



DR. D.Y. PATIL
MEDICAL COLLEGE
 HOSPITAL & RESEARCH CENTRE
 (A Unit of Dr. D.Y. Patil Vidyapeeth, Pune)
 PIMPRI, PUNE



DPU DIVE



VOL. 04 | OCT 2024 MONTHLY NEWSLETTER

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HAPPY Birthday

Warmest Birthday wishes to Hon'ble Padmashree **Dr. D.Y. Patil**, a visionary leader dedicated to advancing education and healthcare for all, whose impact continues to uplift countless lives!



BREAKING NEWS

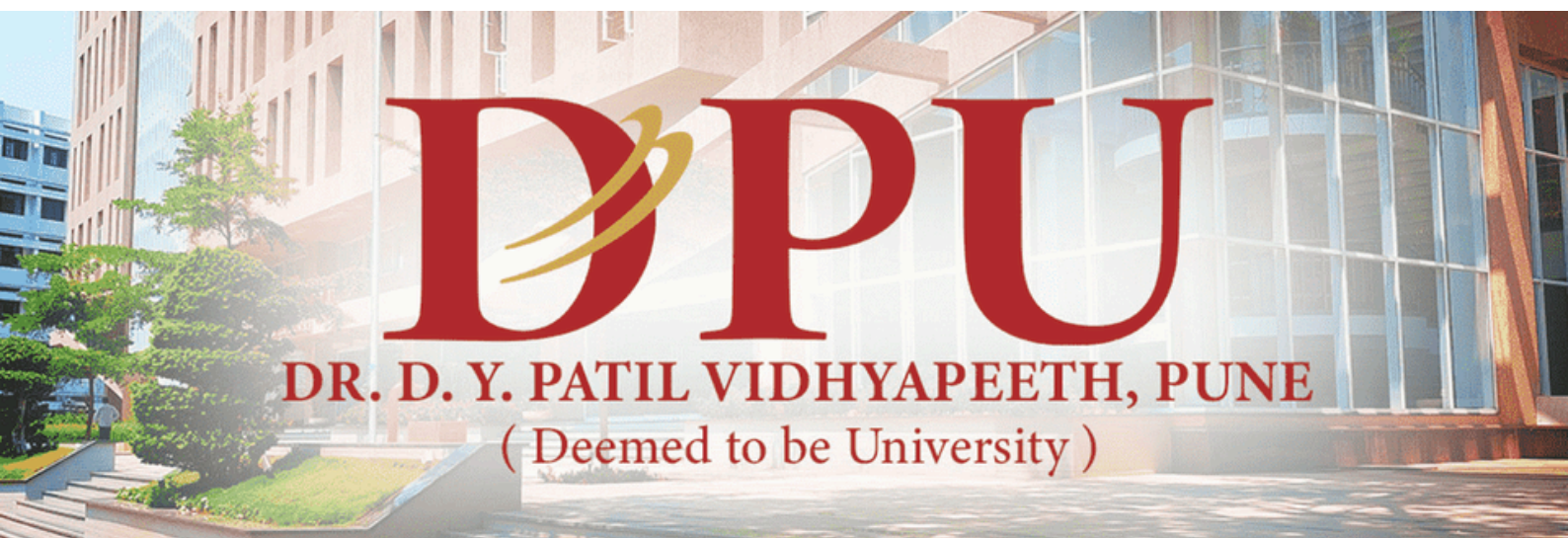
DPU DIVE Welcomes our New Medical Students

Dr. D. Y. Patil Medical College, Pimpri, Pune, is thrilled to welcome its new batch of first-year MBBS students! The 2024-25 academic year opened with an inspiring orientation, where college leaders, faculty, and senior students gathered to extend a warm welcome.

This year, students will delve into Anatomy, Physiology, and Biochemistry—essential courses that form the foundation of their medical education. With a blend of lectures, lab work, and discussions, these classes will nurture critical thinking and build a deep understanding of the human body.

Dr. D. Y. Patil Medical College prides itself on offering a supportive environment. Through mentorship programs, students' counsel, and peer networks, first-year students will receive guidance and encouragement at every step. At our institution, faculty and senior students are always available to support newcomers, helping ease their transition into this challenging field, while ensuring they uphold the legacy and prestige of the college.

