

# DPU DIVE





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**Dr. D. Y. Patil Medical College,  
Hospital and Research  
Centre, Pimpri, Pune.**



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## About the Month



### DR. YASHRAJ PATIL SIR'S BIRTHDAY

Our Hon'ble Trustee and Treasurer, Dr. Yashraj Patil, celebrated his birthday on the 19th of February. He was warmly welcomed by the newly elected Students' Council along with our Dean, Dr. A Rekha; VC, Dr. N. J. Pawar; Director of Academics, Dr. P. Vatsalaswamy; and various esteemed faculties. Along with this, a blood donation camp was organised throughout the campus, wherein a large number of people donated their blood for a noble cause.

### AARAMBH 2025

Bidding adieu to the 2023-24 Students' council, the 2024-25 council stepped in on the 18th of February 2025. The formal event included the outgoing ceremony, various cultural performances and the induction ceremony followed by an informal event, including a unique introduction of each department and various clubs to the student body.

PS- Please feel free to approach members of the council and join your favourite clubs' WhatsApp groups for information regarding upcoming events!

To the new members, welcome to the Students' Council!  
To the outgoing members, thank you for your support.  
And to the re-elected members, keep up the good work!



### FINANCE WITH SHARAN

Sharan Hegde (@financewithsharan), a renowned financial expert, recently visited the campus and provided the students with practical insights and tips on financial growth and wealth management. It was an informative event that taught us the importance of financial literacy as an essential component of life.

*\*Credits: Heer Suhandani*



## Upcoming Events

### College Events

**12th March - Wednesday**  
Swap Art by Arts club

**16th March - Sunday**  
Literary Event

**25th March - Tuesday**  
Sports events

**28th March Onwards**  
Presynapse week commences

**Every Saturday/Sunday**  
College Auditorium  
Movie or Sports Night!  
(timings and shows will be updated)

## Events in Pune



### 9<sup>th</sup> March to 16<sup>th</sup> March

#### Practical Workshop on Share Market

<https://in.bookmyshow.com/events/confusion-to-clarity/ET00421314>

### 23<sup>rd</sup> March

#### Deep Sleep Sound Healing - A Restoration Journey

<https://in.bookmyshow.com/events/sound-bath-on-the-final-full-moon-of-2024/ET00421760>

\*Credits: Khushi Shah, Saamer Aijaz, Shradha Nair



## Messages for Students

### ALUMNI MESSAGE

I am deeply honoured to have the privilege to write a message for this newsletter. Through these years, I have definitely learnt that

**“Success is not final; failure is not fatal: It is the courage to continue that counts.”**

You will definitely face some obstacles during this beautiful journey, but I can assure you that in the end, you will know how to tackle them. And even if you don't, you will always carry a heart full of memories.

So make mistakes, learn from them, and just enjoy this journey to the fullest as this time will never come back!

I convey my sincere well wishes to all of you and congratulate the editorial board for taking this initiative.

Thank you.

**Dr. Sanyukta Ghodke**

Former General Secretary,  
Students' Council 2019-20  
Resident, Department of  
Paediatrics,  
Sri Ramachandra Medical College,  
Chennai



# KYC 2.0 : Know Your Council

## Isha Valecha

A brand-new year, a fresh wave of energy, and countless opportunities await us—and I couldn't be more excited to embark on this journey with all of you! It's truly an honor to connect through DPU Dive, a space where we celebrate our achievements, share stories, and stay connected as one big family.

DPU is more than an institution- it's where dreams take shape, friendships turn into lifelong bonds, and every student has the chance to shine.

This year, the Students' Council is committed to making your voices heard and your college experience truly memorable. From cultural events to academic initiatives, we aim to create opportunities for you to grow, express yourself, and thrive. But beyond events, what truly defines us is our unity- the way we uplift and support each other. Let's make this year one of passion, progress, and unforgettable memories!

With warmth and excitement,

### Isha Valecha

General Secretary, Students' Council 2024-25



## Krishna Agarwal

To my DPU family, our college is a hub of creativity, diversity, and endless possibilities. In this "perfect" place-where students are either buried in books or are out making memories in KP, I am here to bring a fresh perspective. College life isn't just about those 12-hour study sessions, it's about new experiences, personal growth, and moments that stay with us forever. I am no different than any of you, I am here to grow. I am here to create memories. I am here to get to know you.

