## MEMBERSHIP OF HUMAN MILK BANKING ASSOCIATION (INDIA)



#### HUMAN MILK BANKING ASSOCIATION (India) Reg. no E-757 (Amt)

PRESIDENT Dr. Satish Tiwari SECRETARY Dr. Balraj Yadav

Address: c/o Dr. Satish Tiwari, Yashodanagar no. 2 Amravati 444606 Ph 0721-2541252, 09422857204 e-mail: <u>drsatishtiwari@gmail.com, drtiwarisk@hotmail.co</u>

Advisory Members:

Dr. Ajay Khera Dr. Armida Fernandis Shri. Devender Agrawal I P P : Dr R K Agrawal

National Convener: Dr. Ketan Bharadva

Zonal Conveners: Dr. Alka Kuthe Dr. Sudhir Mishra Dr. Rajinder Gulati Dr. Shobha Banapurmath

Joint Secretary: Dr. Roopa Bellad

Treasurer: Dr. Rajendra Borkar

Exe. Members: Dr. Kanya Mukhopadhyay Dr. Arbinda Mohanty

#### Network Members:

- Dr. Sila Deb
- Dr. Jayshri Mondkar
- Dr. J Kumutha
- Dr. Poonam Singh
- Dr. Sandhya Khadse
- Dr. S Mukherjee
- Dr. S Basu
- Dr. Sitaraman
- Mr. Vivek Sharma

#### TO WHOM IT MAY CONCERN

This is to certify that Dr Mrs Shailaja Mane (Dr D Y Patil Medical College, Hospital & research center Pimpri, Pune; In-charge of "Yashoda" Human Milk Bank & Comprehensive Lactation Management Training and Research center) is Life- Member of Human Milk Banking Association of India.

This membership Certificate is issued on behalf of HMBA (India)



(Dr Satish Tiwari)

Date: 06 Aug 2018

## CERTIFICATE OF COMMITMENT : BABY FRIENDLY HOSPITAL INITLATIVE



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# CERTIFICATE OF MEMBERSHIP & ACCREDITATION 1<sup>ST</sup> JANUARY 2020



## CERTIFIED BABY FRIENDLY HOSPITAL INITIATIVE



### BABY-FRIENDLY HOSPITAL INITIATIVE'S 10 STEPS TO SUCCESSFUL BREASTFEEDING

Written policy is communicated to all healthcare staff.	Breast milk is the standard for infant feeding unless the mother chooses not to breastleed after being offered help. Policy specifically addresses implementation of the Ten Steps and how a hospital promotes, protects, and supports breastfeeding behaviors.
2 All healthcare staff will be trained on the policy.	The BFHI recommends specific training times based on duties and role.
3 Educate pregnant women about the benefits and management of breastfeeding.	Topics may include exclusivity, importance of skin-to-skin contact, rooming-in, on-demand feeding, and risk of formula supplementation. (Hospitals and office practices should consider discontinuation of formula sampling programs that negatively impact breastfeeding rates. <sup>3</sup> )
4 Help mothers initiate breastfeeding within 1 h of birth.	The BFHI recommends continuous and uninterrupted skin-to-skin contact immediately after birth until completion of the first feeding unless there is a medically justified reason. Procedures such as initial assessments and Apgar scores should be performed with the infant skin to skin, and procedures requiring separation (eg, bathing) should be delayed.
5 Healthcare professionals should assess and demonstrate appropriate positioning and attachment with the mother.	In addition, mothers should receive education on basic breastfeeding practices.
6 Give infants no food or drink other than breast milk unless medically indicated.	Certain medical conditions such as galactosemia or phenylketonuria require special formulas. Low-birth-weight, very-premature, and hypoglycemic infants may require supplementation. Mothers with HIV should avoid breastfeeding. Breastfeeding may not be feasible because of maternal illness or maternal medications.
<b>7</b> Encourage rooming-in to allow mothers and infants to remain together 24/7.	Time away from mother for hospital procedures should be limited. This applies to all babies regardless of feeding method.
8 Encourage breastfeeding on demand.	No restrictions should be placed on frequency or length of feeding, regardless of feeding choice.
<b>9</b> Do not give pacifiers or artificial nipples to breastfeeding infants.	Any medically indicated fluid supplementation should be given by tube, syringe, spoon, or cup.
10 Establish in-hospital breastfeeding support and refer to community-based support groups on discharge.	Discharge planning should include breastfeeding support services without ties to commercial interests. Postdischarge follow-up should be scheduled. (Utilization of peer counselors has demonstrated increased initiation and duration of breastfeeding. <sup>9</sup> )