Beyond academics, campus life offers a variety of extracurricular activities, clubs, and events where students can relax, connect, and explore their interests. From sports to cultural clubs, there's a community here for everyone. Be ethical, experience everything, empower others, embrace yourself – you may soon find yourself falling in love with the journey of medicine and healing.



BREAKING NEWS

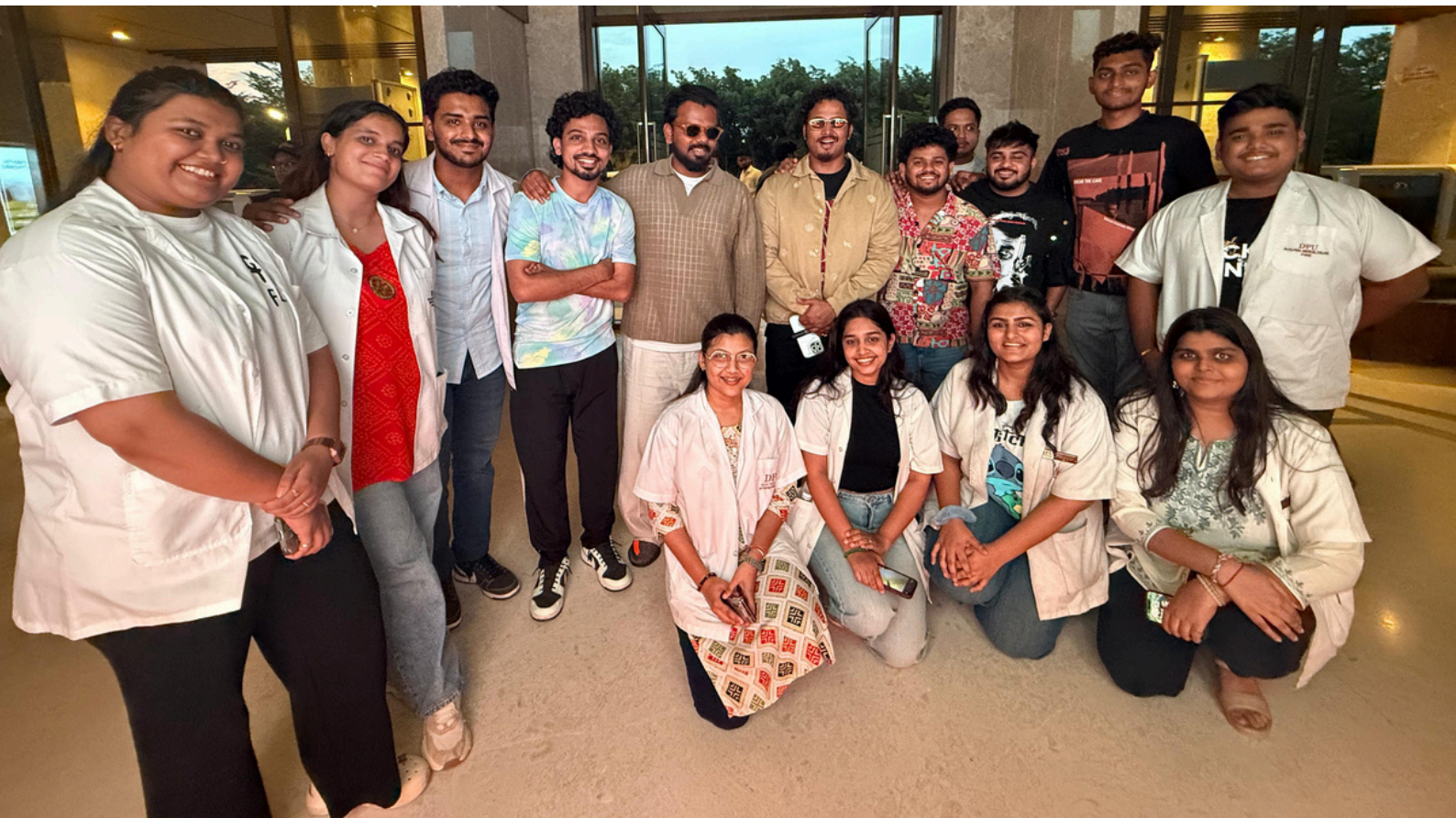
A Zesty Evening with the Ourange Juice Gang at Dr. D. Y. Patil Medical College

When life gives you lemons, make lemonade. But when it gives you oranges! You bring in the Orange Juice Gang!

