

# DPU DIVE

Monthly Newsletter Vol. 08  
MARCH - APRIL 2025



# DPU DIVE

**Dr. D. Y. Patil Medical College,  
Hospital and Research  
Centre, Pimpri, Pune.**



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<https://medical.dpu.edu.in>

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<https://medical.dpu.edu.in>



## PLEDGE

**Dear friends,**

Youth is the energy of any nation and the power of youth has an important contribution in the development of society and country. Therefore, it is very important that maximum number of youth join the drug free India campaign. Accepting this challenge of the country, today we unite under the Nasha Mukta Bharat Abhiyan and take a pledge that not only the community, family, friends, but also ourselves will be drug free because change should start with ourselves. So let us all together take a firm decision to make our Pune, Maharashtra and India drug-free.

I pledge that I will do everything possible to the best of my ability to make my country drug-free

## JAI HIND!

Don't Hesitate to Seek Help

### Call 14446 Today

Get Confidential Counselling by Trained Professional





## ABOUT THE MONTH

### Synapse 2025 - Azmat Grand, Majestic and Unforgettable

Ah, the post-Synapse blues have kicked in!

Our most beloved fest was an 8 day long celebration full of adrenaline infused sports events, rhythmic dance battles, scintillating music performances, strong debates, and a variety of arts events coupled with crowd pullers like the Bollywood quiz and Treasure Hunt. This year, long awaited events like Paintball, e-sport tournaments, MedTank, and a Medical Themed Escape Room were on the roster as well!

The evenings were set ablaze with the Carnival and Traditional nights!

The fest concluded with a grand closing ceremony, awards distribution, along with an exciting performance from the rapper KR\$NA.

A special thanks to our cleaning staff, electricians, sports coordinators, sound technicians, LH supervisors for making Synapse a smooth and obstacle free journey for us all!





## TEDxDPUVidyapeeth

Dr. D. Y. Patil Vidyapeeth proudly hosted a distinguished edition of TEDx, celebrating bold ideas and transformative thoughts.

Among the eminent speakers were two of our very own :Dr. A Rekha, Dean, Dr. D. Y. Patil Medical College, who delivered an inspiring talk on Resilient Students, highlighting the role of strength, empathy, and education in shaping a progressive society.

Also Dr. (Brigadier) Anurag Garg, Professor & HOD of Cardiovascular and Thoracic Surgery, emphasised on how every action can create a far reaching change.



We were also privileged to have with us :

Vinti Lodha, Advisor of Lodha Luxury,  
Nachiket Barve, a celebrated Fashion Designer,  
Saumil Majmudar, CEO of Sportz Village,  
Shilpa Shadra, Director of Believe Artists  
Muskaan Khan, Singer

The varied panel offered thought-provoking talks that reflected on the academic depth and social empowerment defining our institution, leaving a lasting impression on all those who were present.

## A Step Against Tuberculosis

On World Tuberculosis Day (March 24, 2025), Dr. D.Y. Patil Medical College Hospital and Research Centre, Pune, hosted an informative event under the leadership of Dr. Pradnya Diggikar, Professor and HOU of General Medicine. The event focused on this year's theme: "Yes! We Can End TB: Commit, Invest, Deliver!" with a session dedicated to end Tuberculosis.

A detailed session for undergraduate students was conducted. Medical experts like Dr. Vijayashree Gokhale, Dr. Kishore Khilare, and Dr. Navale contributed to the discussions. Additionally, awareness was also raised among patients.

\*Credits: Heer Suhandini, Arya Ghotankar



## UPCOMING EVENTS

### EVENTS ON CAMPUS

**11th - 14th May**

Nurse's Day

**12th May**

Buddha Pournima (Holiday)

**21st May**

First Year PTM

**27th May**

Emergency Medicine Day  
Code Orange Drill

**29th May**

Nasha Mukht Abhiyaan

### AFMC

#### Literary

**8th May**

English Debate

**9th May**

Hindi Debate

#### Drama

**9th May**

Tamasha Tera  
Mera (Nukkad Natak)