With clubs, auditorium movie nights, competitions, influencer meets, and much more on the way, we will build a true DPU family- one that learns, celebrates, and grows together. I am a storyteller, a problem solver, and just another student who finds joy in the little things.

So, the next time you see me, stop by and say hello. Share your day with me, and who knows? You might just walk away feeling a little lighter. Let's get to know each other. Let's create memories that last. Looking forward to this journey with all of you!

### Krishna Agarwal

A Friend (& General Secretary, Students' Council 2024-25)





## Shreeya Singh

Walking through the halls of our college, I am always reminded that medical education is not just about textbooks and exams- it's about the people we meet, the lessons we carry, and the purpose that drives us. This institution has given us more than just a degree; it has instilled in us resilience, mentorship, and a lifelong community to rely on.

As members of this vast fraternity, we are bound by shared experiences- the challenges we have overcome, the friendships we have built, and the dreams we continue to chase.

There is a unique camaraderie among us because only we truly understand the day-to-day struggles of this profession. No matter where we go, we carry a part of this college and its memories with us, like a soothing balm.

My advice: keep learning, keep growing, be kinder, and never forget the reason you chose this journey. Medicine is not just a profession; it is a promise to make a difference. And making a difference begins with being a better human being.

### Shreeya Singh

Vice General Secretary, Students' Council 2024-25



## Deepansh Sinha

This role is a responsibility I take with great commitment, aiming to enhance student life and foster a supportive environment. My vision is to create a platform where every student's voice is valued. Together, we will work towards meaningful initiatives, impactful events, and solutions that address student concerns. Collaboration and inclusivity will be at the heart of everything we do.

I look forward to working with you all to make a lasting difference. Your ideas and support are invaluable- let's build a stronger and more dynamic student community!

### Deepansh Sinha

Vice General Secretary, Students' Council 2024-25



\*Credits: Vidushee Manchanda, Ayushi Singh

# Faculty

## EMBRACING GROWTH: HOW TO BE A COACHABLE MENTEE!

Mentor-mentee relationships can often be challenging. Problems in communication, resistance to feedback, and fear of asking for “HELP” are a few problems that mentees can face that may strain mentor-mentee relationships. However, one can be coachable as a mentee by the following:

### 1. Receiving Feedback

As a mentee, you should not be defensive while receiving feedback from your mentors. Be open to all kinds of feedback, adopt a growth mindset, take notes and reflect!

### 2. Taking New Initiatives

You should share your goals with your mentors to progress towards betterment.

### 3. Regular Follow-ups

Without consistent check-ins, mentor-mentee relationships may lose their direction, leading to declining growth curves. The most important step here is to please get your mentor booklets signed regularly to ensure issues have been resolved and to understand which ones require more attention.

Being a coachable mentee is one of the principal factors that will help one to get the most out of a mentor-mentee relationship.

*\*Credits:* Ayushi Singh, Purva Redkar, Simran Arora



## Faculty Achievements

1. Dr. P. Vatsalawamy, Academic Director, delivered a oration on 'Fetal histomorphometry' as a guest speaker for the National Online Conference on Genetics in Cancer conducted by All India Institute of Medical Sciences (AIIMS), Madurai on 7th February.
2. Dr. Pratiksha Yadav, Professor of Interventional Radiology delivered a Guest lecture on the topic "Balancing life for health and happiness" at Aditya Birla Hospital organized by PCMC Radiology Association.
3. "A Novel 4-Tier Classification for Tumor Budding and The Importance Of Tumor Invasive Patterns In The Prognosis Of Colorectal Cancer" by Dr. Tejus Nagireddy, student of MCh. Surgical Oncology has been accepted for publication in the World Journal of Surgery.
4. Dr. Varsha Shinde, Professor of Emergency Medicine, was invited as faculty for the inaugural ATLS at Ganga Hospital, Coimbatore with Chair ATLS India Dr Misra as course director.
5. Dr. Rajesh Kinshikar, Professor and Head - Medical Physics attended a webinar on "Meet the Industry: Unlocking Radiotherapy Potential through innovation" with 1 CPD point from the International Organisation for Medical Physics.
6. Department of Emergency Medicine, Department Of Simulation & Skills Lab, Anaesthesiology team of Dr. D.Y. Patil Medical College, Hospital & Research Centre and the Bharati Vidyapeeth team of instructors organized a 3-day program of AHA certified BLS and ACLS course from 13th to 15th February at our institution under the able leadership of Prof. Dr. Varsha Shinde. Faculty, interns, residents and nurses from different departments participated and completed the course.



