensitivity report.

Serial abdominal sonographies were performed to check for the reduction in the abscess cavity size.

Daily dressing of the anal wound were continued till it healed completely.

UNIQUE POINTS IN OUR CASE

- Long standing collection.
- Long tract length and supra-Levator extension.
- An uncommon presentation of a relatively common surgical condition.
- Targeted management tailored according to the investigations.

DISCUSSION

• ANATOMY OF THE PELVIC FLOOR:







Supra Levator spaces.[1]



- The space of Retzius, also known as the pre-vesical or retropubic space, is delineated externally by the transversalis fascia and internally by the parietal peritoneum.
- Its lateral extension includes the **space of Bogros** below the inguinal ligament.
- Content- iliofemoral vessels and iliopsoas muscles.
- **Posteriorly** the supra Levator space continues as the **retroperitoneal space**.

FISTULA IN ANO

Park's classification – Anal fistula



Incidence of supra Levator abscess is 3-9%

✤Our case highlights the complex anatomical compartments and potential spaces of rupture of peri rectal abscess.

A preoperative plan directed by radiological studies like CT and MRI aids in avoiding an extensive surgical wound.

The retroperitoneal abscess may lead to a higher rate of sepsis and increased mortality risk.[3] E.coli, streptococcus virdans, Bacteroides fragilis, are common organisms often seen in diabetic patients with retroperitoneal abscesses [2]

Traditionally- open drainage was preferred.

Minimally invasive surgical options as mentioned in our case reduce the morbidity and mortality of the patient and aid in early recovery.[4]

Although a rare presentation, yet high index of clinical suspicion must be present for early diagnosis and treatment of the disease.

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THANK YOU