**10th May**

Curtain Call

#### Fashion Show

**8th May**

Panache

#### Dhwani

**8th May**

Eastern & Western  
(Solo & Duet)

**9th May**

Instrumental  
Solo

#### Dance

**11th May**

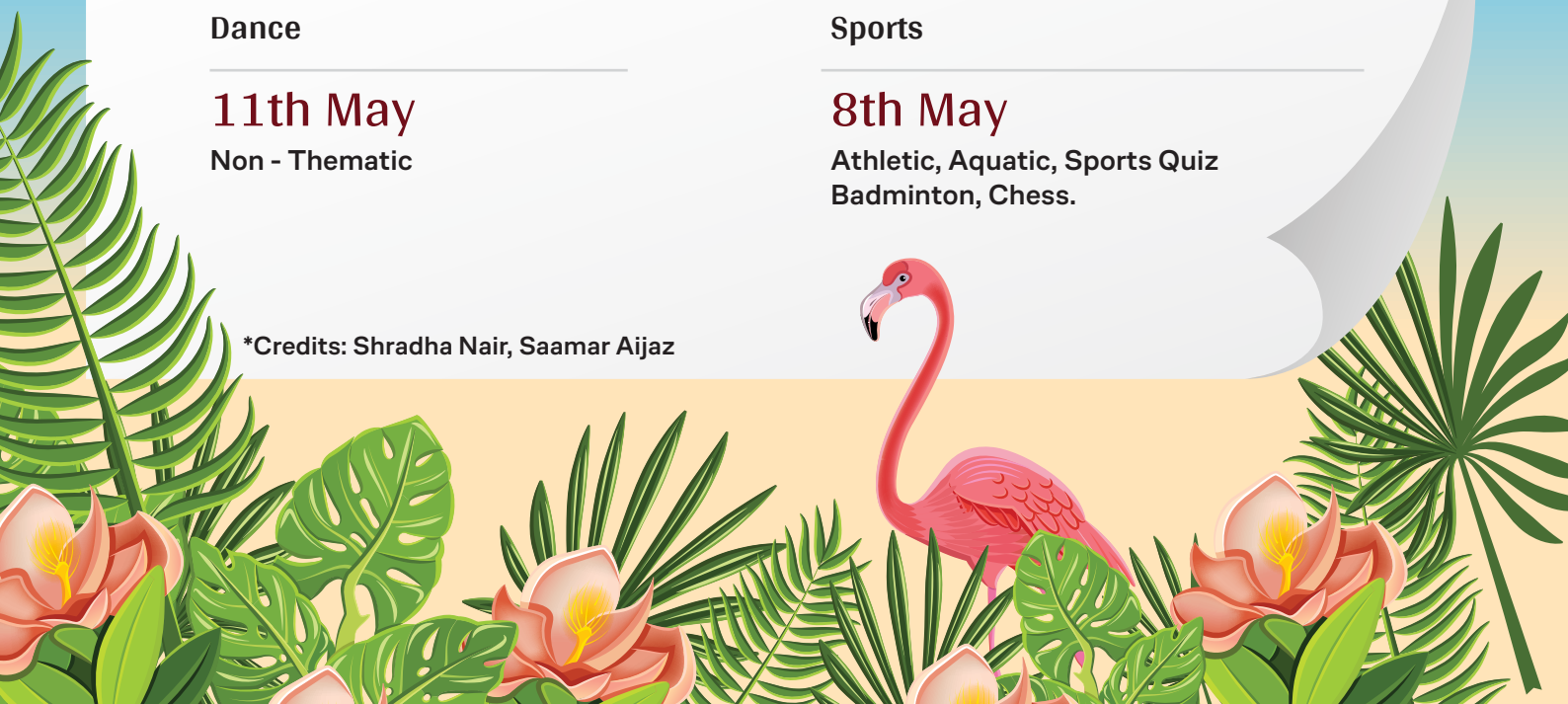
Non - Thematic

#### Sports

**8th May**

Athletic, Aquatic, Sports Quiz  
Badminton, Chess.