On October 21, 2024, Dr. D. Y. Patil Medical College, Hospital & Research Centre, Pimpri, Pune, added some zest to campus life with an exciting influencer meet featuring the renowned Ourange Juice Gang. This interactive event brought together the first and second-year MBBS students of the college for an unforgettable day filled with laughter, inspiration and creativity. The event was addressed by content creators - Saurabh Ghadge, Neel Salekar, Karan Sonawane, Shravan Kshirsagar, Sidhant Sarfare, and Shubham Jadhav.

The evening kicked off with a formal felicitation by Hon'ble Dr. Yashraj Patil, Trustee and Treasurer of Dr. D. Y. Patil Vidyapeeth, followed by an engaging meet-and-greet with the Ourange Juice gang. The influencers shared stories from their journeys, offered advice on content creation, and discussed handling online trolling, all while celebrating their milestones. They answered the students' questions with wit and honesty, leaving everyone inspired.

In a fun twist, the event included several games testing the influencers' medical knowledge, with students laughing at their creatively humorous answers. A spontaneous dance session had everyone on their feet, turning the event into a lively celebration.



***Credits:** Kshitij Chawla, Krishna Agarwal

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MONTHLY HIGHLIGHTS

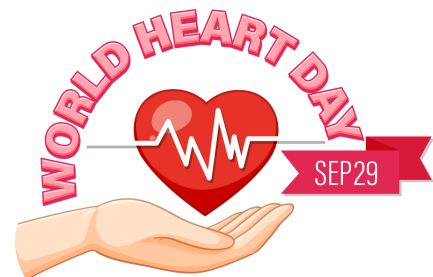
Unmasking Stigma, Embracing Strength: On World Mental Health Day

Dr. Sachin Parab gave an inspiring lecture about the importance of mental health, breaking common myths, and encouraging individuals to prioritize not only their physical but also their mental well-being.



Give your heart some love — it does a lot of heavy lifting!

Celebrating World Heart Day to promote awareness of heart health and provide essential tips for maintaining a healthy heart.



No Pain, All Gain: Celebrating the Masters of Anesthesia!

We paid tribute to our remarkable anesthesia professionals, blending creativity with heartfelt gratitude. The event featured engaging competitions, including quizzes, rangoli making, and poster creation.



Striding Together

We collaborated with Sakal newspaper as the official health partner for an exhilarating marathon event, promoting fitness and well-being in our community. Together, we are making every step count!



Dr. Pramila Menon introduced AETCOM as a self-directed module.

The participants were asked to review it and present their learnings in groups. Each group engaged actively, delivering insightful presentations using role plays, group discussions, and small group teaching methods. The interactive learning session was highly appreciated. It also offered a glimpse into the UG implementation of the AETCOM curriculum.

*Credits: Eshita Durve, Vedika Singh

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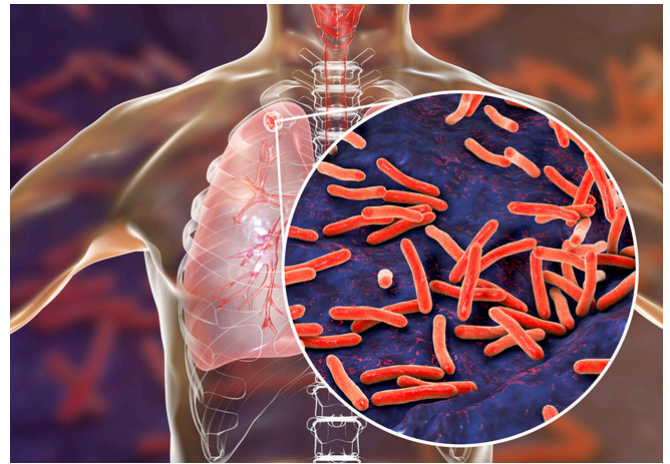
RESEARCH HIGHLIGHTS

An exciting new opportunity for students interested in research: The Atria Research Club has opened registrations and will be accepting new members until November 5th, 2024.

