



DPU DIVE

August 2025 Edition





DPU DIVE

Dr. D. Y. Patil Medical College,
Hospital and Research
Centre, Pimpri, Pune.



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ABOUT THE MONTH

ROOTS: National Conference on aesthetic dermatology & lasers

The Roots Edition VIII - one of India's most respected platforms for Aesthetic and Procedural Dermatology — was successfully hosted in association with the Department of Dermatology from 27th to 29th June 2025 at Dr. D.Y. Patil Medical College, Hospital & Research Centre.

The campus was brimming with the extraordinary participation of over 1100 dermatology delegates from across the country, 700+ hands-on participants that were being trained across 70 live workshops divided across 3 days that covered the rapidly evolving fields like LASERS, injectables, scar ablations, microblading, vitiligo surgery, regenerative medicine and other advanced aesthetic techniques.

ADOLESCON 2025



The Department of Pediatrics at Dr. D. Y. Patil Medical College - along with MAHA hosted the ADOLESCON Conference on 5th and 6th July 2025. It was an insightful academic gathering hosted by Dr. Shailaja Mane, Head of Department of Pediatrics at DPU, along with her team in AHA.

Various panels were hosted on pressing issues like Stress, Anxiety & Depression in adolescents, Teen Suicides, Body image Issues, Autism, Violence and accidents, Substance Abuse with over 200 delegates and DPU's Bioethics committee in attendance.

On behalf of Gen Z, we would like to specially mention and appreciate our favourite panel- Gen Z : Vibes, Values and Views, the choice of a relatable topic and Dr Geeta Patil's views truly made the panel outstanding.



Rohit Diwate, a student of 2nd professional MBBS, stood as the youth representative on the panel.

In another panel hosted by Dr. Pramila Menon on UNICEF's session on NCDs and Adolescents also had one of our own Kashish Jain, a student of 3rd part 2 MBBS, who represented the Youth Forum on our behalf.

It was immensely wonderful to see that we as medical students, very early on in this field, were given such a huge opportunity to be a part of panels hosted by such eminent people, and hope to create change. 🌸

WORLD PLASTIC SURGERY DAY 2025

The most awaited event: Plastic Surgery Day was celebrated on 18th July. The day commenced with a panel discussion about plastics and the power of Aesthetic Transformation. We were honoured to welcome Mrinal Kulkarni, an acclaimed actor and director, who talked about anecdotes from her career & offered the true behind-the-scenes of the Bollywood industry (that we all secretly love)

Celebrating the artistic side of "Transformation in Plastic Surgery", the event featured a T-shirt painting & a Rangoli competition where participants channeled their creativity to display the power of transformation of reconstructive and cosmetic surgery. The event also showcased our cultural clubs featuring a street play "Chehra" by our own Drama Club and a Short Film Competition celebrating the power of skilled plastic surgeons and inspiring transformations.

No celebration should ever end without music, and so the day came to an end with everyone's favourite: A Karaoke Session!

Students and faculty came together to sing their hearts out, celebrating the true spirit of art and science.

The day was a perfect blend of education, creativity, and community, reminding us that the art and science of transformation extends far beyond the operating room.



**Credits: Heer Suhandini, Arya Ghotankar*



Breastfeeding Week

Breastfeeding Week, celebrated every first week of August in our college Dr. D. Y. Patil Medical College, is a vital initiative that highlights the importance of breastfeeding for the health of both mother and child. This year's celebration on 6th August featured many events and one of them was our own drama team's powerful Nukkad Natak on the theme *_Sustainable Life Support Around the Mother_*. The performance vividly portrayed how a caring, supportive environment—whether in hospitals, homes, or workplaces—can make all the difference in a mother's breastfeeding journey. Presented before a gathering of new mothers, it became a meaningful platform to share knowledge, break myths, and inspire positive practices. It was not just an act of performance, but a step towards nurturing healthier futures.





Upcoming Events

16th August

Janmashtami

22nd to 23rd August

MEU Conference

27th August

Ganesh Chaturthi

EVENTS IN PUNE

24th August - Still standing up by Papa CJ<https://in.bookmyshow.com/events/papa-cj-still-standing-up/ET00447261>

TOP 10 MOVIES



- | | |
|----------------------|-----------------------|
| 1. Saiyaraa | 6. Metro in dino |
| 2. Sitare zameen par | 7. Wall to wall |
| 3. Kanappa | 8. Kpop demon hunters |
| 4. F1 movie | 9. Kuberaa |
| 5. Jurassic park | 10. Fantastic four |





TOP 10 TV SHOWS

- | | |
|---------------|----------------------|
| 1. Untamed | 6. Good boy |
| 2. Panchayat | 7. Warfare |
| 3. Rana Naidu | 8. Criminal justice |
| 4. Sandman | 9. Black warrant |
| 5. Squid game | 10. Law and the city |





If you like this song, then watch this movie
because some songs are like movies, and some movies feel like songs



If you like : **“Paradise”** – Coldplay
She dreamed of something more, of a world beyond routine, where she could run free.