Abbreviations: BFHI, Baby-Friendly Hospital Initiative; HIV, human immunodeficiency virus From Feldman-Winter LB, et al<sup>6</sup>; Baby-Friendly USA Inc.<sup>16</sup>

### CERTIFICATES OF WORLD ALLIANCE FOR BREAST FEEDING ASSOCIATION (WABA)



### **CERTIFICATES OF BREAST FEEDING PROMOTION OF INDIA (BPNI)**

India: World Breastfeeding Week 2017 (1-7 August)

SUSTAINING

BREASTFEEDING



out conflicts of interest

<sup>building</sup> alliances

Breastfeeding Promotion Network of India (BPNI) BP-33, Pitampura, Delhi-110034 (INDIA). Tel: +91-11-27312705, 27312706, 42683059 Email: bpni@bpnl.org. Website: www.bpni.org

Certificate of Achievement

### is presented to

Department of Pediatrics Dr. D. Y. Patil Medical College, Hospital & Research Center. Pune, Maharashtra

for the contribution towards celebration of World Breastfeeding Week 2017

Dr. Arun Gupta Central Coordinator, BPNI

Dr. Shoba Suri Director, Policy Advocacy, BPNI

# CERTIFICATES OF WORLD ALLIANCE FOR BREAST FEEDING ASSOCIATION (WABA)



Dr. S. R. AGARKHEDKAR DEPARTMENT OF PEDIATRICS

has successfully celebrated

#### World Breastfeeding Week 2014

WABA

The World Atlance for Emeathening Action (WABA) Pic Box 1300, 10000 Persing, Melayata + Tax: (0+457-2005 antbalfinato, org.my + www.worldpressfeadingweek.org





This is to certify that

 Dr.Shailaja Mane

 bas successfully celebrated

 World Breastfeeding Week 2018

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#### **World Breastfeeding Week 2014**



Breastfeeding: A Winning Goal for Life!

### Certificate of Appreciation

is presented to

Dr. Shailaja Mane Pune, Maharashtra

for the contribution towards World Breastfeeding Week 2014

Dr. Arun Gupta, MD, PIAP Central Coordinator, BPNI Dr. J.P. Dadhich, MD. FNNP National Coordinator, BPN



Breastfeeding Promotion Network of India (BPNI) 80-33, Plannore, Sethi 110034, Tell 191-13, 27343468, Email: Beni Schonlary, Website: www.beni.org

# CERTIFICATES OF WORLD ALLIANCE FOR BREAST FEEDING ASSOCIATION (WABA)





# CERTIFICATES OF WORLD ALLIANCE FOR BREAST FEEDING ASSOCIATION (WABA)

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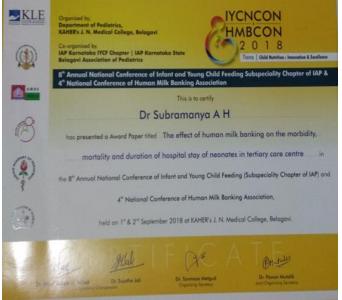
# INDIAN COUNCIL OF MEDICAL RESEARCH (ICMR) STS RESEARCH STUDY



## MISS PRIYANKA LAKHWANI

WAS AWARDED SHORT TERM STUDENTSHIP UNDER THE GUIDANCE OF DR SHAILAJA MANE FOR THE PROJECT <sup>#</sup> <u>A STUDY ON THE PREVALANCE AND PATTERN OF NON</u> <u>COMMUNICABLE DISEASES AND ITS RISK FACTORS IN URBAN</u> <u>ADOLESCENCE</u> <sup>#</sup>