The month of October has brought varied interesting and unique entries in the DPU medical journal including:

1. "How to Balance the lost Art and the Fragmented Science?" By Dr. Amitav Banerjee,
2. "Maladies of the Health Care Sector: A Reflection" By Dr. Himadri Bal,
3. "The Mystery of an Ulcerated Plaque Over Vulva in a 62-year-old Woman" By Dr. Praneet, Dr. Anand Bhosale and Dr. Vivek Dugad,
4. "Psychological impact of adult alcoholism on spouses and children" By Dr Darpan Kaur and Dr. Shaunak Ajinkya.

Research on DBT Scheme for TB Patients and Global Presentation on Child Health.



The Department of Community Medicine at Dr. D. Y. Patil Medical College, Research Center & Hospital, Pimpri, Pune conducted a study on the Direct Benefit Transfer (DBT) scheme under the National Tuberculosis Elimination Programme (NTEP), which was published in the Indian Journal of Tuberculosis and featured in Hindustan Times, highlighting implementation challenges for TB patients.

Additionally, Dr. L. Naga Rajeev, Assistant Professor in the Department of Community Medicine, presented research on stunting and overweight in under-five children at the World Congress of Epidemiology 2024 in Cape Town, advancing global child health insights.



*Credits: Arvind Kondapalli, Department of Community Medicine

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MESSAGE FROM DEAN

Dear Students,

I am honored to join Dr. D. Y. Patil Medical College as your new Dean. With over 30 years in medical academia, clinical research and leadership, I am eager to contribute to this institution's legacy of excellence and innovation. Our journey together will be one of exploration, learning and dedication, where we push the boundaries of medical education and research, nurturing not only knowledge but empathy and care.

As you embark on your path in medicine, remember that discipline and consistent practice are the cornerstones of true success. Mastery in any field, especially in healthcare, is built not just on talent but on your commitment to refine your skills daily. Let every challenge strengthen your resolve and let every effort bring you closer to your goals. With discipline as your guide and practice as your tool, excellence will follow.

Warm regards,
Dr. Rekha Arcot
Dean



***Credits:**

 <https://medical.dpu.edu.in>



HEALTHCARE NEWS

The treatment of GRASSROOT stroke is not far:

The All India Institute of Medical Sciences (AIIMS) in New Delhi, a leading center for stroke treatment in India, has announced the launch of the GRASSROOT (Gravity Stent-Retriever System for Reperfusion of Large Vessel Occlusion Stroke Trial) clinical trial to evaluate the safety and efficacy of a new advanced stent-retriever. Treating the first patient in GRASSROOT stroke trial to evaluate advanced stent-retrievers for stroke treatment is a promising result for all humanity.



Dr Shailesh Gaikwad, MD, FNAMS, Professor and Head, Department of Neuroimaging & Interventional Neuroradiology, Neurosciences Centre, AIIMS, New Delhi, said, "Our goal is to deliver an innovative solution that will not only improve stroke outcomes but also set new standards for stroke care globally."

*Credits: Krishna Agarwal

HEALTH TIPS



Incorporate Play and Creativity

Find time for a creative hobby, like drawing, writing, or a musical instrument. Engaging in creative outlets provides mental relaxation and balance.



Set Up a "Healthy Corner" in Your Study Space

Find time for a creative hobby, like drawing, writing, or a musical instrument. Engaging in creative outlets provides mental relaxation and balance.



Smart Breathing Exercises

Use guided breathing apps like Breathe or Oak, or try box breathing (4 seconds inhale, hold for 4, 4 seconds exhale, hold for 4, Repeat 4 times) to quickly reduce stress and improve focus.

*Credits: Shreeya Singh

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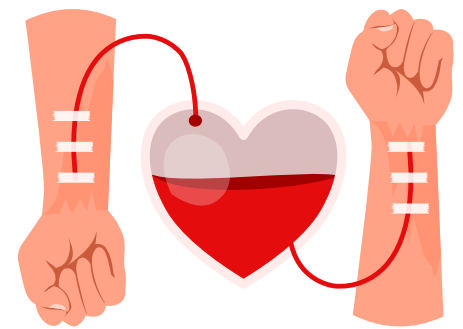
WELLNESS PROGRAM

September 2024 was marked by the community's strong involvement in health and wellness initiatives, with successful blood and milk donation drives that addressed crucial needs in the region.