# Research and Students' Achievements

## RESEARCH! FREE! FREE! FREE!

(90s-commercial-announcer voice)

Have you ever wanted to learn how to do research but don't know how to start? Scared of unwieldy, boring spreadsheets? Or maybe you just want to make graphs that look better than the excel defaults? Finding a proper research resource may be akin to finding a needle in a haystack, but don't you worry! We have the magnet- if you contact any of the writers of this section, you can receive 1 data set + instructions and tutorials for how you can approach data analysis **COMPLETELY FREE OF COST!** Now that my exams are over, this is part of my renewed efforts to get students into research in this college.

For more information and any queries, please feel free to contact the Research Secretaries.

### UPCOMING RESEARCH OPPORTUNITIES

This year, B.J. Government Medical College, Pune, is hosting their annual conference on 3rd and 4th April 2025.

The theme of the conference is "Lifestyle disease: Empower, Prevent & Treat"

The events being held are:

1. Paper presentation
2. Poster presentation
3. Interesting case presentation

# Students' Achievements

With the upcoming events, intra and inter-collegiate competitions, preparations are underway by the Students' Council.

Alongside friendly events, auditions are being held for AVYANNA'25 at Symbiosis Medical College for Women (SMCW), which will be held between March 5th-7th.

## Here are few of the events conducted so far-

1. A friendly dodgeball match was organised by the Sports department on 15/02/25 at our tennis court. Fixtures were between 1st and 2nd year, 3rd and 4th year. The 4th year girls and 2nd year boys were the respective winners.
2. Cricket team selection to represent the college at AVYANNA'25 is complete.
3. Debate auditions were organised by the Debate department on 20/02/25 for the English Formal Debate at SMCW from which 7 students were shortlisted to represent DPU. The department also organised an Intercollegiate Hindi Debate Contingent Meeting on 24/02/25.
4. Fashion Fusion, organised by the Arts department held a fashion audition on 17/02/25 from which 15 students were selected to represent DPU at AVYANNA'25.
5. Joining hands, the Magazine and Debate departments came up with The Inkwell Society's 'Kitaab Khana'- a blind book date, where participants could bring a book of their choice and exchange it with a peer for a fortnight.
6. The Music department organised LUTHIERA, an exclusive guitar workshop on 19/02/25 at the amphitheatre. The 8 spots for this workshop were filled on a first-come basis by students of all calibres.



\*Credits: Abdul Ahad, Arvind Kondapalli, Sandipta



## Fun Zone

1

What did the doctor say to the patient who was afraid of getting a shot? "Don't worry, it's just a little needle in the haystack!"

2

Why did the doctor break up with their partner?  
*They just didn't share the same patients!*

3

What did the nurse say to the patient who wouldn't take his meds? "You're going to have to swallow your pride".

4

Why did the medical student get kicked out of the library?  
He was caught "dis-secting" the books!

## Jokes

### Hirudotherapy... still in use?

The use of leeches in medicine is still prominent. They help improve blood circulation and prevent clotting- especially after reconstructive surgeries.



## Facts

### Our second brain?!

The enteric nervous system in the gut has about 100 million neurons and it plays a key role in mood regulation. So, the next time you feel the blues, you might just need to visit the loos!