\*Credits: Shradha Nair, Saamar Aijaz



## EVENTS IN PUNE

10th May - **McDowell's Soda Yaari Jam - Anuv Jain and Zaeden**

<https://in.bookmyshow.com/events/mcdowell-s-soda-yaari-jam-anuv-jain-and-zaeden/ET00406802>

23rd May - **Papon Live in Concert**

<https://in.bookmyshow.com/events/papon-live-in-concert/ET00440322>

23rd May - **Guns n Roses: Mumbai**

<https://in.bookmyshow.com/events/guns-n-roses-india-2025/ET00437140>

## MOVIES PLAYING IN THEATRES

**1. Thunderbolts\***

<https://in.bookmyshow.com/movies/pune/thunderbolts/ET00413426>

**2. Until Dawn**

<https://in.bookmyshow.com/movies/pune/until-dawn/ET00429656>

**3. Mission Impossible: Dead Reckoning**

<https://in.bookmyshow.com/movies/pune/mission-impossible-dead-reckoning/ET00329481>

**4. Love Aaj Kal**

<https://in.bookmyshow.com/movies/pune/love-aaj-kal/ET00002664>

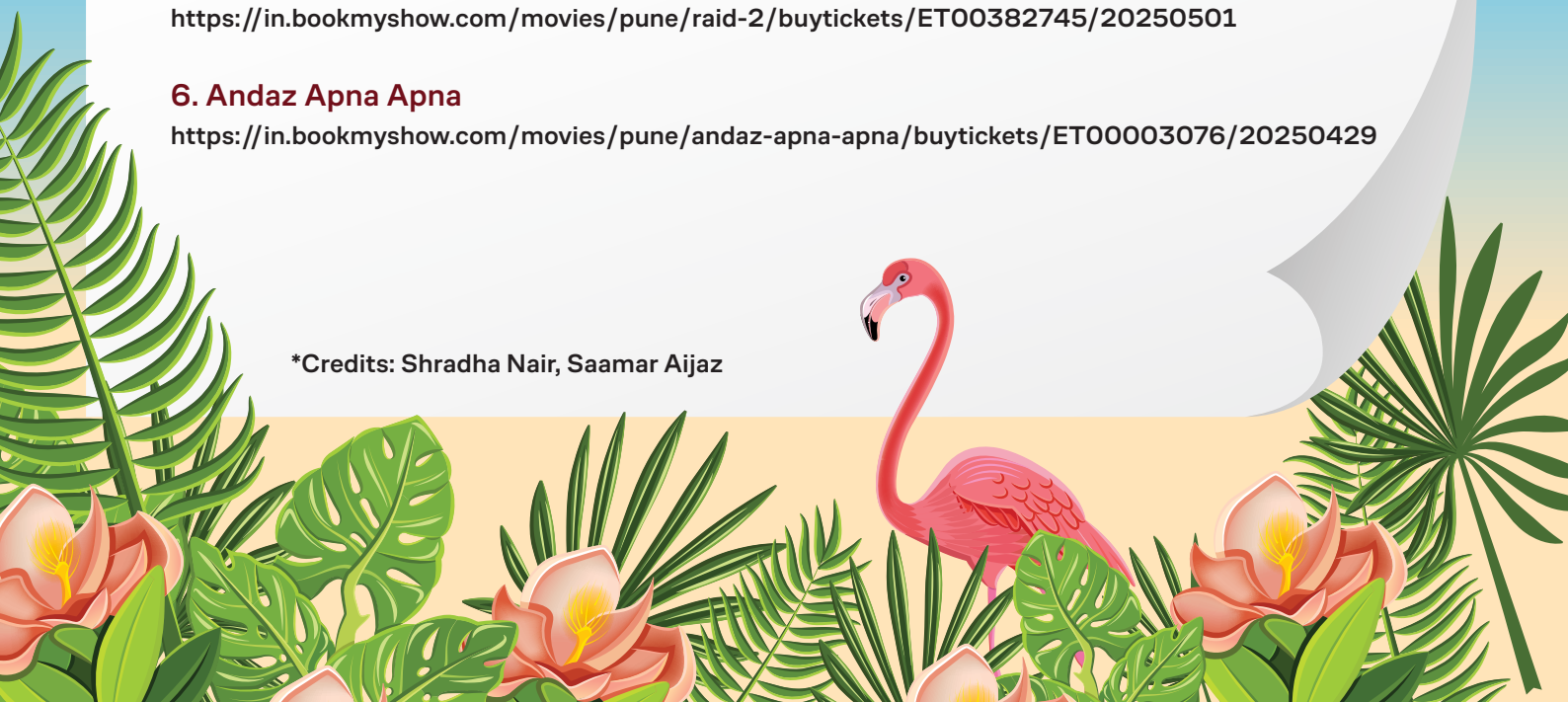
**5. Raid 2**

<https://in.bookmyshow.com/movies/pune/raid-2/buytickets/ET00382745/20250501>

**6. Andaz Apna Apna**

<https://in.bookmyshow.com/movies/pune/andaz-apna-apna/buytickets/ET00003076/20250429>

\*Credits: Shradha Nair, Saamar Aijaz





## MESSAGES BY THE STUDENTS

### Clearing PLAB 1: A Roadmap from Someone Who's Been There, Done That.



In an increasingly competitive world of international medical licensing, choosing the right path can be overwhelming. To help

students navigate their options, we spoke with Dr. Shubham Chugh, a recent graduate who has completed his MBBS and internship and successfully cleared PLAB 1.

Now preparing for PLAB 2, he shared honest insights, practical strategies, and advice every student considering PLAB should hear.

#### Why PLAB?

When asked why he chose PLAB over other pathways like USMLE or AMC, Dr. Shubham explained, "PLAB felt more approachable. The journey is shorter, more streamlined, and doesn't require the kind of extensive, multi-step grind that something like the USMLE demands."

While he didn't explore the AMC pathway deeply, he found PLAB to be a more navigable option, especially for Indian graduates who are confident in their clinical foundations.

#### When Should You Start Preparing?

Dr. Shubham emphasized that a strong foundation is key. "If your basics from the early years are solid, PLAB 1 becomes fairly easy to tackle."