The blood donation drive saw seven camps across various locations, including Precion Tec Bhosari (72 donors), Kumar Pratham Society in Moshi (54 donors), and Nighoge School Camp (37 donors). Other key camps were held at Dwaraka Sunset Society, NSS Unit Wahagaon, Nigadi Camp, and Anilji Bhagadaiya Pimpri, which had 78 donors. The camps collectively gathered 323 units of blood, complemented by 54 in-house donations, bringing the total collection to 377 units. These donations will play a vital role in saving lives during medical emergencies.

Simultaneously, the milk donation program saw significant contributions. A total of 31,240 ml of milk was collected, including 23,600 ml from outside donors. Of the 286 donors, six were external contributors. This milk supported critical care units, with a total distribution of 90,175 ml. Major areas of distribution included 60,870 ml to the Neonatal Intensive Ward (NIW), 22,440 ml to the Pediatric Intensive Care (PRIC), and 3,640 ml to the Pediatric Intensive Care Unit (PICU). Smaller but essential amounts were distributed to NICU, Ruby Hall, Jupiter, and Medipoint Hospitals.

These wellness efforts reflect the community's dedication to public health, ensuring that essential resources like blood and milk are available for those in need. Both programs continue to impact lives, offering critical patient support and emphasizing the importance of ongoing community involvement.



OUT REACH PROGRAM

In October 2024, Dr. D. Y. Patil Medical College, Hospital & Research Centre, Pimpri, Pune, organized a series of free multi-diagnostic health checkup camps in collaboration with local organizations across the Pune district. These camps aimed to provide accessible healthcare services to students and community members, offering general health screenings, consultations, and essential medicines at no cost.

Staffed by medical professionals from departments like Community Medicine, Pediatrics, Ophthalmology, ENT, Dental, and Optometry, each camp was meticulously coordinated. The team, composed of 12 to 20 members, catered to 2,330 beneficiaries throughout the month, emphasizing preventative care and addressing general health concerns. Most camps recorded no referrals, highlighting their role in supporting primary healthcare.

The camps positively impacted community health and showcased Dr. D. Y. Patil Medical College's commitment to fostering accessible healthcare for all, with a special focus on underprivileged populations.

Venue	Date(s)	No. Of Members	No. Of Beneficiaries
Tribal Health Centre, Gosasi, Tal. Khed, Dist. Pune	3/10/24	14	90
Anand Kapoor Training Centre, Borghar, Tal. Ambegaon, Dist. Pune	9/10/24	14	88
Sanskriti High School, Undrigaon, Dist. Pune	08/10/24	18	384
	11/10/24	19	473
	16/10/24	19	362
	18/10/24	19	376
	22/10/24	20	359
Dr. D. Y. Patil Art, Commerce & Science College for Women, Pimpri, Dist. Pune	15/10/24	12	198

*Credits: Kshitij Chawla, Shreeya Singh

QUIZZES FOR STUDENTS

Academic Quiz: PYQs:

<https://timer.addonforge.com/timer/1FAIpQLSdGrVhzpmN5TMLYDLdZnV53cb6EBAIuSOOXpt0FLBQsIXRHaQ>

Non-academic Quiz:

Riddle this: <https://www.autoproctor.co/tests/start-test/ilh6y0Z5HD>

*Credits: Dhriya Shah, Paridhi Jain

 <https://medical.dpu.edu.in>



EXCEPTIONAL ACHIEVEMENTS

Dr. A.L. Kakrani Receives Lifetime Achievement Award at DCC Conference 2024

The DCC Conference 2024, themed Diabetes Controversies to Consensus, was held in Pune, and organized by the Diabetes Health Forum.

During the inauguration, Dr. A.L. Kakrani, Professor of Clinical Eminence in Medicine and Director of Academic Collaborations at Dr. D. Y. Patil Medical College, was honored with the esteemed Lifetime Achievement Award. This recognition highlights Dr. Kakrani's significant contributions to the field of medicine. We extend our heartfelt congratulations to him for this well-deserved accolade.



