Sign of Leser-Trélat & cholangiocarcinoma: A rare association

-Dr. Kalyani Deshmukh

Ganubhau/ 75/M /Farmer/ref;Med II

- Abdominal distention
- Swelling of legs
- Generalised weakness
- Warty eruptions over trunk



3 months



 Referred for dermatological consultation for multiple, pruritic, tan to black warty eruptions of sudden onset





- Similar lesions over flanks & arms

H/O

6 mths

- Weight-loss (~ 7 kgs)
- Loss of appetite

- Fever off & on
- Consuming alcohol daily since 30 years (120 ml/day)

General examination

- Conscious, cooperative, well-oriented
- Febrile
- Cachectic with BMI- 17
- Pallor +++
- Pedal edema
- Icterus ++
- No lymphadenopathy, cyanosis, clubbing

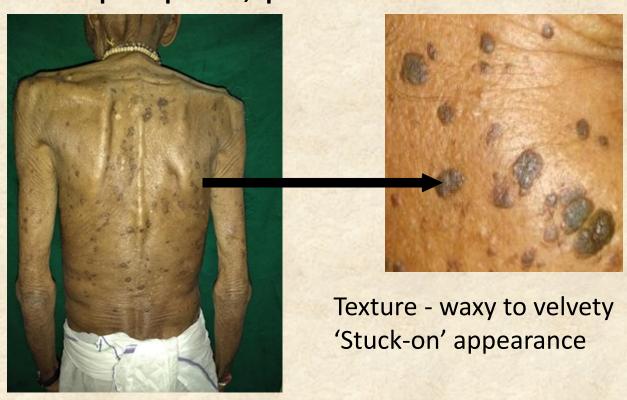
Systemic examination

Per abdomen findings:

- ✓ Ascites & distended veins
- √ Splenomegaly
- ✓ Shifting dullness
- ✓ Absent bowel sounds

Dermatological examination

 Brown-black macules, papules, and plaques; present on trunk



Dermoscopy



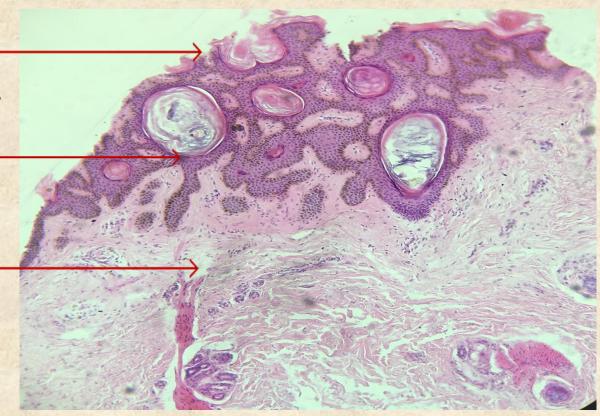
Cerebriform pattern

HPE

keratotic invaginations ("pseudohorn") cysts

Intraepithelial keratin ("true horn")cysts

Dermis - moderate inflammatory infiltrate



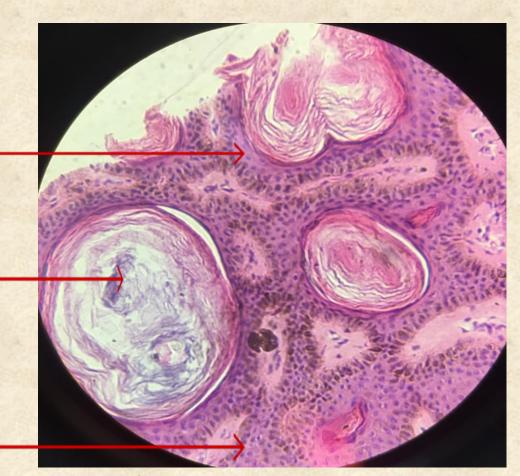
HPE- 100X H&E

Papillomatosis, parakeratosis, acanthosis

keratotic invaginations ("pseudohorn") cysts

Intraepithelial keratin ("true horn")cysts

Melanin incontinence in the basal layer



HPE 400X H&E

In view of appearance of

- Sudden, multiple, pruritic seborrhoic keratosis
- In an aged cachectic, febrile icteric, pale patient
- With significant loss of weight & appetite



 Dermatological opinion was of Leser-Trélat sign; most likely paraneoplastic;



Appropriate work-up to rule out underlying malignancy was advised

Lab investigations

- CBC: Hb-8.8 g/dl
- TLC 3600/ml
- ESR 32mm
- RBC indices suggests-

Macrocytic normochromic

anaemia

- LFT Serum bilirubin & transaminases
- RFT Normal
- Urine RE normal;
 - ME Pus cells: 6-8,

Epithelial cells: 1-2;

RBCs: 6-8

Ascitic fluid -

- Gross: Volume-2-3ml; yellowish; clear
- Microscopy: nucleated cells 150/mm3 (lymphocytes 70%)
- Biochemistry parameters :