## NATIONAL CONFERENCE OF INFANT AND YOUNG CHILD FEEDING (IYNCON) NATIONAL CONFERENCE OF HUMAN MILK BANKING ASSOCIATON(HMBCON)





Dr. Subramany G H presented oral paper in 5<sup>th</sup> Annual National Conference Infant and Young Child Feeding ,Subchapter of Indian Academy of Pediatrics (IYCNCON)and 4<sup>th</sup> National Conference of Human Milk Banking Association (HMBCON) on 1<sup>st</sup> & amp; 2<sup>nd</sup> in Sept.2018 in Belagavi. Dr. Manu Batta : Doctor Of Medicine (M. D.) Pediatrics(2015-2018)

"The Effect Of Human Milk Banking On The Immediate Morbidity, Mortality and Duration Of Hospital Stay Of Neonates In Tertiary Care Centre"

# FACULTY ACHIEVEMENTS









#### Certificate of Participation

	This is to certify	that	1	
1	Dr.Shailaja	Mane	Å	
T	has successfully cel World Breastfeeding		X	
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# **COLLABORATION WITH NGOS:**





Anganwadis of ICDS in Corporation

- NGOs Rotary
- Lions Club
- Sneh Foundation, PCMC





Appreciation From Rotary Pune District Mayor: Mrs.MUKTA TILAK





 Release of Brochure for Awareness of Human Milk Donation & Breast Cancer Care

# HUMAN MILK DONATION & BREAST CANCER CARE AWARNESESS DRIVE



## Contribution as Faculty Dr. Shailaja Mane



Talk on : **Human Milk Banking: Need of the hour** NATIONAL CONFERENCE ON "WOMEN HEALTH: CHALLENGES & SOLUTION" DATE:28<sup>TH</sup>, 29<sup>TH</sup> NOVEMBER 2015



NATIONAL CONFERENCE ON WOMEN HEALTH: CHALLENGES & SOLUTION Chairperson Date :- 28th ,29th November 2015

## FACULTY in National Conferences Dr. Shailaja Mane



- Faculty in Workshop of Human Milk Banking
- Talk on feeding in special situations

### IYCNCON & HMBCON \_2018

On 31<sup>st</sup> August, 1<sup>ST</sup> & 2<sup>ND</sup> September 2018 KAHER'S JAWAHARLAL NEHRU MEDICAL COLLEGE, BELAGAVI



### FOR VALUABLE CONTRIBUTION AS FACULTY : Panel Discussion on Human Milk Banking

15<sup>TH</sup> ASIA PACIFIC CONGRESS OF EDIATRICS (APCP) & 53<sup>RD</sup> ANNUAL CONFERENCE OF INDIAN ACADEMY OF PEDIATRICS (PEDICON) & 5<sup>TH</sup> ASIA PACIFIC CONGRESS OF PEDIATRICS NURSING (APCPN) AT INTERNATIONAL CONVENTION CENTRE, HYDERABAD, on 21<sup>st</sup>-24<sup>th</sup>

JAN 2016



### ROTARY CLUB OF NIGADI- PUNE 2017-18



- Rotary International District 3131
- Present for valuable contribution to promotion, spread and implementation of Human Milk Donation Program

## **Faculty member participation**

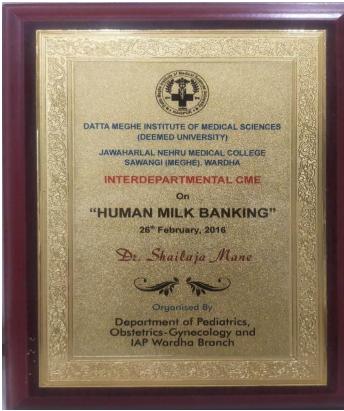




# VIJAYA GROUP OF HOSPITALS & NETWORK OF HUMAN MILK BANKS

FOR PARTICIPATION AS A FACULTY MEMBER IN THE 2<sup>nd</sup> INTERNATIONAL CONFERENCE ON 'MILK BANKING IN INDIA: CURRENT STATUS AND NEW OPPORTUNITIES' HELD ON 25<sup>TH</sup> NOVEMBER Aditya Birla Memorial Hospital World Breast feeding Week 1st to 7th August 2019