Watch: The Secret Life of Walter Mitty

An ode to daydreamers who dare to finally leap.

If you like **“Tum Se Hi”** – Mohit Chauhan
Every raindrop feels like you. The monsoon doesn't arrive — you do.

Watch: Monsoon Date

A quiet, short, soulful story about vulnerability, rain-soaked love, and first dates that feel like forever.



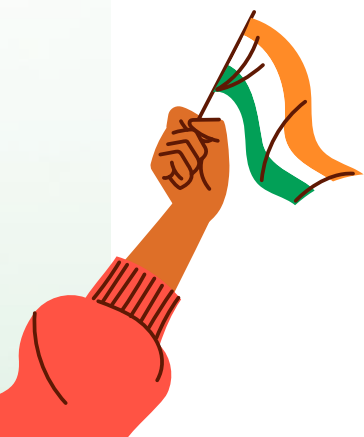
If you like **“Until i found you”** – stephen sanchez
Love, like it used to be —
slow, accidental, written in the stars and whispered in train stations.

Watch: before sunrise (trilogy)

conversations as intimacy. three cities. one love stretched across time.



Credits: Shradha Nair, Saamar Aijaz





Messages by the Students

Plastic surgery is often misunderstood, flattened into images of vanity, celebrity makeovers, or superficial beauty. To those who live its reality though, it is deeply human. It is not just about reshaping features, but restoring dignity, function, and hope.

Dr. Pratyusha Hari, a plastic surgeon who works quietly behind the scenes of trauma and transformation, sheds light on the real work beneath the scalpel. “People think it’s all cosmetic. They don’t look at the reconstructive side,” she says. “Plastic surgery is as much about function as it is about form.”





As a medical student, I’ve often noticed how some branches feel like powerhouses -loud, adrenaline-driven and glorified. Plastic surgery, in contrast, works in silence. But if you lean in close, you realise it’s quietly rewriting someone’s relationship with their own body. Dr. Hari speaks about counselling being one of the most emotionally demanding aspects: “Explaining to a mother how her child’s cleft palate will be treated, or guiding a woman post-mastectomy, it’s not easy. We show them before-and-after photos and talk them through the pain, the recovery, and the beauty that follows.”

Then there are chronic patients, those with repeated flap failures or extensive malignancies. “It’s hard to counsel someone who has already lost faith once,” she says. “But when they finally heal, and can do something as simple as eat, or smile, or look at themselves with relief... it’s beyond rewarding.”

There’s also a philosophical shift we need as future doctors: to stop seeing plastic surgery as “add-on beauty.” In truth, it often redefines what beauty means. Dr. Hari shared that her own idea of beauty has remained the same throughout her career which is rooted not in appearances, but in function, self-assurance, and comfort.





Plastic surgery isn't a monolith, it's a spectrum. From nerve-sparing microsurgeries and complex craniofacial reconstructions to the finesse of aesthetic corrections, it demands both surgical precision and artistic instinct. "The recent UG batches are showing more interest," Dr. Hari notes. "And awareness is definitely rising."

Plastic surgery may not always be celebrated with the fanfare of high-stakes emergencies or life-saving interventions, but its impact is no less profound. It exists in the quiet aftermath in the return of a child's smile, the reclaiming of a body after trauma, and the invisible strength stitched beneath the skin. For those who choose this path, it's not about glamour, but grace. Not about perfection, but restoration. And for us as future doctors, perhaps the greatest reminder it offers is this: healing isn't always dramatic. Sometimes, it's slow, deliberate, and stitched together, one layer at a time.

- Ayushi Singh (MBBS 3rd Year)

****Credits: Rucha Ratnaparkhi, Ayushi Singh***





Faculty

How do you balance beauty standards and body positivity in your work?

Dr. Guruswamy Vishwanath, Professor & HOD

Beauty is personal and subjective—shaped by perception, culture, and lived experience. As plastic surgeons, we don't define beauty, we understand what it means to each patient. When concerns are visibly evident, we address them with care and precision. If they're only perceived by the patient, we respond with empathy, engage in honest conversations, and offer thoughtful counselling.