Ophthalmology Faculty Honored at Maharashtra Ophthalmological Society Event

Three esteemed members of our ophthalmology department were recently recognized by the Maharashtra Ophthalmological Society (MOS) for their significant contributions.

Dr. Parikshit Gogate, Associate Professor, received the prestigious President's Gold Medal 2024. He was awarded for his exceptional work in ophthalmology throughout 2023-24. His commitment to advancing eye care is commendable.

Dr. Radhika Paranjpe, also an Associate Professor, was awarded the MOS Gold Medal for her outstanding contributions to the field.

Additionally, Dr. Piyush Bansal, Vitreoretinal Consultant, was elected Chairman of the MOS Scientific Committee, positioning him to drive future advancements in ophthalmology.

EXCEPTIONAL ACHIEVEMENTS

We extend our heartfelt congratulations to Dr. Gogate, Dr. Paranjpe, and Dr. Bansal for their achievements and dedication to the field.



Dr. Sahjid Mukhida's Poem on Tuberculosis Featured in Annual India TB Report 2024

The National Tuberculosis Elimination Program (NTEP), Central TB Division, Ministry of Health and Family Welfare, has published a Hindi poem on tuberculosis by Dr. Sahjid Mukhida, Assistant Professor of Microbiology, in the Annual India TB Report 2024 (page 148). Released in October 2024, the poem aims to boost TB awareness among the Indian public, supporting nationwide efforts in tuberculosis prevention.

Defying Gravity - Vaibhav Vijay Thorat sets new record for rope skipping

Our very own Vaibhav, from 3rd MBBS (Part 2) has made us incredibly proud by securing a spot in the India Book of Records! He achieved an astounding 888 rope skips in just 5 minutes - a feat of sheer dedication, determination, and discipline. This remarkable achievement puts him among the record holders of the nation. Let's all celebrate his hard work and success, and may this achievement inspire us to reach new heights in everything we do.

Bravo, Vaibhav. Your college, your city, and your nation are proud of you!



Hearty congratulations Dr Joshua - III EM resident for 1st prize in the case presentation at the EM Conference at Indira Gandhi Medical College, Pondicherry.

*Credits: Kshitij Chawla, Dr. D.Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, U. G. Section

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ALUMNI SPOTLIGHT

Dear Reader,

"As you journey through MBBS and life, the best you can do is live every moment to the fullest, because you only get one chance to experience it all! Hesitancy is your biggest enemy. Take risks, learn new skills, and dive into experiences. Dance, sing, participate, and aim to win, but if you fail, remember that by trying, you uncover what needs to improve, and that is true victory. A nobody isn't one who loses often but one who never tries. To become who you aspire to be, take that step forward and give it a shot!"

Dr. Abhimanyu Sinha

Batch of 2016-21

Psychiatry Junior Resident 3

Member of IQAC

**Credits: Vidushee Manchanda, Dr. Abhimanyu Sinha*



STUDENT'S OPINION ARTICLE



Experience of the "UN Summit of the Future" from Palak Gupta (3rd Year Part 1):

Attending the UN Summit of the Future was a once-in-a-lifetime experience that deepened my understanding of global challenges and the need for collaborative solutions. Representing ECB Sustainable Youth Foundation, I had the privilege of engaging with thought leaders like Malala Yousafzai and Anna Sjöström Douagi, CEO of Nobel Foundation, who addressed critical issues such as digital governance, climate action, and peace-building. As a medical student, I was especially drawn to health-focused discussions led by the UN Scientific Advisory Board, emphasizing science-based decision-making to tackle complex issues like climate change and global health. Additionally, the International Panel on the Information Environment (IPIE) event highlighted how information integrity impacts governance. These experiences reinforced my belief in evidence-based solutions and strengthened my commitment to global health dialogues.

**Credits: Khushi Shah, Palak Gupta*

STUDENTS' ACHIEVEMENTS



Dr. D. Y. PATIL VIDYAPEETH, Pune (DPU) Unit of International Chair in Bioethics, conducted the World Bioethics Day Competition on Tuesday, 22nd October 2024 as per guidelines given by the chair. The theme for this year's event was 'Nondiscrimination and Non-stigmatisation'. The event was a great success, with more than 150 students participating in various activities, showcasing their enthusiasm and engagement throughout the entire event.