## CONTRIBUTION IN OTHER INSTITUTES



- DATTA MEGHE INSTITUTE OF MEDICAL SCIENCES
- (DEEMED UNIVERSITY)
- JAWAHARLAL NEHRU MEDICAL COLLEGE SAWANGI (MEGHI), WARDHA
- INTERDEPARTMENTAL CME
- ON
- "HUMAN MILK BANKING"
- 26<sup>TH</sup> FEBUARY, 2016



### > A TOKEN OF

ACKNOWLEDGEMENT ON BEHALF OF SHEN GOUNDATION FOR YOUR CONTINUOUS & SELFLESS SUPPORT TOWARDS OUR INITIATIVE

# INNER WHEEL EXCELLENCE AWARD



Honored to Dr.Shailaja Mane By INNER WHEEL CLUB OF NIGDI-PRIDE For Work in Human Milk Banking WEDNESDAY 8<sup>TH</sup> MARCH 2017







- Date:- 17<sup>th</sup>-18<sup>th</sup> 2019
- Workshop on ethical guidance for biomedical research.
- Lactacon 2018 Foundation for life Conference in association with Indian Academy of Paediatics at 12<sup>th</sup> Aug 2018, Sheraton Grand,Pune.



### 3<sup>RD</sup> INTERNATIONAL CONGRESS EUROPEAN MILK BANK ASSOCIATION{EMBA} HUMAN MILK FOR PRETERM INFANT FEEDING LYON,FRANCE





### **Certificate of Attendance**

This is to certify that

SHAILAJA MANE

as presented a poster titled:

### EXPERIENCE OF HUMAN MILK BANKING IN A MEDICAL COLLEGE HOSPITAL IN WESTERN INDIA

Lyon, France, 8th & 9th october 2015



EMBA

President

-allianto-

#### Jean-Charles Picaud

FMRA

Local Coordinator

**Giuseppe Agosta** 

Monte The Organisin

Secretariat





SESSION 1: INTRODUCTION CHAIRPERSONS : Dr. Manoj ZZ Dr. Madhav. Kankawale , Dr. Sa, Critical 1000 days Risks of non-breastiedeling for Conflict of interest in IYCN SESSION 2: CLINICAL PEARLS CHAIRPERSONS : Dr. Pankaj Sarc Dr. Shaliaja Mane Breast pumps - Which, when & h

From bottle feeding to breast fee INA UG UR ATTON INA UG UR ATTON SESSION 3: VERYIOTE ADDRESSES: CHARPERSONS : Dr Bharati Dhara Dr Phadeep Suryawanshi The folly of depending on numbers Pomoting skin to skin contact at bi Pomoting skin to skin contact at Epigenetics, & Breastleeding SESION 4: PARELESSION Difficult breastleeding : Case based I Prantipy Star Dr Mukta Umacii, Dr Ra Dr Sanloy Natu, Dr Rony Chakravara

SESSION 5: MATERNAL ISSUES CHARPERSONS : Dr Kundon Ingole : Dr bang Gakwad Breast intectors Junni gl actation Relactation & Induction of Lactation Cotiming breastleading rates in NICU Cotiming bre