We also consider professional needs—an actor or model may have different requirements. In every case, our priority is the patient's well-being. Our aim isn't perfection, but helping individuals feel confident, comfortable, and truly themselves—with empathy and responsibility.



What is one procedure you feel will be obsolete in the next 10 years?

Dr. Alok Sharma, Professor

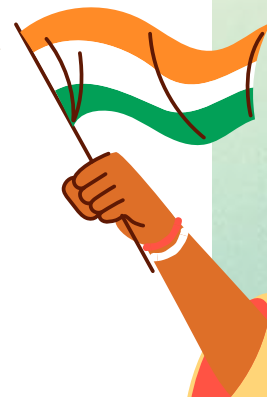
Plastic surgery is evolving rapidly. What was unimaginable 15 years ago—microsurgery, replants, hand transplants—is now routine. In our department, we've pioneered a 10-minute carpal tunnel surgery under local anesthesia—no scar, no stitches, patient back to work in 48 hours.

Similarly, brachial plexus injuries once meant lifelong disability—today we restore hand function with nerve transfers. We've even recreated sensate fingertips for a national athlete using dermal templates and foot skin.

Truth is, we don't know what will become obsolete—because every day, something new emerges. In plastic surgery, there's a new sunrise daily.

How do you balance restoring function and aesthetics when they conflict?

Dr. Bhushan Ramesh Patil, Associate Professor





Traditionally, it was life first, then function, and finally aesthetics. But now, with advanced techniques and patient-focused care, we aim for both. Modern plastic surgery plans for function without neglecting appearance. We don't just repair—we restore normalcy, confidence, and self-image.

What would you tell young people constantly exposed to beauty filters and social media pressures?

Dr. Jyotica Jagdish Chawaria, Assistant Professor

Social media shows highlights—not reality. Filters change, trends fade. But your self-worth shouldn't. Don't chase someone else's beauty—focus on what makes you feel confident and true to yourself. Authenticity lasts longer than perfection.

What is a common myth people have about reconstructive surgery?



Dr. Puja Bhaurao Dandekar, Assistant Professor

Many think plastic surgery is just about looks. In truth, it's about restoring form and function—helping patients return to independent, confident lives. Rehabilitation is just as important as surgery. Success is not just how something looks—but how well it works.

**Credits: Purva Redkar, Simran Arora*





Research and Students' Achievements


STUDENTS' ACHIEVEMENTS

While most of the student body heroically battled OSPEs, MCQs, and existential dread during exam season (we see you, caffeine addicts and last-minute crammers 🧠), actual achievement was understandably on pause.

BUT shining through the academic apocalypse like two glowing case reports, Anushka Verma and Palak Gupta from final year somehow managed to escape the exam chaos and snagged First Prize for their poster presentation on Labial Incisions at SIOG'25, AFMC.

Yes, while the rest of us were busy questioning our life choices, these two legends were out there presenting actual science and making DPU proud. ✨

Let this be a reminder that excellence still exists just not in your viva marks.



Did You Know?

Your Brain Might Be Getting a Software Update Soon!

This month, let's dive into some mind blowing research literally! Scientists are currently exploring a revolutionary technique called "electroceuticals", where tiny electrical pulses are used to treat diseases without drugs. Picture this: instead of popping pills, your nerves get zapped (gently!) to treat conditions like arthritis, depression, or even diabetes. Even more fascinating, researchers are using brain-computer interfaces (like Neuralink) to help patients with paralysis control devices with their thoughts alone! The line between science fiction and real-world medicine is getting blurrier by the day and we're here for it! Who knows? In a few years, your next prescription might just be... a USB cable. ⚡💊

**Credits: Sandipta, Saatvika Aggarwal*



Research and Students' Achievements

NASHA MUKT BHARAT ABHIYAN PLEDGE

Dear friends,

Youth is the energy of any nation and the power of youth has an important contribution in the development of society and country. Therefore, it is very important that maximum number of youth join the drug free India campaign. Accepting this challenge of the country, today we unite under the Nasha Mukta Bharat Abhiyan and take a pledge that not only the community, family, friends, but also ourselves will be drug free because change should start with ourselves.

So let us all together take a firm decision to make our district/state.....(name) drug-free. I pledge that I will do everything possible to the best of my ability to make my country drug-free.

Jai Hind!