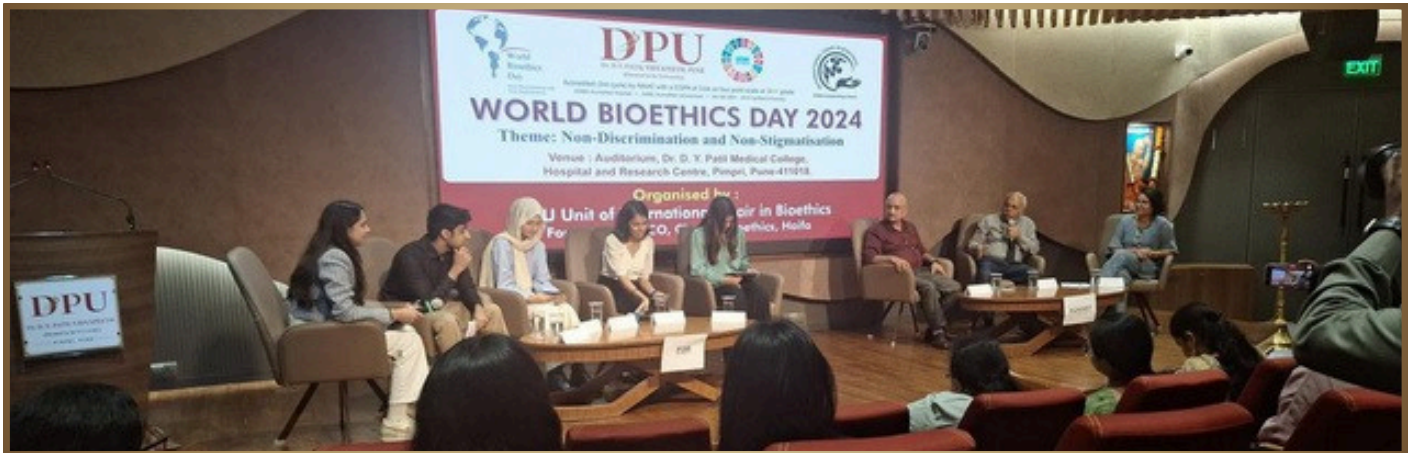
Symposium: The event was centered on discussing specific topics or fields of interest. The event included presentations and Q&A sessions allowing participants to share research findings, insights and ideas. All participants were given a time limit of 4-7 minutes to present, followed by questions from the judges. They were evaluated on content and relevance of topic, delivery, creativity and originality, and use of supporting material.

1st Position: Jahnvi Shri

2nd Position: Samridhi & Swati Sahoo

3rd Position: Samruddhi & Sandhini

STUDENTS' ACHIEVEMENTS



Students vs Faculty Debate Competition: The debate aimed to engage participants in critical discussions, encouraging the exploration of diverse viewpoints. Students competed with faculty on the topic "It is essential to add age restriction guidelines on access to puberty blockers and hormone therapy for transgender youth".

1st Position: Hrishab Kumar Sharma, 3rd Year Part 1 MBBS

2nd Position: Vidushee Manchanda, 3rd Year Part 1 MBBS

3rd Position: Dr. (BRIG) S. Kathpalia, HOU Department of Obstetrics and Gynaecology

Best Speaker: Dr. Amitav Banerjee, Department of Community Medicine

Best Interjection: Dr. Neha Kamble, Department of Pathology



Dance Competition: The dance performances aimed to celebrate non-stigmatisation and non-discrimination through a captivating showcase of talent. The dance performances were a vibrant celebration of art and culture, keeping everyone thoroughly engaged.