# **POC Quality Improvement Workshop**





# CUSP Workshop



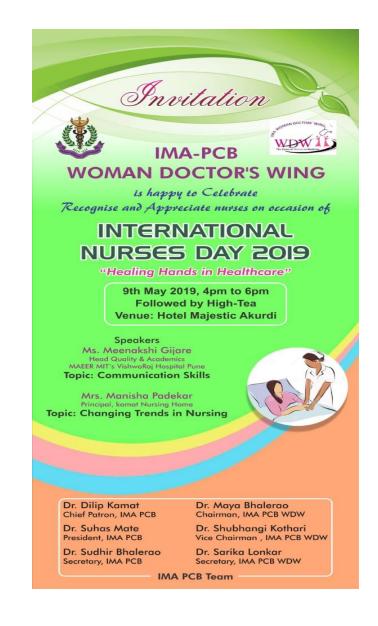




# स्तनपान मातृत्वाची शान



 IMA PCB Woman doctor's wing is happy to celebrate, recognize and appreciate \*NURSES\* on occasion of \*International Nurses Day\* 2019 on \*9th May\* 2019 at Hotel Majestic Akurdi 4 to 6pm





Visit To Queen Charlotte's & Chelsea Hospital (London) Home To Oldest Continually Operating Milk Bank In The World



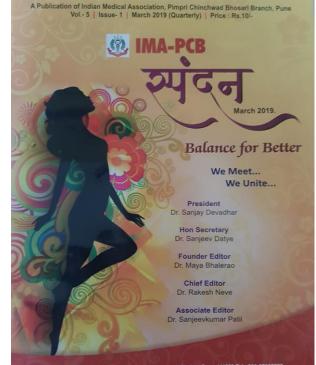


## COMMUNITY AWARENESS PROGRAME WITH LION'S CLUB





## **ARTICLES FOR PUBLIC AWARNESS**



IMA-PCB Regd.Office : Niramay Hospital, Chinchwad Station, Pune 411033.Tel.: 020-27607777 Working Office : "Samadhan, 2nd Floor, Plot No. 509, Sector 27/AA, Pradhikaran, Nigdi, Pune - 44

IMA-PCB स्पंदन March 2019

### Human Milk Banking -Need of the Time !

Dr. Shailaja Mane MD(Pediatrics).PGDAP(Adolese

Breast milk is the optimum exclusive source of nutrition for the first six months of life and may remain part of the healthy infant diet for the first two years of life and beyond. Human milk is species specific and thus it is superior to all the alternate newborn feeds.

Sushruta, an ancient Indian Surgeon, has beautifully described about Mother's Milk in his Samhita, "One just cannot compare even water of seven seas with mother's milk, which is nothing but water ensuring optimum growth, nutrition and healthy life of hundred years."

Breast milk is solely excellent nutrition for the newborns. When none is available, Human Milk Bank (HMB) can help.

Human Milk Banking is an organization that collects, stores, processes (to exclude the risk of viral and bacterial transmission) and dispenses donated human milk. This recipient is a hospitalized preterm or ill infant. Donor human milk is an alternative to infant formula for special needs infants, not a substitute for the mother's own milk. Definitions –

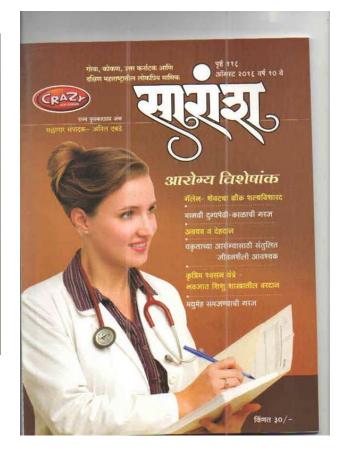
 a) Human milk bank - organized service for selection of donors, collection, processing, storage or distribution of human breast milk for the sick new born or low weight or premature babies.

b) Donor means a lactating women who voluntarily contributes milk to a human milk bank for the use by a new born or an infant or child other than her own.

c) Human milk collection center means the location at which containers of human breast milk are held temporarily between the donation site and human milk.