STUDENT COUNCIL

नशा मुक्त भारत अभियान

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***Credits: Dr. D.Y. Patil Medical College, Hospital & Research Centre, Students' Section**

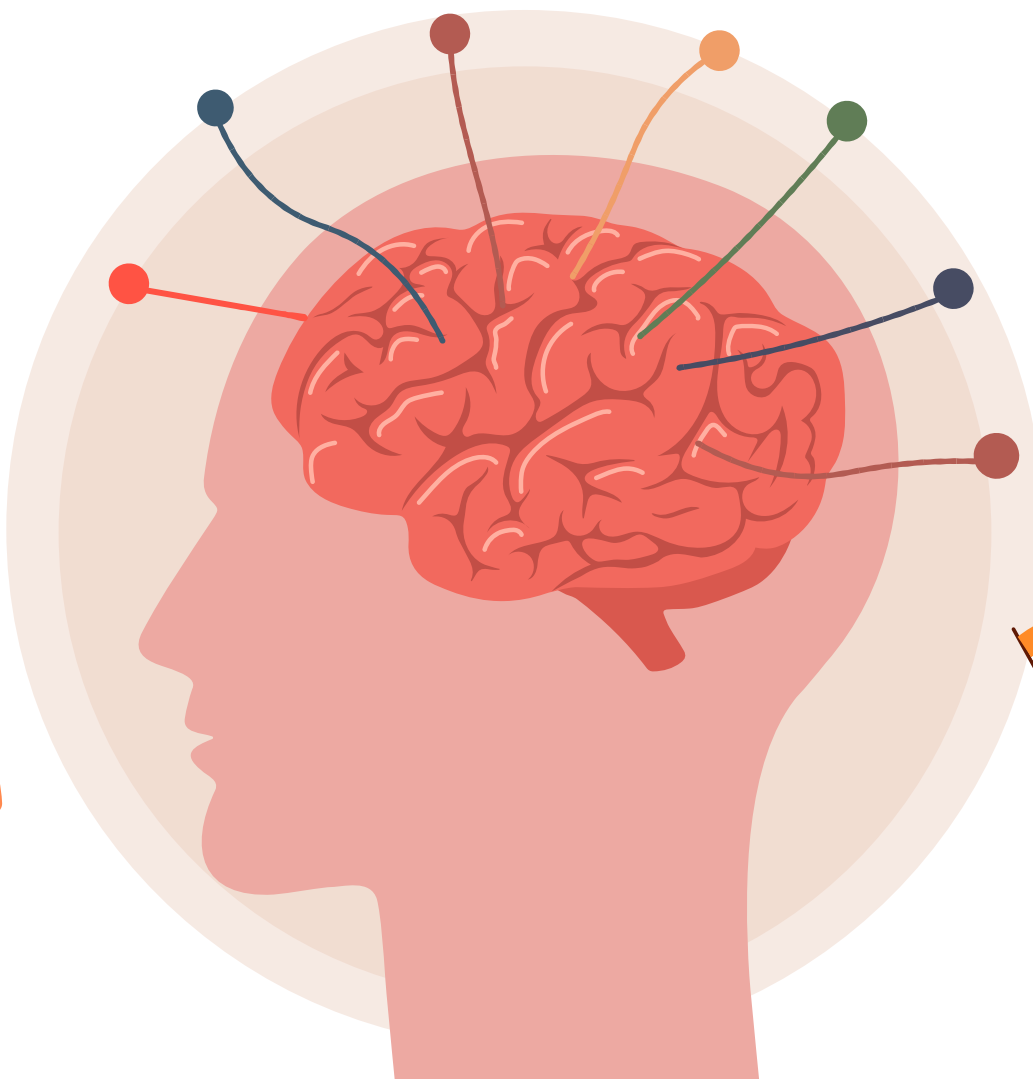


Fun Zone

Quizlet

FIND OUT WHICH CRANIAL NERVE ARE YOU.

<https://uquiz.com/5zcZnv>



Message from the Editors in Chief

Hey readers (all four of you),

Hope you've been good since we last met. In true Supportive-Asian-Mom fashion, we have come to offer you not a plate of (garlicy) fruits, but rather some words of reassurance- that you ARE an academic weapon and NOT an academic victim! You've got this! We've been through this a million times and can guarantee you'll get through it too (and that we still have another million of these to go through).

So make sure you go through this to do list before you head out to one of the two LHs that aren't covered in rubble-

Tactics? Laid.

Answers? Learnt.

Lists? Made.

Hope? Not lost.

Self-worth? Still intact.

Hotel? Trivago.

As the light shining at the end of the tunnel screams "Happy Independence Day" when you write your last exams- it's time not for a breakdown, but a breakthrough, diva!

We look forward to seeing on the other side.

All the best!

XOXO,

DPU Dive's Co-Editors-In-Chief,

Vidushee and Ananya.



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