



**DR. D. Y. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH
CENTRE, PIMPRI, PUNE 411018
NABH/NABL ACCREDITED HOSPITAL AND LABORATORY
DR. D. Y. PATIL VIDYAPEETH, PUNE
(Deemed To Be University)
Accredited (3rd Cycle) by NAAC with a CGPA of 3.64 on four point scale at
'A++' Grade
ISO 9001 : 2015 AND 14001 : 2015 CERTIFIED UNIVERSITY**

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Department of Pediatrics and Advance Yashoda human milk bank and Comprehensive Lactation Management Training and Research Center had organised the second Maharashtra State conference of MAHA IYCFCON POSHAN 2.0. The Theme of this conference was: “Prepare for the unexpected “Closing the Gap- Support for all.”

On this occasion, “**Vatsalyapurti**” **Hands on skill for Basic Lactation on 28th August 2024** in Dr D Y Patil Medical College, Hospital and Research Institute Pimpri. The venue of the workshop was held in Lecture Hall No. 5 at Dr. D.Y. Patil College Hospital and Research Institute Pimpri Pune on 28 August 2024 at 12pm to 5pm. It was coordinated by Dr Pallavi Tupkar.

Hospital staffs, nursing students, lactation counsellors, dieticians, UG and PG students etc. Attended this workshop. Important topics like Maa concept, Review of Anatomy & Physiology of lactation, Importance of early initiation and skin to skin, Counselling skill, Myths and facts of breastfeeding were included for discussion. Faculty were Dr. Shailaja Mane, IBCLC, Professor & Head, Department of Paediatrics, Dr. Vineet Pande, IBCLC, Professor & HOU, Department of Paediatrics, Dr. Pramila Menon, IBCLC and Associate professor, Dr. Shraddha Salunke IBCLC and Professor, Department of Paediatrics, Dr. Sujat Sawant, Principal of Nursing institute, Dr. D.Y. Patil Medical, and Research Centre Pimpri Pune.

Post lunch Hands on skills were practiced at workstation. Skills were Techniques of breastfeeding, Supplementary feeding techniques, Expression of breastmilk and Tour to Human Milk Bank. Faculty were Dr. Shilpa Kshirsagar, IBCLC and Associate professor, Department of OBGY, Dr. Chaitali Borgaonkar, IBCLC and Associate professor, Department of Community Medicine, Dr. Shraddha Gawade, Department of and Dr. Sanika Pimparkar, Dr. Manisha Kalane, IBCLC, Dr Pallavi Tupkar Lactation Counsellor and S/I

Chayya Jawale and S/N Sarika Irlapalle staff of Advance Yashoda human milk bank and Comprehensive Lactation Management Training and Research Center.

Total 146 delegates were attended the workshop. Delegates participated whole heartedly in the serious. Pretest and post-test, feedback was taken. All the sessions were appreciated by the delegates. The workshop was followed by valedictory session and all faculty were felicitated by Dr. Shailaja Mane, Professor and Head of Pediatrics Department Dr. D.Y. Patil Medical College and Research Centre Pimpri Pune.



The Department of Pediatrics, Advanced Yashoda Human Milk Bank, and Comprehensive Lactation Management Training and Research Center hosted the “Vatsalyapurti” Hands-On Skill Workshop on Basic Lactation. This event was part of the second Maharashtra State Conference of MAHA IYCFCO POSHAN 2.0, themed “Prepare for the Unexpected: Closing the Gap - Support for All.” The workshop took place on August 28, 2024, from 12:00 PM to 5:00 PM at Dr. D.Y. Patil Medical College, Hospital and Research Institute, Pimpri, Pune.

The workshop covered essential topics such as: Maa Concept, Anatomy & Physiology of Lactation, Importance of Early Initiation and Skin-to-Skin Contact, Counselling Skills, Myths and Facts of Breastfeeding

The workshop was coordinated by Dr. Pallavi Tupkar. The expert faculty included: **Dr. Shailaja Mane, IBCLC**, Professor & Head, Department of Paediatrics, **Dr. Vineet Pande, IBCLC**, Professor & HOU, Department of Paediatrics **Dr. Pramila Menon, IBCLC**, Associate Professor, **Dr. Shraddha Salunke, IBCLC**, Professor, Department of Paediatrics. **Sujat Sawant**, Principal, Nursing Institute,

Post-lunch sessions included practical training on: Techniques of Breastfeeding, Supplementary Feeding Techniques, Expression of Breast Milk, Tour of the Human Milk Bank. **Faculty for Hands-On Sessions: Dr. Shilpa Kshirsagar, IBCLC**, Associate Professor, Department of OBGY, **Dr. Chaitali Borgaonkar, IBCLC**, Associate Professor, Department of Community Medicine, **Dr. Shraddha Gawade, Dr. Sanika Pimparkar, Dr. Manisha Kalane, IBCLC, Dr. Pallavi Tupkar**, Lactation Counsellor, **S/I Chayya Jawale** and **S/N Sarika Irlapalle**, Staff of Advanced Yashoda Human Milk Bank

The workshop was attended by 146 delegates, including hospital staff, nursing students, lactation counsellors, dieticians, and UG/PG students. Participants engaged actively, and both pre-tests and post-tests were conducted. Feedback indicated high satisfaction with the content and practical aspects of the sessions.

The event concluded with a valedictory session where faculty members were honoured by Dr. Shailaja Mane, Professor and Head of the Pediatrics Department.

The “Vatsalyapurti” workshop was a success, providing valuable insights and practical skills in lactation management. The positive feedback from participants underscored the workshop's effectiveness in bridging gaps in lactation support.