He suggested that a good time to start PLAB-focused preparation is at the beginning of fourth year. Since the exam heavily focuses on clinical subjects, he advised tackling them one at a time from an exam-oriented perspective. During the earlier years, he strongly recommended making most of the postings. "Observe what's happening. Understanding real-time cases is more valuable than trying to perfect physical skills early on - those can be picked up later."

For study resources & approach for his final preparation, Dr. Shubham relied heavily on the PLABable app, calling it his main resource. He especially found the "gems" section helpful for high-yield revision. "If you've been consistent through MBBS, then 6-8 weeks of dedicated, exam-specific study is enough to clear PLAB 1."



## When to Give the Exam?

Since PLAB 1 can only be attempted during or after internship, Dr. Shubham recommended starting focused preparation in final year and scheduling the exam during internship. "It gives you a psychological edge. When you complete your internship, you're already halfway through the process - only PLAB 2 remains."

## On Managing Consistent Studying-

Well-known for being a regular in the library, Dr. Shubham said his consistency came down to balance. "It's not about slogging endlessly. Efficiency matters more than how many hours you sit. Take breaks. Be smart about your time."

## What You Should Know About PLAB Today?

PLAB 1 is a one-day, 180-question MCQ based exam designed to test whether a candidate has the knowledge and clinical judgment of a UK Foundation Year 2 doctor. PLAB 2 is an OSCE conducted in the UK, comprising 16 clinical and communication-based stations.

## Key Points for 2025 Aspirants:

- PLAB 1 is now offered in multiple Indian cities, increasing accessibility.
- IELTS or OET is mandatory before registering for PLAB 1 - plan this early.

## Looking Ahead:

PLAB 2 and Beyond PLAB 2 is a practical exam that tests clinical application and communication across 16 stations. "It's more than just theory. It's about how you deal with patients in real-life settings—empathetically, confidently, and clearly."