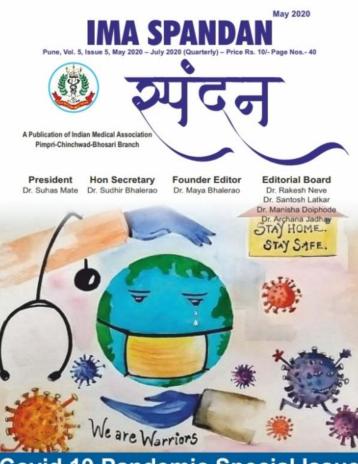
Aims of Human Milk Banking are to increase breast feeding practices to reduce neonatal, infant mortality, morbidity and improving maternal health. Objectives –

- To provide safe human breast milk to bables where mothers are unable to breast feed by supplying pasteurized human milk .
- To help working mothers continue breast feeding during their working hours
   by storing expressed breast milk .



"SARANSH" In Local Language Augutst 2016

# Breast feeding during Covid 19 Pandemic: Public Awareness Article by Dr.Shailaja Mane



#### Coronavirus Disease (COVID-19) and Breastfeeding:

#### Dr.Shailaja Mane

IMA - स्पंदन

Coronavirus Disease (COVID-19) and Breastfeeding: Breast milk is the best source of nutrition for infants and provides protection against many illnesses which reduces neonatal and Infant mortality (WHO).

Breastfeeding counselling and support should be provided to all pregnant women and mothers with infants and young children, to all suspected or confirmed COVID-19 including family members by health care workers.

Considering benefits of breastfeeding and insignificant role of breast milk in the transmission of oth respiratory viruses, mother can continue breastfeeding with necessary precautions as per guideline from UNICEF.

Mother-to-Child Transmission: Pregnant women have a higher risk of severe illness when infected wi viruses from COVID-19 and other viral respiratory infections like influenza. Mother-to-child (Vertical transmission of corona virus during pregnancy is unlikely as per current evidence, but after birth a newbo is susceptible to person-to-person spread. A very small number of babies have tested positive shortly aft birth. However, it is unknown if babies got virus before or after birth. Parents and caregivers should hav access to appropriately trained health workers for mental health and psychoscial support.

COVID-19 Transmission and Breast milk: "Person-to-person spread occur mainly via respirato droplets (cough or sneeze)," (CDC, 2020)

In limited studies on women with SARS, virus has not been detected in breast milk, however, it is not know whether mothers with COVID-19 can transmit virus via breast milk.

In a recent, but small study in China, a group of six mothers testing positive for COVID-19 were studie after delivery. No evidence of virus was found in their samples of breast milk, cord blood, amniotic fluid I throat swabs of their newborns (Chen et al., 2020).

The virus has not been detected in amniotic fluid, breast milk or other maternal samples. Similarly, other respiratory viruses are not transmitted in breast milk e.g. severe acute respiratory syndrome (SARS-Co) virus

Safety of Breastfeeding: The immunological properties of human milk protect babies against mar illnesses. Breastfeeding mothers should follow CDC guidelines: "Whether and how to start or contine breastfeeding should be decided by mother in coordination with family and healthcare providers."

The Centers for Disease Control and Prevention (CDC), World Health Organization (WHO) and the Academy of Breastfeeding Medicine (ABM), IYCF all support giving mother's breast milk to babies even they are infected with COVID-19.

A mother with confirmed COVID-19 or who is a symptomatic, under investigation should take all possib precautions to avoid spreading the virus to infant, including washing her hand's before touching infant ar wearing a face mask, during press fleeding. While expressing breast milk with a manual or electric tree pump, hand washing before touching pump or it's parts and follow recommendations for proper pum cleaning after each use. If possible, someone should feed expressed breast milk to infant.

At Home: Hand hygiene by using alcohol-based hand sanitizer (60% - 95% alcohol) before and after a contact with affected mother, contact with potentially infectious material and before putting on and upc

May 2020



### MAA-PCB

removal of personal protective equipment, including gloves. Hand hygiene can be performed by with soap, water for at least 20 seconds. If hands are soiled use soap and water before alcohol-based hand sanitizer.