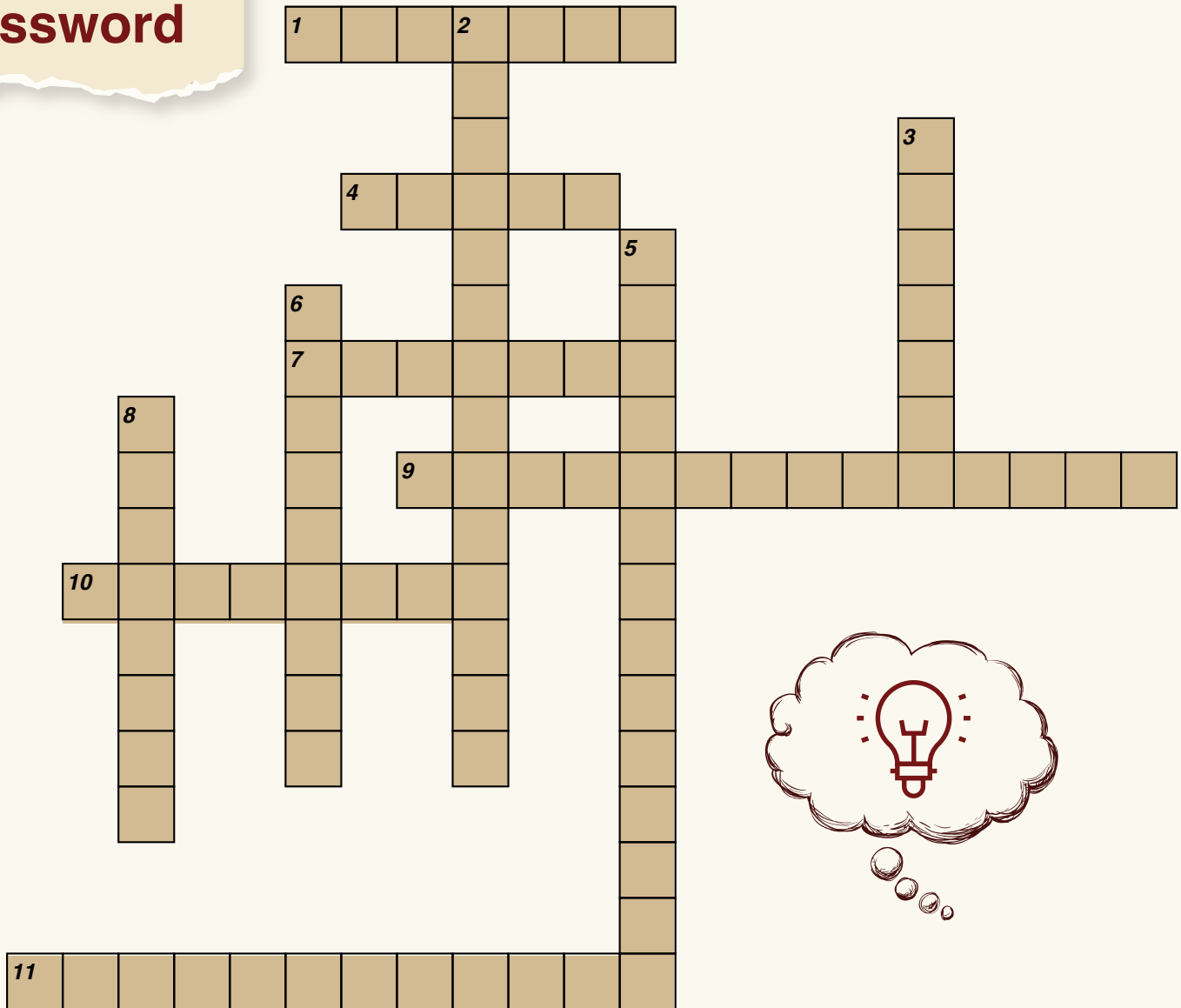
### The third leading cause of death might not be what you expect!

Medical errors account for the third leading cause of death after heart disease and cancer. Out of these, preventable errors hold a significant place, emphasising the importance of vigilance and continued learning in healthcare.





# Crossword



## Across

1. The type of necrosis seen in TB
4. The cranial nerve responsible for vision
7. The term for a blood clot that travels through the bloodstream
9. The cortex layer of adrenal secretes \_
10. The genetic disorder resulting from deletion on chromosome 22 leading to cardiac defects and immunodeficiency
11. The part of the brain responsible for regulating temperature, hunger and thirst

## Down

2. The hormone responsible for red blood cell production
3. The phase of cardiac cycle where the ventricles contract
5. The genetic disorder caused by a mutation in the CFTR gene leading to thick mucus production
6. The neurotransmitter involved in mood regulation and implicated in depression
8. The enzyme responsible for unwinding DNA during replication

\*Credits: Dhriya Shah, Paridhi Jain, Mukund Yamdagni

## Message from the Editors-in-Chief

Hey, Upper East Siders (of DPU),

From being co-anchors to being co-editors-in-chief, we have heard and broadcasted it all.

Since this was our first day (or midnight) on the job, we hope you can give us some much-needed feedback (but be nice, because we are both Capricorns and this could possibly demolish us and our gossip girl front)

XOXO,  
DPU Dive's Co-Editors-In-Chief,  
Vidushee and Ananya.



## Credits

**Ananya Tandon**  
Editor in Chief

**Vidushee Manchanda**  
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**Krishna Agarwal**  
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