For OSCE prep, Dr. Shubham recommended the YouTube channel 'Geeky Medics', which helped him visualize clinical exams and improve practical understanding. "Their videos really helped me see how clinical interactions work—not just from a checklist perspective but in real human terms." Dr. Shubham is currently preparing for PLAB 2 from his hometown and remains optimistic about the journey ahead.

## Final Words

"PLAB isn't a shortcut—it's a clear and achievable path for those who've done the work. Keep your concepts strong, stay consistent, and use the right resources. You don't need to overcomplicate it."

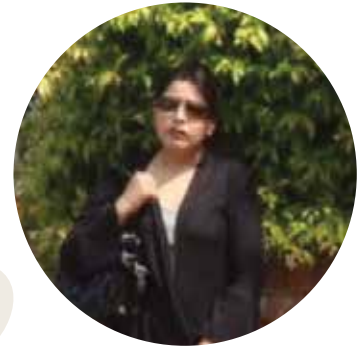
We wish Dr. Shubham the very best as he prepares for PLAB 2 and embarks on his journey to practice in the UK. His clarity, discipline, and humility serve as an inspiration to juniors navigating their own career paths.

*\*Credits: Ayushi Singh, Rohit Diwate*



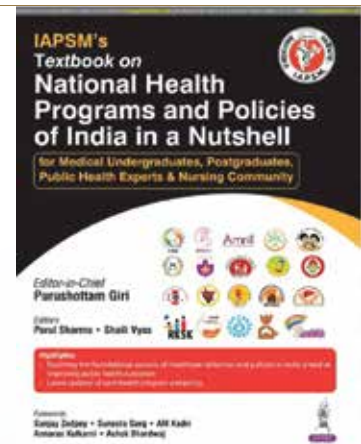
## FACULTY

From giggles small to a sharp command,  
Now microbiology's strongest hand.  
Once a child with dreams so bright,  
Now our guide through endless night.  
Through MBBS, with slides and test,  
This viva master knows us best!  
Who is this star, both fierce and kind,  
Challenging every student's mind?



## FACULTY ACHIVEMENTS

1. The IAPSM textbook National Health Programs and Policies of India in a Nutshell, with contributions from Dr. Kajal Srivastava, Dr. Swati Ghonge, Dr. Chaitali Borgaonkar, Dr. Kavita Vishwakarma, Dr. Shweta Chauhan, Dr. Neha Gawarle, and Dr. Perna Verma, was launched at the IAPSM National Conference 2025 in Srinagar



2. Dr. Hemant Deshpande, HOD Obstetrics & Gynecology was honored at the ISAR CME in Pune for his contributions to the medical field.

3. Dr. Sushil Kachewar has joined DPU's Department of Radiodiagnosis as the new HOD.

4. The IAP-BLS-ALS course, held from 11-13 April 2025, trained residents in BLS & Pediatric ALS after 17 years. Dr. Manojkumar Patil was selected as a potential PALS instructor.







5. Dr. (Col) Himadri Bal, Professor Emeritus delivered a guest lecture on “Ethics in Medical Research” at D.Y. Patil College of Physiotherapy, Kolhapur, on 21 April 2025.

6. The book COVID-19 Pandemic: The Third Eye by Dr. Amitav Banerjee, Professor Emeritus, critiquing India’s pandemic response, was featured in the Indian Express on World Book Day.

7. Dr. Pratiksha Yadav, Professor and Section Head - Interventional Radiology, contributed a chapter on “MRI Breast and Advancements” in a book edited by AIIMS, Delhi faculty.

8. A session on “Medical Certification for Cause of Death” was held on 28 April 2025 for Junior Residents, led by Dr. Madhulika Mahashabde, Professor and Head of Unit, Department of Medicine.

9. On World Tuberculosis Day (24 March 2025), Dr. D.Y. Patil Medical College hosted an event on “Yes! We Can End TB,” led by Dr. Pradnya Diggikar, Professor and Head of Unit, Department of Medicine.

10. Clinical and academic Head, DPU IVF and Endoscopy Centre, Dr. Rajendra Shitole’s article on the rise in C-section deliveries, published in Hindustan Times, discusses its causes, including maternal age and societal trends.