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-Sugar

-Protein

-LDH – 39 SU

-Albumin – 0.6 mg%

-ADA – 35 u/l (normal - <30/l)
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- HIV
- Hbs Ag Negative

- HCV
- Sr. PSA 0.4 ng/ml

USG abdomen

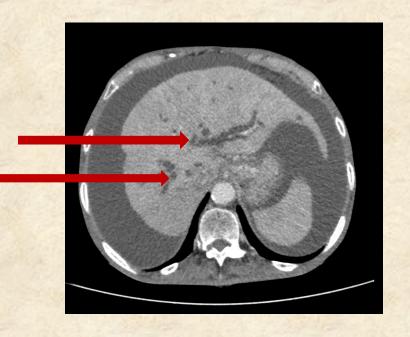
- > Liver parenchymal disease
- ➤ Gross ascites
- Splenomegaly
- Changes of cystitis
- Minimal pleural effusion
- Borderline prostatomegaly

OGD scopy – grade II oesophageal varices with portal hypertensive gastropathy with GAVE duodenitis

2D ECHO – EF – 60%, mitral valve annular calcification, aortic valve sclerosed

CECT Abdomen

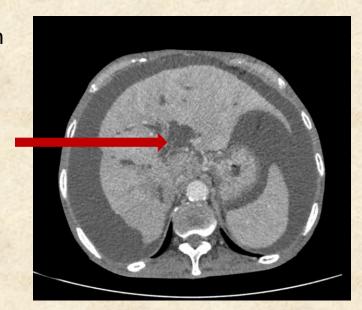
Mild central
 dilatation of
 intrahepatic
 biliary radicals in
 right and left
 lobes



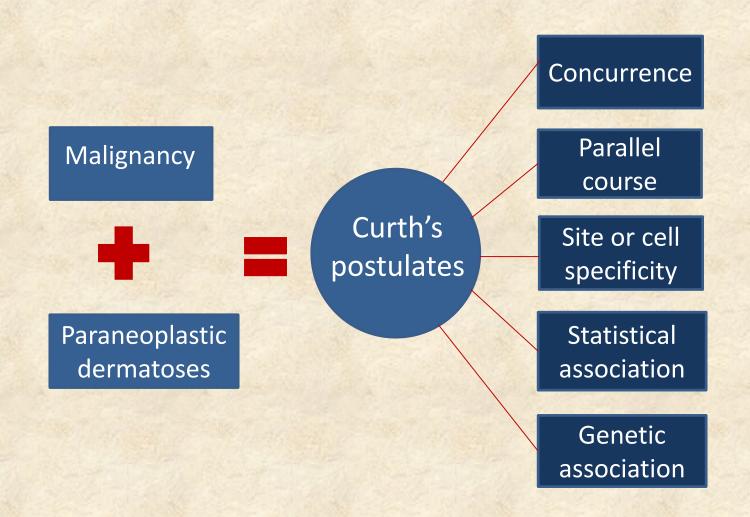
 Common hepatic ductcommon bile duct junction at porta hepatis not well visualized and showed wall thickening –



Infiltrating cholangiocarcinoma



Discussion



Strength of correlation

Strong Bazex syndrome

Acanthosis palmaris (tripe palms)

Florid cutaneous papillomatosis

Primary amyloidosis

Acquired hypertrichosis lanuginosa

Moderate Sweet syndrome, Pyoderma gangrenosum

Weak Acanthosis nigricans in isolation

Acquired ichthyosis

Leser-Trélat sign

Bazex syndrome



SCC of upper aerodigestive tract

Malignant acanthosis nigricans



Adenocarcinomas: intraabdominal; gastric (50%–60%)

Tripe palms(acanthosis palmaris)



Lung Ca. (most common)
Gastric Ca. (second)

Leser-Trélat sign

- Rare paraneoplastic cutaneous sign
- Refers to sudden onset and dramatic increase in the number and size of seborrheic keratoses

Associations

Non-malignant

- Elderly
- Eczema
- Acanthosis nigricans
- Erythroderma
- HIV
- Acromegaly

Malignant

- Gastric, rectal, colon Ca
- Lymphoproliferative dis. (CTCL, pre B cell LL)
- Breast ca.
- · Lung ca.
- RCC, TCC-UB
- Malignant
 haemangiopericytoma

 However, concurrence of Leser-Trélat sign with cholangiocarcinoma, as in our patient, is very rare

Previous solitary report –
 Scully et al ,British Journal of Dermatology , 2001,vol
 145, 506-7

- 2nd case to be noted in English literature till date
- 1st case in Indian scenario

Prognosis and course

- It can appear 5 months prior to /10 months after the diagnosis of malignancy
- Once diagnosed, prognosis is poor with average survival time of 10.6 months

Take home message!

Seborrheic keratoses are very common in the elderly

BUT

Sudden, eruptive and pruritic ones

require further work-up