If confirmed COVID-19 infection, separate (home isolation precautions) mother from family including infant, except for breastfeeding, ideally another uninfected adult should take care of infant including feeding expressed milk which will help the mother to maintain her milk supply. Mother should practice hand hygine and personal care for at least 5-7 days.

#### In Hospita

1. Mother well or with mild symptoms, breastfeeding is a very reasonable choice. Reduce the risk of exposing infant to maternal respiratory secretions with use of a mask, gown and careful hand washing.

2. Mother with suspected COVD-19 infection: choose breast/eeding and provide expressed milk to infant. More careful adherence to recommendations can limit exposure via respiratory secretions.

#### Choices of housing for a Mother and Infant:

Rooming-in : Mother and baby in the same room without any other patients in the room with infant in a bassinet 6 feet from mother's bed. Precautions to avoid spread of virus to infant must be taken .ideally, another well adult should take care of infant in the room.

Temporary separation – Decision of separation between a mother with COVID-19 and infant should be made by a health care team based on many factors including health of mother and baby but breastfeeding at the breast is encouraged with universal precautions.

If a mother is having COVID-19, baby may be temporarily separated from mother to reduce risk of transmission of COVID-19 to newborn (CDC). Expressed breast milk is recommended with help of medical team.

Mothers should be encouraged to express breast milk to establish and maintain breastfeeding. If possible, a dedicated breast pump should be provided and follow hand hygiene. After each pumping session, all parts that come into contact with breast milk should be thoroughly washed. Entire pump should be appropriately disinfected. Expressed milk should be fed to newborn by a healthy caregiver.

#### 3) Mother with symptoms or confirmed COVID-19: One can have three option

I] Direct Breast feeding : Proper hand hygiene and mask, before and while feeding.

II] Expression of Breast Milk: If a mother is too ill, encourage expression of milk in a clean cup by following infection prevention methods.

III] Use of Donor Mother's Milk: It is not yet known whether SARS CoV-2 can be found in human milk. Other corona virus seas are destroyed by thermain land:virus. MERS-corona virus is inaciditate in Cannel, Coat and Cow's milk at 63°C for 30 min. Based on the available data on other corona virus is and/other services it is likely that, even If SARS CoV-28 present in horest milk, will be destroyed by pasterisation, but solid data is needed. Proper selection of donor mothers must be done carefully by adding health questionnaires, travel and contact history.

To summarize, breast feeding with various precautions remains the best choice in the COVID 19 pandemic.

\*\*\*\*

Covid 19 Pandemic Special Issue

IMA-PCB Regd. Office : Niramaya Hospital Put. Ltd. Chinchwad Station, Pune-411 019. Tel. No. 020 27441860 | www.imapcb.org / imapcb@gmail.com For Builetin communication : invacribuiletin@omail.com

### 3<sup>RD</sup> INTERNATIONAL CONGRESS EUROPEAN MILK BANK ASSOCIATION{EMBA} HUMAN MILK FOR PRETERM INFANT FEEDING LYON,FRANCE





#### Certificate of Attendance

This is to certify that

SHAILAJA MANE

as presented a poster titled: EXPERIENCE OF HUMAN MILK BANKING IN A MEDICAL COLLEGE HOSPITAL IN WESTERN INDIA Lyon, France, 8\* & 9\* october 2015



EMBA President



Local Coordinator



BIOMEDIA ORGANISING SECRETARIAT Biomedia sri - Via L. Temolo 4 - 20126 Milan, italy - Tel. 0039 0245495282 - Fax 0039 0245495199 - http://europeanmilkbanking.org



### <sup>1</sup> INTERNATIONAL BREASTFEEDING AND LACTATION SYMPOSIUM





#### 14<sup>th</sup> International Breastfeeding and Lactation Symposium 4–5 April 2019, London England

We herewith confirm the presentation of the poster: "Five years of experience in Human Milk Banking for a Private Medical College and Hospital in Western India"

Presented by: Dr. Shailaja Mane Co-authors: Dr.Sudhir Malwade, Dr. Sharad Agarkhedkar

4-5 april 2019, London, England Leon Mirkaulos