



**DR. D. Y. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH
CENTRE, PIMPRI, PUNE 411018
NABH/NABL ACCREDITED HOSPITAL AND LABORATORY
DR. D. Y. PATIL VIDYAPEETH, PUNE
(Deemed To Be University)
Accredited (3rd Cycle) by NAAC with a CGPA of 3.64 on four point scale at
'A++' Grade
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Report of One-Day Workshop on Lactation Support – Vatsalyapurti: “*Natural Nourishment for Better Future*”

The Department of Paediatrics, along with “Yashoda” Advanced Human Milk Bank and CLMTRC, Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune-18, organized a **One-Day Workshop on Lactation Support – “Vatsalyapurti: Natural Nourishment for Better Future”** on **19th August 2025**. The program was conducted in Lecture Hall No. 5 from 9:00 a.m. to 5:00 p.m.

The workshop was led by Dr. Shailaja Mane (Organizing Chairperson, Prof. & Head, Dept. of Paediatrics, IBCLC), with Dr. Vineeta Pande (Organizing Chairperson, Professor & HOU, IBCLC), Dr. Shraddha Salunkhe and Dr. Shilpa Kshirsagar (Organizing Secretary), Dr. Pramila Menon (Sr. UNICEF Consultant, IBCLC). The program was coordinated by Dr. Pallavi Tupkar (Lactation Counselor)

Inaugural Session-

The workshop commenced with an inauguration and felicitation ceremony presided over by Dr. A. Rekha, Dean, Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune. On this occasion, the hospital received the BFHI Certificate, presented by Dr. Mangala Wani on behalf of BPNI Maharashtra.

The ceremony was graced by:

- **Chief Guest:** Dr. A. Rekha, Dean, Dr. D. Y. Patil Medical College, Hospital & Research Centre, Pimpri, Pune
- **Guest of Honour:** Dr. Mangala Wani (Ex-President, BPNI Maharashtra)
- **Special Invitees:** MMC Observer Dr. Arun Halbe, Dr. Shailaja Mane (IBCLC, Professor & Head, Dept. of Paediatrics), Dr. Vineeta Pande (IBCLC, Professor & HOU) and Dr. Shalini Pawar (COO).

Faculty experts in the lactation field delivered talks, and interactive sessions were conducted. The event was attended by doctors, UG and PG students, IBCLCs, nursing staff and students, lactation counsellors, physiotherapists, nutritionists, and other healthcare workers.

Academic Sessions:

The scientific program included the following key topics:

- Golden Hour
- Lactation Challenges in NICU and Preterm Babies
- Breastfeeding in Special Situations
- Psychosocial Aspects of Breastfeeding
- Breastfeeding and Work-Life Balance
- Breastfeeding after Breast Implants and Surgeries
- Milk Banks and Lactation Support Services

Faculty:

Dr. Mangala Wani (IBCLC), Dr. Shailaja Mane (IBCLC, Professor & Head, Dept. of Paediatrics),

Dr. Vineeta Pande (IBCLC, Professor & HOU), Dr. Pramila Menon (IBCLC, Professor & Sr. UNICEF Consultant),

Dr. Sujata Sawant (Principal, Nursing Institute), Dr. Shilpa Kshirsagar (IBCLC, Associate Professor, Dept. of OBGY),

Dr. Puja Padbidri (IBCLC, Dept. of Paediatrics), and Ms. Rashmi Poduval (IBCLC).

Hands-on Training:

Post-lunch, delegates participated in skills-based sessions at interactive workstations, which included:

- Breastfeeding Techniques
- Supplementary Feeding Methods
- Expression of Breastmilk
- Kangaroo Mother Care (KMC) Training
- Latch Perfection Techniques
- Guided Tour of the Human Milk Bank

Faculty:

Dr. Shraddha Salunke (IBCLC, Professor, Dept. of Paediatrics), Dr. Chaitali Borgaonkar (IBCLC, Associate Professor, Dept. of Community Medicine), Dr. Shraddha Gawade (Dept. of Paediatrics), Dr. Vidhi Mehata (IBCLC), Dr. Rebecca Gosawi (IBCLC), Dr. Rani Balgude (IBCLC), Mrs. Vrushali Deshpande, Dr. Pallavi Tupkar (Lactation Counselor), and the staff of “Yashoda” Advanced Human Milk Bank and CLMTRC.

Outcomes and Participation

A total of **126 delegates** attended the workshop and actively engaged in both academic sessions and hands-on training. Feedback indicated that the program was highly beneficial, practical, and appreciated by all participants.

In conclusion, the workshop successfully combined academic learning, practical training, and awareness-building, further strengthening our institutional commitment to maternal and child health.

We thank you for your continued support and encouragement.

Yours sincerely,

Dr. Shailaja Mane
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