1st Position: Ishana Jena, Amulya Dongare, Hiyaa Bedmutha, Aditi Bhole, Ananya Jadhav

2nd Position: Dr. Madhura Nayak, Dr. Priya Maurya

3rd Position: Uttkarsha Shinde, Samprada Kasangottuwar, Vedika Koli, Samruddhi Lodha

STUDENTS' ACHIEVEMENTS



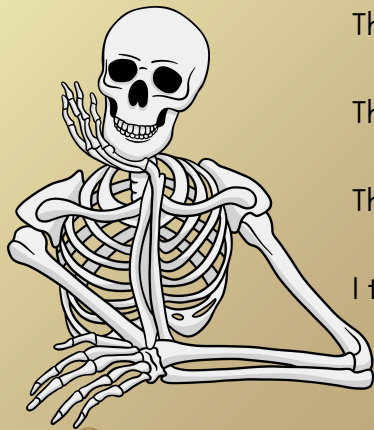
Nukkad Natak Competition: The Nukkad Natak aimed to raise awareness on the topic of 'Non-stigmatization and Non-discrimination' through engaging and entertaining street play performances. The nukkad natak engaged the community and raised awareness about important Bioethical issues.

1st Position: MBBS Drama Club (Krishna Agarwal, Kshitij Chawla, Khushi Shah, Shatakshi Lahariya, Ananya Das Gupta, Mukund Yamdagni, Raj Paralkar, Kritika Mendiratta, Rohit Diwate, Priyanshi)

2nd Position: Biotechnology Team (Riddhi Ranaware, Yadnyika Narkhede, Vanshika Dutt, Vanshika Gupta, Charvi Charchita Pattnaik, Ananya Menon, Tanushree Vrushal Puranik, Shruti Rao, Gauri Sharma)

*Credits: DPU unit of International Chair in Bioethics

LIGHT LAUGHS



The orthopedic surgeon's humor is hard to beat because he can fix any humerus

The doctor told me I had Type A blood but it was a Type-O.

There was a joke about an inhaler but it will take your breath away.

I told my doctor I had a ringing in my ear, he said "Don't answer it".



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PROMOTING MENTOR-MENTEE RELATIONSHIP:

How to make the most out of the mentor - mentee program - a guide for first years:

The mentor-mentee program aims to support students by pairing them with experienced mentors who provide guidance, encouragement, and valuable insights. This initiative fosters a nurturing environment, helping newcomers navigate academic challenges, social integration, and personal development.

Don't worry Dive is here to help you:

To make the most of this program, all students need to take proactive steps to seek out their mentors. Begin by knowing and identifying your mentor and establishing clear communication; share your goals and any concerns you have about college life.

Attend all scheduled meetings and actively engage in discussions. Set specific objectives, whether academic or personal, and seek your mentor's guidance to achieve them.

Additionally, don't hesitate to ask questions or request feedback. Mentors appreciate mentees who are eager to learn and grow. Finally, understanding that reaching out is always better than staying in doubt, is an essential key.

So embrace this DPU journey and make the best out of it.

**Credits: Heer Suhandani, Dhriya Shah*



CODE RED



Interns for academic year 2023-24 are requested to fill in the e-logbook on priority.



Executives of DocTutorials are available for MBBS students for free login in the app for PG NEET preparation.



November is a busy month for all the batches, Preliminary Examination and Internal Examinations will leave no batch.

**Credits: Ananya Tandon, Dr. D.Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, U. G. Section*

MESSAGE FROM THE EDITOR

Dear Readers,

Thank you for reading the latest edition of DPU DIVE! This issue is packed with insightful articles and updates reflecting the ongoing dedication of our medical college and the students. As we continue to navigate the challenges in healthcare, our commitment to education, research, and community service remains steadfast. We are excited to showcase the achievements of our faculty and students, highlight upcoming events, and share valuable resources that support our mission of excellence in medical education. Thank you for your continued support and engagement. Together, let's strive for a healthier and longer future.

Warm regards,
Krishna Agarwal
Editor-in-Chief, Student Wing
DPU Dive

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About DPU Dive Newsletter:

The DPU Dive Newsletter is a monthly publication by Dr. D. Y. Patil Medical College, Hospital & Research Centre, providing updates on the latest medical research, events, and innovations within our institution. Our goal is to keep our community informed and engaged with the advancements and achievements in the field of medicine.

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Twitter: <https://x.com/DPUPune>

Instagram:

<https://www.instagram.com/dpu.medicalcollege>

For more information, visit our website or contact us directly. We appreciate your support and contribution to the DPU Dive Newsletter.

DPU