\*Credits: Purva Redkar, Simran Arora



## STUDENTS' ACHIEVEMENTS

The true mark of a good educational institute is its ability not only providing students with world class knowledge but also fostering multicultural talent. We have living proof of this statement in our awardees of this month-

### DR. BHAVIKA RATHI

University Topper of (Batch of 2019)

### DR. ADITYA BOSE

Best Outgoing Student (Batch of 2019)

### SALWA MOHAMMED HASEEN

University Topper (Batch of 2020)

**Kshitij Pasricha** under the mentorship of **Dr. (Brig) Sukesh Kathpalia** and **Dr. Shilpa Kshirsagar** 1st in Case Presentation Competition at Avyanna'25

**Faria Hanfi**, a first year MBBS student, participated at the annual BJMC conference for a case presentation event. She cleared the screening round on the 1st of April and presented in top 12 on the 4th of April.

\*Credits: Sandipta, Ananya Tandon, and Vidushee Manchanda



## Implementation of PM-Vidyalaxmi Scheme in 860 Quality Higher Education Institutions (QHEIs) - reg.

### Education loans is available for all meritorious students.

The PM-Vidyalaxmi scheme, a Government of India initiative offering collateral-free and guarantor-free education loans is available for all meritorious students who are getting admission in this institution and who are desirous of availing education loans to pursue higher education. You can visit the portal <https://pmvidyalaxmi.co.in>. The portal does not charge any amount from the applicant. Through the portal, you can:

The portal does not charge any amount from the applicant. Through the portal you can:

1. Apply to multiple banks for education loan
2. Access Collateral free and guarantor free education loans
3. Benefit of interest subsidies available to eligible students as per scheme guidelines accessible at [https://www.education.gov.in/sites/upload\\_files/mhrd/files/document-reports/PM\\_Vidyalaxmi\\_Scheme\\_Guidelines.pdf](https://www.education.gov.in/sites/upload_files/mhrd/files/document-reports/PM_Vidyalaxmi_Scheme_Guidelines.pdf)
4. To address queries raised by the students, there is a dedicated **Toll free number 1800 - 1031**

\*Credits: Students' Section





## Fun Zone

### Quizlet

[https://docs.google.com/forms/d/1KJQH-z--PlkWQ\\_5YsxlQsOmSarh1obHRsR0l8hSk\\_f5c/edit](https://docs.google.com/forms/d/1KJQH-z--PlkWQ_5YsxlQsOmSarh1obHRsR0l8hSk_f5c/edit)


## FACULTIES FOR FUN

**“A Lighter Look at a Serious Issue: MBBS Students Share Witty Take on Rising C-Section Rates with Dr. Kathpalia”**

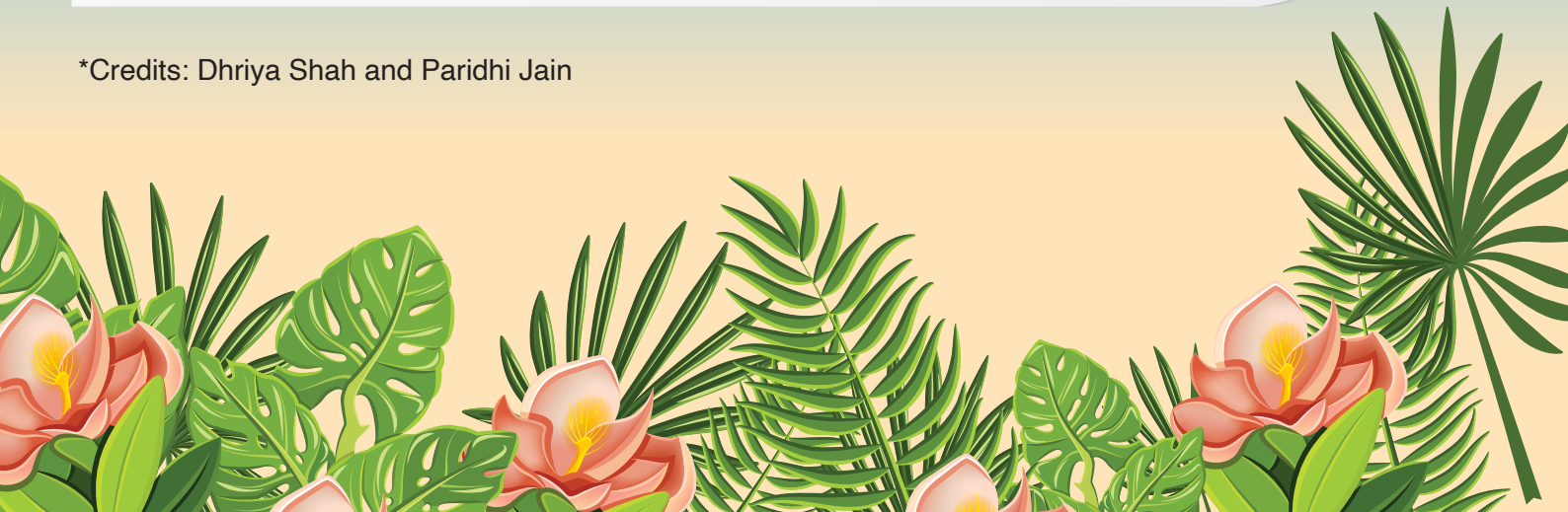
- 1. “It’s a beautiful day to save lives.”**  
Real maternal and fetal indications, but in excess (as in tertiary hospitals where high-risk cases are referred, thus an apparent rise in C-sections).
- 2. “Welcome to the business.”**  
The corporate world of hospital business that incentivizes doctors and institutes.
- 3. “Musicians play the instrument, I play the orchestra.”**  
THE REAL BOSSES: Insurance companies driving the profits, because they have more power in a single boardroom than most governments in the world.
- 4. “We are merely explorers of infinity in the pursuit of absolute perfection.”**  
Scalpel-happy medical (OBGY) residents promoting caesarean sections to gain hands-on training.
- 5. “What are the odds of getting the job done?”**  
Doctors’ fear of failure, thus opting for a planned surgical procedure to ensure predictability in outcomes.
- 6. “Win a no-win situation by rewriting the rules.”**  
Patients do not have options left after leading counseling (as in forensic medicine, leading questions are against ethics); thus, it’s either “my way or the highway.”



## Fun Zone

- 
- 7. “When someone pulls a gun, the other one pulls a bigger gun — and you cannot guess who is bluffing on the magazine.”**  
Patient fear and misconceptions that a more medicalized or expensive procedure is better.
  - 8. “Efforts are meaningless if the stars are not aligned.”**  
Religious beliefs, astrology, lucky days, or lucky dates influencing decision-making.
  - 9. “Grab while you can.”**  
Lack of C-section audits by government authorities/health ministry (just as there is a 31st March GST return filing deadline, there should be a similar C-section audit) to track surplus procedures done by doctors.
  - 10. “A sale worth buying.”**  
Lack of consistent access to pain management, which leads to fear of vaginal delivery.
  - 11. “Time saving.”**  
Minutes instead of hours: in the era of fast food, time-saving is always a priority (but not the recovery duration!).
  - 12. “Social reasons.”**  
“Next month is my brother’s wedding!” “We have a world tour next week!” endless reasons!
  - 13. “Kisiko chand chamakta dikhta hai, toh kisiko chand mein daag.”**  
POLITICAL DILEMMA: Lack of lateral entry medical advisory. Thus, amendments, new decision-making, planning, laying down rules, and implementation might get delayed and diverted from the real issue.
  - 14. “Let’s cut it.”**  
Embracing choices in an effort to have “perfect” births.

\*Credits: Dhriya Shah and Paridhi Jain



## Message from the Editors in Chief

Post Synapse fatigued greetings to you, our very dear (and still very few) readers.

April brought a lot onto the table. And by a lot, we mean sweltering 42°C heat, and the feeling of being set on fire

So, from 2 dehydrated divas to the others- those Oxyten bottles and ORS packets are not going to finish themselves, so do what you must...

XOXO,  
DPU Dive's  
Co-Editors-In-Chief,  
Vidushee and Ananya.



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